



TE KUNENGA | MASSEY  
KI PŪREHUROA | UNIVERSITY  
UNIVERSITY OF NEW ZEALAND

THAT MOMENT

# HEALTH

IMPROVES

# THE WORLD, AOTEAROA AND YOU





**TE KUNENGA KI  
PŪREHUROA MASSEY  
UNIVERSITY OFFERS  
A COMPREHENSIVE  
RANGE OF ACCREDITED  
QUALIFICATIONS IN  
BIOLOGICAL, NURSING  
AND PUBLIC HEALTH  
RELATED SUBJECTS.**

# Rankings & Accreditation

## **QS (QUACQUARELLI SYMONDS) WORLD UNIVERSITY RANKINGS**

### **Nursing**

Massey nursing is ranked in the world's top 150 universities.

## **SHANGHAIRANKING**

### **Nursing**

Ranked in the top 150 universities in the world and first in New Zealand in the subject area of nursing.

### **School of Sport, Exercise and Nutrition**

Ranked in the top 200 Global Shanghai Ranking of Sport Science Schools and Departments.

### **Public Health**

Ranked in the top 400 universities in the world and fourth in New Zealand in the subject area of public health.

## **NEW ZEALAND PERFORMANCE-BASED RESEARCH FUND RANKINGS**

In the latest PBRF Rankings 2018, Massey achieved research excellence relative to other New Zealand universities in the subject area of

- health studies
- sport and exercise science
- nursing.

## **ENVIRONMENTAL HEALTH OFFICERS QUALIFICATIONS REGULATIONS 1993**

Our environmental health qualifications are recognised by the Ministry of Health as meeting qualification requirements for environmental health officers. Our qualifications are also recognised by Environmental Health Australia.

## **APHEA VALIDATED CURRICULUM**

The Agency for Public Health Education Accreditation (APHEA) has validated Massey's Master of Public Health as adhering to international standards for a modern comprehensive degree in public health.

## **ACCREDITATIONS**

### **Institution of Occupational Safety and Health (IOSH)**

Our Graduate Diploma in Occupational Health & Safety and Bachelor of Health Science (Occupational Health & Safety) are accredited by IOSH, a global professional body based in the UK. Completing this qualification meets the academic requirement for Graduate Membership to IOSH. Membership leads to registration as an OHS practitioner.

### **Medical Sciences Council of New Zealand**

The Postgraduate Diploma in Health Science (Medical Laboratory Science) is accredited.

### **Social Workers Registration Board**

Our professional qualifications are accredited. Students who complete the Bachelor of Social Work or Master of Applied Social Work can immediately apply for provisional registration as a registered social worker.

### **International Association of Schools of Social Work (IASSW)**

Massey's School of Social Work is a member of IASSW. We also have staff members on the Asia Pacific Association for Social Work Education (APASWE) committee.

### **Drug and Alcohol Practitioners Association of Aotearoa New Zealand (DAPAANZ)**

The Addiction Practitioner Pathway in the Bachelor of Health Science (Mental Health and Addiction) is accredited. Graduates are eligible to apply for provisional registration to work in the sector as addiction practitioner.

### **Nursing Council of New Zealand**

Our nursing qualifications are nationally and internationally recognised and approved by the Nursing Council of New Zealand. Upon completion you can apply for registration as a registered nurse with the Nursing Council of New Zealand.

### **New Zealand Dietitians Board**

The Master of Science (Nutrition and Dietetics) programme is accredited. Our graduates are eligible to register as a New Zealand Registered Dietitian (NZRD) and to practice as a dietitian in New Zealand.

### **Register of Exercise Professionals (REPS)**

Massey's Bachelor of Sport and Exercise (Exercise Prescription) is accredited. Graduates can register as exercise professionals with REPS.



# Health

03 Start your studies in the evolving Health field

## DEGREES

- 05 Bachelor of Nursing
- 07 Bachelor of Social Work
- 09 Bachelor of Health Science
- 15 Bachelor of Sport and Exercise
- 19 Bachelor of Speech and Language Therapy with Honours
- 20 Bachelor of Science (Exercise and Sport Science)
- 21 Bachelor of Science (Human Nutrition)

## OTHER QUALIFICATIONS

- 22 Graduate Diploma in Environmental Health
- 23 Graduate Diploma in Occupational Health and Safety

### UPDATED MARCH 2024

The information contained in this publication is indicative of the offerings available in 2024 and subsequent years. This information may be subject to change. While all reasonable efforts will be made to ensure listed qualifications are offered and regulations are up to date, the University reserves the right to change the content or method of presentation, or to withdraw any qualification or part thereof, or impose limitations on enrolments. For the most up to date information please go to [massey.ac.nz](https://massey.ac.nz)





### SELECTED-ENTRY QUALIFICATIONS

Some qualifications have extra requirements you must meet to gain entry - these have earlier closing dates than standard qualifications. Scan this QR code to view or visit [massey.ac.nz/apply](https://massey.ac.nz/apply)



# Start your studies in the evolving Health field

**Health is the cornerstone of our lives, and the foundation for happy, thriving societies. With a growing population, the health and well-being sector has a high demand for skilled workers. Careers are diverse and range from nurses to social workers, nutritionists to mental health and addiction specialists and many others.**

**The 21st century brings new challenges and needs both new solutions and new health professionals.**

## **WORLD-CLASS EXPERTISE**

The Kura Hauora Tangata College of Health is a leader in Aotearoa New Zealand, built on world-class expertise and home to major research centres. We partner with New Zealand and international stakeholders to lead the improvement of health and well-being for all and promote equity and social justice. Our teaching, learning and research considers people's diverse needs, situations, communities, and the influence of environmental factors. We are internationally recognised and respected for the quality and integrity of our health-related research, the capability of our graduates and our service to others.

## **SHAPE YOUR FUTURE**

As a student within the College of Health you might be exploring how nutrition, exercise, work environment, housing, socio-economic status, ethnicity, and geography influence health outcomes. With a professional qualification in disciplines such as nursing, social work, health science, public health, mental health and addiction, environmental health, occupational health, nutrition and dietetics, and sport and exercise, you will contribute to encouraging healthy individuals, whānau, communities along with healthy businesses and economy.

## **BECOME A SOUGHT AFTER GRADUATE**

With our qualifications focussing on hauora and well-being, as well as the prevention, treatment and management of disability, illness or disease, we will prepare you for innovative health-related roles in your community. Our work-integrated learning approach will provide you with more than a degree, but the ability and experience to hit the ground running. You will graduate with the ability to solve problems, and the confidence, knowledge and practical experience to hit the ground running as a systems thinker and transformational leader.

## **BUILD YOUR NETWORK**

Massey's established networks within health-related industries, sport organisations, Te Whatu Ora, Health Workforce New Zealand, the Ministry of Health, Oranga Tamariki Ministry for Children, and service providers continue to strengthen and grow. Increasingly, global connectivity is a major feature of our health qualifications, with attention to the Pacific region, the World Health Organisation, the World Bank and UNESCO.

\* All courses are available online by distance. Some courses include optional on-campus contact workshops. Some first-year courses are also available on the Manawatu campus.





## WHAT DO YOU NEED TO SUPPORT YOUR APPLICATION?

You will need to provide the following documents:

- A curriculum vitae of approximately three pages.
- Two referee reports
- A completed vetting service request and consent form for a New Zealand Police check
- A current Police certificate from any overseas countries you have lived in for 12 months or more in the last 10 years
- A Health and Disability Declaration.

## ENTRY REQUIREMENTS

Due to high demand, we recommend early application. Applications received after the due date may only be accepted if places are still available.

In addition to the normal university entrance requirements, the following criteria apply:

- 1 Selection process**  
Includes a written application and may include an interview and practical exercises as determined by the Academic Board or their delegate.
- 2 Meet the requirements by the Nursing Council of New Zealand**  
The School of Nursing will proceed with a criminal record check under the Criminal Records (Clean Slate) Act 2004 and the Vulnerable Children Act 2014 (VCA 2014).

### AND

On gaining a place in the qualification, a NZ Police Vetting Service Request and Consent Form along with a VCA 2014 Questionnaire will be emailed to applicants to complete and return.

### PLUS

A similar procedure will be repeated by the Nursing Council of New Zealand upon application to sit the State Final Exam to become a registered nurse.

- 3 Comprehensive First Aid Certificate**  
A current Comprehensive First Aid Certificate is required upon admission.  
NZQA unit standards:  
– 6402, 6401 & 6400.
  - 4 Health screening and vaccination**  
Information regarding the health screening needed is sent out after an applicant successfully gains a place in the qualification.
- AND**
- Meet all healthcare professional vaccination requirements.
- \* English as a second language**  
Applicants who have English as a second language must provide with their application evidence of proficiency in the English language in the form of an Academic International English Language Testing System ("IELTS") with a score of at least 6.5 in reading, listening, writing and speaking respectively.

## INTERESTED IN TRANSFER INTO THE BACHELOR OF NURSING?

Please contact the Programme Director:  
[nursing@massey.ac.nz](mailto:nursing@massey.ac.nz)

## PLANNING

The Bachelor of Nursing is a 16 course, 360 credit, three-year qualification involving theory and practice. The degree includes a minimum of 1100 hours of supervised clinical practice, which takes place in a wide variety of settings. Graduates completing the full qualification will be eligible to sit the State Final Examination and apply to the Nursing Council of New Zealand for registration as a nurse. Enrolled nurses, midwives and graduates from other degrees wishing to achieve registration as a nurse may be admitted with advanced standing.

The 2-year Master of Clinical Practice (Nursing) may be an alternative option for those who already have an undergraduate degree in any discipline. Find out more: [massey.ac.nz/mcp](http://massey.ac.nz/mcp)

Bachelor's degree  
 NZQF level 7 | Undergraduate study  
 3 years full-time (360 credits) | Part-time available



# Bachelor of Nursing

## BN

**When you study nursing, you will be part of a proud qualification renowned nationally and internationally for its first-class nursing curriculum and for educating nursing students to contribute to a wide range of healthcare workplaces.**

**Our degree is so highly respected and recognised that both New Zealand and overseas employers hire most of our graduates within six months of finishing our three-year nursing qualification.**

### More compelling reasons to join us in nursing

- Massey's nursing qualification is taught by the largest number of highly qualified nursing lecturers in the country, many recognised nationally and internationally for their research.
- We offer our undergraduate nursing degree on two different campuses – Manawatū and Wellington.
- Our proven qualifications are approved by the New Zealand Nursing Council.
- More than 1100 hours of clinical placements over a 3-year period to ensure you are work-ready.

The Bachelor of Nursing qualification includes science and social science courses related to health, integrated into nursing knowledge. Clinical learning takes place in many different areas including surgical, emergency, medical, mental health and primary care services.

### Nursing simulation suites

To prepare you for clinical practice, we have state-of-the-art nursing simulation suites on our Manawatū and Wellington campuses. Each suite has a mock hospital setting, two-way observation spaces, and standard nursing equipment for hospital and community work. You will learn and practice nursing skills through role-play, case-studies and simulations using manikins.

### Empathy Labs

One of the most important aspects of nursing is empathy, but it's not always easy to understand the impacts of long-term illness or ageing, when you're fit and healthy. You will participate in Empathy Labs by wearing special suits that simulate what it's like to attempt normal daily tasks after suffering a stroke, or being restricted by declining health.

Our high-quality degree provides the theoretical and practical knowledge required to work as a registered nurse. You will be well supported by clinical teachers who are themselves experienced registered nurses.

### CAREERS

You can be involved in all areas of health care and can choose to specialise in areas, such as:

- intensive care, community mental health, aged care, or child and adolescent nursing.

You can also become a specialist in particular conditions, such as:

- diabetes, respiratory care, or cancer nursing.

Nurses can also choose to develop careers in:

- health management, research and teaching, or continue with their studies by undertaking a master degree.

Here are a few examples of where you can work:

- **Primary and community health care**  
 General practice, Māori health services, hospice, district nursing, community mental health.
- **Hospital-based care**  
 Neonatal units, medical and surgical wards, emergency departments, intensive care, paediatrics, acute mental health services.
- **Population-based services**  
 Public health, schools.
- **Specialty practice**  
 Mental health, aged care, child health, family health, rural and remote nursing

### To learn more

Scan the QR code above or visit [massey.ac.nz/study-nursing](https://massey.ac.nz/study-nursing)





### DO YOU HAVE PRACTICAL EXPERIENCE, OR A BACHELOR'S DEGREE IN A RELATED FIELD?

The Master of Applied Social Work may be an option. Scan to learn more.



## ENTRY REQUIREMENTS

Admission into the Bachelor of Social Work is by selected entry. As well as meeting the criteria to enter the University, the selected entry application process requires that you:

- 1 Meet the extra requirements**  
Meet 'fit and proper persons' requirements for social work practice as per the Social Workers Registration Act 2003 in New Zealand.

- 2 About yourself**  
Provide a curriculum vitae detailing
  - A personal statement explaining why you wish to enter the social work qualification and profession

#### PLUS

- Academic and work history

#### AND

- Provide two character referees – these must not be family or friends

- 3 Security screening**  
Provide details of any convictions or charges pending in New Zealand and/or overseas.

#### AND

Complete the Vetting Service Request and Consent Form for a New Zealand Police check.

#### AND

Provide a current Police Certificate from any overseas countries you have lived in for 12 months or more in the last 10 years.

- 4 Interview**  
Undertake an interview (if required).

#### English Language Requirements

To study this qualification you must meet Massey University's English language standards. Applicants who have English as a second language must provide with their application evidence of proficiency in the English language in the form of an Academic International English Language Testing System ("IELTS") with a score of at least 6.5 in reading, listening, writing and speaking respectively.

## PLANNING

The Bachelor of Social Work degree takes four years of full-time study or up to eight years of part-time study to complete.

- The qualification is made up of 480 credits with compulsory courses.
- If you are applying to begin the Bachelor of Social Work in the second semester (mid-year) or wish to apply for credit, please contact an adviser from our Student Advice and Information Unit to discuss a study plan.
- If you work in paid and/or unpaid employment for more than 12–15 hours a week, we recommend that you enrol on a part-time basis.
- If you intend to study on a part-time basis, we recommend you contact an adviser from our Student Advice and Information Unit to discuss a study plan.
- The 2-year Master of Applied Social Work may be an alternative option for those with relevant practice experience, or a Bachelor's degree in a related discipline. Scan the QR code above or visit [massey.ac.nz/masw](https://massey.ac.nz/masw)

**Note:** Many social work placements prefer students to have a full NZ driver's licence – this takes place in your third-year placement.



Bachelor's degree  
 NZQF level 7 | Undergraduate study  
 4 years full-time (480 credits) | Part-time available



# Bachelor of Social Work

## BSW

**Develop your passion for helping others into a rewarding career by becoming a registered social worker with the Bachelor of Social Work qualification. As a social worker, you can have the opportunity to advocate for structural change, engage in community development, and help people overcome challenges to enhance individual and whānau well-being.**

### WHAT IS IT LIKE?

The Bachelor of Social Work (BSW) is highly sought-after and internationally recognised. It will offer you a lifelong career that can take you across New Zealand and around the world.

- More than 90% of Massey social work graduates find employment within six months of earning their degree.
- Massey University is committed to being Te Tiriti o Waitangi-led and this is reflected in the School of Social Work and in your learning.
- The degree is recognised by the Social Workers Registration Board New Zealand
- Massey graduates make up the largest number of qualified social workers in the country.
- Social work is a growth industry, with more than 10,000 registered social workers in New Zealand.
- Massey is the leading university in New Zealand where you can study for your degree through distance learning.
- You will get vital hands-on experience in the workplace in your third and fourth year of study where you will be supported to undertake placements.
- We combine theory, practice, fieldwork and research, taught by well-qualified staff.

### CAREERS

- Child and family protection
- Community work and community development
- Disability and whānau haua
- Diversity specific services (eg Chinese, Korean, Sāmoan, gender and sexually diverse populations, spiritually-based)
- Hospitals and primary health
- Justice
- Management and supervision
- Mental health and addictions
- Older people
- Pacific
- Policy development
- Refugees and migrants
- Youth, iwi and marae-based social services

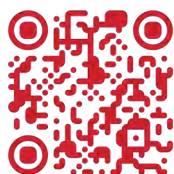
### To learn more

Scan the QR code above or visit [massey.ac.nz/socialwork](https://massey.ac.nz/socialwork)





Bachelor's degree  
 NZQF level 7 | Undergraduate study  
 3 years full-time (360 credits) | Part-time available



# Bachelor of Health Science

## BHlthSc

**The Bachelor of Health Science is a comprehensive qualification that offers a wide range of health majors. This degree equips students with the knowledge and skills needed to tackle the significant health challenges facing the world today.**

**By providing a multidisciplinary foundation, students are prepared to make practical and creative contributions towards improving the health of individuals, communities and nations.**

### The health industry needs you

There is a growing need for people who understand personal, workplace and community health issues in today's interconnected and complex world. Massey's Bachelor of Health Science will give you the skills you need to succeed.

With an interdisciplinary approach, you'll gain a good understanding of the biological and social bases of 21st century health issues. You'll be able to apply your multidisciplinary skills to explore solutions, create interventions, critically evaluate current practices and policies, and develop new ideas for bettering health.

This qualification focuses on communication and critical-thinking skills, and will give you an understanding of research methods and the principles and practices of epidemiology. It will help you build your career in any of New Zealand's major health sectors.

### Improve the nation's health

You'll get an understanding of the many dimensions of personal and population health and healthcare in New Zealand. You'll learn to critically evaluate information about health and well-being, and community and population health. With a solid grounding in health science, you'll be perfectly placed to contribute to improving the nation's health from day one in the workplace.

### Follow your interests

It's easy to build a degree around your special interests at Massey. Our Bachelor of Health Science offers a large and comprehensive suite of health majors. With up to four elective courses, you can fine-tune these to your interests.

### MAJORS INCLUDE

- Environmental Health
- Health Promotion
- Integrated Human Health
- Mental Health and Addiction
- Occupational Health and Safety
- Psychology

### CAREERS

The Bachelor of Health Science is a great qualification to find an exciting and rewarding career. Depending on your major, you could work in any of the following:

- Biosecurity
- Community development
- Community health and policy work in communities, iwi, government and non-government organisations
- Consultancy and auditing
- Environmental health protection
- Health promotion
- Health research in universities, companies, non-profit organisations and research institutes
- Injury prevention, mental health and addiction work
- Policy advice and analysis
- Public health
- Quality assurance
- Secondary school teaching
- Whānau ora navigation
- Workplace health and safety.

### To learn more

Scan the QR code above or visit [massey.ac.nz/health](https://massey.ac.nz/health)

# Environmental Health

## BHlthSc Major

**If you're interested in protecting people's health and well-being at a community level, the Environmental Health major is a great career choice.**

You'll receive the training needed for a professional career in human health protection. You'll learn how to protect people and communities from threats to health from our built and natural environments. While completing your degree, you can become a student member of the New Zealand Institute of Environmental Health (NZIEH) and make professional connections. Our environmental health major is recognised by the Ministry of Health as meeting qualification requirements for environmental health officers. The qualification is also recognised by Environmental Health

Australia (EHA). Environmental Health is the professional area concerned with all aspects of the environment that may affect human health. Such threats may be biological, physical or chemical. They may come from natural processes, human activity, or a combination of the two. You'll study topics such as:

- Climate change
- Contaminated site assessment
- Drinking water quality
- Exposure to toxic and other hazardous substances
- Food safety
- Infectious disease transmission
- The hazards of excessive noise
- Urban air pollution
- Waste management
- Workplace monitoring.

Environmental Health does not mean the health of the wider environment – for that you would study Environmental Science. However, there is a complex range of inter-relationships between the two areas.

Climate change is a good example of an environmental impact that will have major direct and indirect impacts on human health.

In the future, many of the health issues that concern us at the moment will take second stage to Environmental Health problems. These will include the need to deal with the consequences of an upsurge in the frequency of severe weather events, the depletion of natural resources, wider spread of zoonotic diseases, and increasingly polluted air, soil and water. This interplay of factors is going to make the next century especially challenging.

### CAREERS

Most jobs in Environmental Health involve working with people to promote a healthier environment in which to live.

Two key occupations are:

- Environmental Health Officers (EHOs) with local councils.
- Health Protection Officers (HPOs) with Te Whatu Ora

# Health Promotion

## BHlthSc Major

**The Bachelor of Health Science (Health Promotion) will give you the skills you need to enable people to improve their health.**

The degree highlights how addressing contemporary health challenges requires attention to a wide range of factors including structural inequalities, environmental factors, government policy and community settings.

You'll learn strategies for dealing with complex issues such as poverty, addiction, and inadequate housing that impact health on both personal and community levels, applying a wide array of interventions for better health outcomes.

The curriculum also emphasises the importance of addressing the underlying causes of health inequities, aiming to create environments that support health and wellbeing.

This knowledge is vital across various environments, including schools, workplaces, and broader communities, covering a spectrum of health concerns from chronic diseases and mental health to substance abuse and the prevention of infectious diseases.

You will also explore diverse perspectives on health, learn to navigate the complexities of the health system, and understand the political influences on public health. The significance of Te Tiriti o Waitangi (Treaty of Waitangi) and the Ottawa Charter for Health Promotion in guiding health promotion strategies is a major focus, enhancing your learning experience and equipping you to contribute to public health efforts both nationally and internationally.

Upon graduating, you will possess the capability to critically assess health promotion, prevention, and intervention strategies. Graduates will possess skills in planning, evaluation, health communication, epidemiology, and health research, enabling them to adeptly design, implement, and assess health promotion initiatives.

### CAREERS

The Bachelor of Health Science (Health Promotion) leads to diverse career opportunities. You can work directly with communities or in strategic roles focusing on health policy in local governments, health boards, and private entities. You could find work in any of the following fields:

- Community development
- Health education
- Health promotion
- Health research
- Policy and planning
- Program development

### CLAUDIA BOWMAN

BHlthSc (Health Promotion)  
Health Promoter at Best Care Whakapai Hauora

*Studying a Bachelor of Health Science with a new born was deemed impossible, but my lecturers made this possible by providing high quality academic support.*





## Integrated Human Health

### BHlthSc Major

**The Bachelor of Health Science (Integrated Human Health) major could be the perfect qualification for you if you are passionate about improving people's access to services and treatments.**

**With this major, you can make a difference in the lives of individuals who are living with long-term health conditions, disabilities, or impairments by helping them access health, education, and disability services.**

Health is complex. If we want to improve health outcomes for ourselves and our communities, it's important to have an appreciation of the many different aspects of health. This Bachelor of Health Science (Integrated Human Health) takes an integrated approach to understand the latest science of good health. You'll explore a range of factors that determine human health including sleep, exercise, physiology, nutrition, genetics and the environment. You'll gain vital knowledge and skills in relevant human bioscience areas. This will help you understand the impact of these crucial factors on body function and their role in achieving and maintaining good health. You'll also learn about intervention and prevention strategies and their role in improving health outcomes.

#### CAREERS

The Bachelor of Health Science (Integrated Human Health) will equip you to work in many different fields. You'll be working to encourage people to improve their health. Examples for employment might include:

- being a life coach and working on health and wellbeing initiatives in local health authorities, governments, schools and universities, research institutes, corporate companies, charities and funding bodies.

#### MADDI RYAN

BHlthSc (Integrated Human Health)  
Technical Officer at Regional Public Health

*I chose to study Health Science at Massey University because they offered the major of 'Integrated Human Health' that encompassed a broad range of all the aspects that affect health. This was a perfect choice for my study because I hadn't yet decided what area of health interested me the most. The courses I studied ranged from the physiology of the human body, to microbiology and genetics, sport science, right to the social determinants of health, public health and the current issues in New Zealand's health system.*



# Mental Health and Addiction

## BHlthSc Major

**This qualification provides the knowledge and skills required to work as an addictions practitioner within a range of services in Aotearoa New Zealand, or to work in non-practitioner roles within the mental health and addictions workforce.**

It integrates the Essential and the Practitioner competencies for addiction specialists required by the Drug and Alcohol Practitioners Association of Aotearoa New Zealand (DAPAANZ). These competencies are embedded within a wider framework of hauora Māori knowledge and social work engagement practice.

### You'll learn:

- Key concepts in mental health and addiction, its determinants and advocacy
- Key concepts in public health
- Models and predictors of mental health, public health and addiction
- Social and community helping skills
- Te reo, tikanga and engagement with Māori

### You'll gain:

- An appreciation of the development, history, and context of mental health and addiction in Aotearoa New Zealand
- Skills of meaningful engagement, authentic relationships, and shared decision-making to plan and evaluate interventions to improve population well-being.
- The skills to facilitate, lead and advise in order to solve complex challenges.

### Study to suit your lifestyle

With distance learning you can plan your study to suit your lifestyle. You can enrol in the Bachelor of Health Science (Mental Health and Addiction) full or part time. Please note that some courses in this major will require you to attend on-campus contact workshops of between 1-3 days during the semester. The qualification has two pathways:

#### Addiction Practitioner pathway

For those who wish to be eligible to apply for provisional registration with the DAPAANZ to work as addictions practitioners. This pathway requires you to complete all of the Mental Health and Addiction major courses. You have to complete the second and third-year placement courses with addiction services, under the supervision of addiction practitioners.

#### Non-Practitioner pathway

For students who wish to work broadly in the mental health and addiction workforce but do not wish to work as practitioners. You do not have to complete either of the placement courses.

Completion of the Bachelor of Health Science (Mental Health and Addiction) requires students to reside in Aotearoa New Zealand for the duration of study. This is because all students in the qualification are required to attend compulsory on-campus workshops throughout their study, and students in the DAPAANZ-accredited Addiction Practitioner pathway have compulsory placements in their second and third year of study.

### CAREERS

Roles may include:

- Advisors and advocates
- Case managers
- Community development workers
- Community outreach workers.
- Educators
- Health promoters
- Kaimahi
- Policy analysts
- Probation officers
- Programme coordinators
- Public health workers
- Whānau ora navigators.



# Occupational Health and Safety

## BHlthSc Major

**The Bachelor of Health Science (Occupational Health and Safety) provides essential skills for a successful career in the growing health industry.**

### Create healthy workplaces

You will learn how to create healthy workplaces by improving the relationships between people at work, the work they do and their working environment. You'll develop expertise in the identification and control of occupational health and safety hazards.

This major is one of only a few university qualifications in the world to include courses in ergonomics/ human factors and occupational hygiene.

### Get the skills you need

Your training will include decision-making, problem-solving and management skills. These skills are highly desired by employers. You'll get a variety of hands-on experiences, including participation in worksite visits. On completion, you'll be able to facilitate, educate, and promote safety and health in the workplace. The Occupational Health and Safety major includes all aspects of work and health, including physical and psychosocial work environments.

### Institution of Occupational Safety and Health (IOSH) accreditation

You can access IOSH student membership throughout your studies and, on successful completion, you will be eligible for their graduate membership. IOSH is the only organisation in the world that offers Chartered membership to health and safety practitioners, so this can help you achieve the highest professional standards and gain international recognition.

### CAREERS

Our graduates are working as:

- Design engineers
- Environmental health, air pollution and noise control specialists
- Ergonomists/human factors specialists
- Health and safety managers
- Human resource managers and advisers
- Occupational hygienists, health nurses and safety consultants
- Staff of Worksafe New Zealand and ACC.

# Psychology

## BHlthSc Major

**If you're interested in improving people's health and well-being, and want to make real changes in the community, the Bachelor of Health Science (Psychology) is a great career choice.**

**With a Bachelor of Health Science (Psychology) you'll explore people's thoughts, feelings, and behaviour and how they are affected by social and cultural contexts.**

### Get the skills you need

The psychology major offers you the opportunity to analyse the contributions made by psychological research to health. You'll learn to adopt an evidence-based approach to problem-solving and decision-making that relates to the connection between mental and physical health.

You'll learn how the structure of the brain affects our behaviour. You'll also learn how factors such as culture, gender, poverty and mental illness affect our health, thinking and behaviour.

### A wide choice of psychology courses

At Massey, you can choose from a wide range of courses that reflect the diversity of psychology. You'll learn about the natural, social and biological side as well as research methods and applications of psychology. Your psychology major combines:

- Natural science, focusing on perception, cognition, learning and the biological bases of behaviour
- Social science, dealing with emotions, individual differences, behaviour and relationships and the wider social context.

### We're well-connected and relevant

Through our connections with a wide range of community and statutory organisations, Massey University produces unique and applied psychology research and training that is recognised nationally and internationally.

### CAREERS

The psychology major will help you develop a career that focuses on psychological aspects of the health of individuals and their families, workplaces and communities.

You'll get knowledge and skills relevant to a broad selection of applied psychology areas including:

- clinical
- health
- education
- community, and
- industrial and organisational psychology.

These diverse options mean you can study what you're most passionate about, and carry that passion forward into your career.

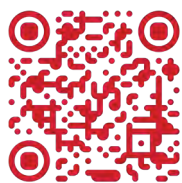
The knowledge of human behaviour and interactions that you will gain will be useful in many careers including:

- Counselling
- Public health
- Youth support
- Policy
- Rehabilitation psychology
- Scientific research
- Special education.





Bachelor's degree  
 NZQF level 7 | Undergraduate study  
 3 years full-time (360 credits) | Part-time available



# Bachelor of Sport and Exercise

## BSpEx

**Get a broad, interdisciplinary understanding of key sport and exercise concepts and knowledge. Then dig deeper by choosing one of three specialist areas.**

**Our blended learning approach combines online delivery with optional on-campus contact to develop your theoretical knowledge and practical skills. This will allow you to balance study, work and play.**

**As part of your major, you will gain valuable real world experience in our sport and exercise practicum. This hands-on project can be based anywhere in New Zealand, or even overseas. You will apply your skills and knowledge as you prepare for entry to the workforce.**

### **World-class, highly experienced staff**

You will learn from the best, with many of our staff involved in sport at the highest levels as competitors, coaches, administrators and managers. Our research active academic staff will teach you the most up to date information to help prepare you for the ever changing and expanding world of sport and exercise.

### **Optional courses**

Within your major, you have room for five optional courses (electives). Electives can be taken from any other undergraduate degree qualification and many students take electives related to sport and exercise topics, such as sport business, psychology and sport science. Students specialising in Physical Education are able to teach senior and junior PE, health and Hauora, after completing a teaching qualification. They are recommended to use their electives for a second teaching subject.

### **MAJORS INCLUDE**

- Exercise Prescription
- Physical Education
- Sport Development

### **CAREERS INCLUDE**

Community sports and fitness centres, medical centres, hospitals, clinics and aged care facilities, national and regional sporting organisations school sport coordinator, sport events and recreation programmes, sport venues and facilities, sport, health and physical activity promotion sports trainer or coach of athletes and teams, teaching (further study required, such as the Massey Graduate Diploma of Learning and Teaching).

### **To learn more**

Scan the QR code above or visit [massey.ac.nz/bspex](https://massey.ac.nz/bspex)



## Exercise Prescription

### BSpEx Major

**The Bachelor of Sport and Exercise (Exercise Prescription) will give you the knowledge and skills to develop, implement and assess exercise programmes to enhance sport performance, health, and rehabilitation.**

The Bachelor of Sport and Exercise (Exercise Prescription) combines theory and practical application. You'll learn about a range of disciplines including body function and movement, sport nutrition, and exercise psychology. You'll also get an insight into fitness assessment and exercise prescription.

These lay the foundations for enhancing health, wellbeing and performance in the general, compromised and athletic populations.

#### Real-world experience

The sport and exercise practicum will give you work experience allowing you to apply your knowledge and skills in real-world settings. This may include working in the fitness industry, with sports teams and athletes, or with individuals who have various health conditions. This will enable you to work on your fitness assessment, exercise technique and programming skills, while preparing you for entry into the workforce. Your practicum course can be based anywhere around the country, or even overseas.

#### Wide range of courses

You will take a set of compulsory courses common to all the BSpEx majors, then select courses specific to Exercise Prescription. Some of the courses offer non-compulsory contact workshops on our Manawatū campus. You also have room for some optional elective courses.

#### Register of Exercise Professionals (REPS) accreditation

Massey's Bachelor of Sport and Exercise (Exercise Prescription) is accredited by the Register of Exercise Professionals (REPS). Graduates can register as exercise professionals with REPS.

#### CAREERS

Our graduates have gained successful employment in a full variety of areas including:

- clinical exercise testing
- cardiac rehabilitation
- green prescription
- personal training
- health promotion
- high performance sport.



# Physical Education

## BSpEx Major

**The Bachelor of Sport and Exercise (Physical Education) will equip you with the skills and knowledge necessary for a career working with young people in the field of sports and exercise. If you are passionate about sports and exercise and want to positively influence the lives of young people in educational settings, this is an ideal fit for you. Learn how physical education can play a vital role in shaping lifelong, healthy, and active lifestyles.**

Physical education has long been recognised as an important part of an overall education. This major will provide you with the knowledge and skills to perform and teach aspects of physical education, exercise and sport in educational contexts.

As a graduate, you'll be knowledgeable about aspects of physical education, particularly as it relates to the breadth and potential of human movement. You will be able to demonstrate the application of key teaching principles in movement education, especially as they relate to youth.

The physical education practicum will give you experience working in a real-world setting. It can be based anywhere around the country, or even overseas.

This major takes an interdisciplinary approach to study. You will:

- gain practical competency in a range of physical activities
- enhance your critical-thinking skills

- gain insights on movement education from a socio-cultural and biophysical perspective
- gain a big-picture view of the potential of physical education, taught well, to be a major positive force in society.

### CAREERS

You could go on to become a physical education teacher by undertaking one year's further study. Many graduates with this major become secondary school teachers in health and physical education, with opportunities for employment in New Zealand and overseas.

You may also work as a sports coordinator in a school or with local sports organisations, working alongside health workers and other educational staff.

# Sport Development

## BSpEx Major

**With Massey's Bachelor of Sport and Exercise (Sport Development) you'll be prepared for the important roles sport development plays in the health, wellbeing, and economy of our society.**

### Sport Development is multi-disciplinary

It can relate to the 'development of sport' and the wider society-based 'sport for development'.

The major will prepare you for work in this varied and fast growing area of the sport industry, whether you are looking at sport from the perspective of:

- increasing participation
- developing athlete career pathways
- establishing corporate social responsibility initiatives that lead to social change, or
- enhancing the function of sport organisations.

This qualification will provide knowledge in topics such as sport sociology, sport event management and the effective coordination of sport organisations. It will also teach you about health, coaching, community, and sport pedagogy. You will be further prepared for a career in sport development through a customised 'Professional Development for the Sport Industry' course, followed by a guided industry-based practicum. This practicum course can be based anywhere around the country, or even overseas.

### Wide range of courses

You will take a set of compulsory courses, common to all the BSpEx majors, followed by a set of prescribed courses specific to sport development.

### CAREERS

Potential careers and fields of employment include:

- local, regional and national sport organisations
- community outreach and corporate social responsibility
- sport partnership manager
- physical activity and health promotion
- sport volunteer coordinator
- sporting activity, event and programme coordinator
- coaching capability advisor.



### APPLY FOR SELECTED ENTRY

Please login to the on-line enrolment system. Scan here or visit [massey.ac.nz/apply](https://massey.ac.nz/apply)



## ENTRY REQUIREMENTS

You must be selected into the Bachelor of Speech and Language Therapy Honours Programme in the Institute of Education and have gained entrance to Massey University.

Selection, and the subsequent offer of a place in the qualification, is determined by the information submitted in your online application and an interview process.

### 1 Assessment

The first part of the process involves assessment by academic staff within the Institute of Education. If the selection committee feel you potentially meet the selection criteria, based on a review of your written application, you will be invited to an interview.

### 2 Interview

If the interview panel is satisfied that you are a suitable candidate you may be offered a place, depending on available places.

Once you have accepted the offer of a place, the College of Humanities and Social Sciences will ensure you are enrolled for the first year of study as outlined in the letter of offer.

## STUDY PATTERN (PART-TIME OPTIONS ARE AVAILABLE)

### Part one

172.133	Introduction to Language Studies
172.234	Phonetics
175.102	Psychology as a Natural Science
230.110	Tūranga-wāwae: Identity & Belonging in Aotearoa NZ
254.102	Introduction to Professional and Ethical Practice in Education and Health Contexts
271.150	Holistic Approaches to Communication Disorders
214.101	Human Bioscience: Normal Body Function
271.154	Communication Development in Children

### Part two

175.206	Memory and Cognition
271.253	Early Years Language and Communication Support
271.254	Speech Sound Disorders in Children
271.255	Assessment Frameworks and Procedures for Speech and Language Therapy Practice
271.256	Introduction to Speech-Language Therapy Practice
271.257	Language and Communication Support in Educational Contexts
271.258	Neurogenic Communication Disorders I
271.259	Deaf and Hard of Hearing

**Note:** Courses are each worth 15 credits, unless otherwise indicated.

### Part three

172.233	Language Learning Processes
271.390	Fieldwork and Clinical Skills (30 credits)
271.392	Augmentative and Alternative Communication
271.393	Neurogenic Communication Disorders II
271.394	Motor Speech Disorders
271.397	Adult Dysphagia
271.398	Research Methods for Speech and Language Therapy

### Part four

271.720	Research Report (30 credits)
271.786	Advances in SLT Practice in Diverse Contexts
271.787	Advanced Paediatric Feeding and Swallowing
271.781	Advanced Fluency
271.789	Advanced Voice Disorders, Assessment and Treatment
271.796	Advanced Clinical Practicum
271.798	Advanced Clinical Practicum II



Bachelor's degree with honours  
 NZQF level 8 | Undergraduate study  
 4 years full-time (480 credits) | Part-time available



# Bachelor of Speech and Language Therapy with Honours

## BSpchLangTher(Hons)

Transform your passion for helping others into a fulfilling career with the **Bachelor of Speech and Language Therapy with Honours**. Gain the skills to support people of all ages with speech, language, communication, and swallowing difficulties.

### MAKE A DIFFERENCE TO PEOPLE'S LIVES

As a speech-language therapist you'll facilitate independence in individuals, or work with communities, educational, health, labour, legal, social and other organisations. You'll assess and work with people who have a variety of speech, language, feeding and swallowing support needs, improving their ability to participate in school, work, or other daily activities. Whether you're working with children who have speech or language support needs, or adults with a traumatic brain injury or stroke, you'll be improving people's quality of life by facilitating their communication and eating skills.

### Gain practical experience

The qualification combines academic coursework with supervised work integrated learning experiences. You'll work alongside practising speech-language therapists to support your clinical competency development in a wide range of settings such as:

- schools
- rehabilitation centres
- child development services, and
- community settings across New Zealand.

**Note:** Most of these settings will be based in your local community. At least one may be based on campus in Auckland.

### Be up for the challenge

This qualification requires a commitment to academic and practical excellence that will make you the best speech-language therapist you can be. This will be reflected in your ability to help support individuals to communicate when you join the workforce.

### STRUCTURE

The Bachelor of Speech and Language Therapy is a parts-based qualification. That means you must complete the first part in order to progress from Part 1 to Part 2, or Part 2 to Part 3.

For progression to Part 4 of Bachelor of Speech Language Therapy with Honours, you must have maintained at least a B+ grade average in the Part 3 courses.

If you do not meet the progression criteria, or do not wish to study the Part 4 Honours courses, you will be able to enrol in an alternative Part 4. Upon completion, you will graduate with the Bachelor of Speech Language Therapy – without Honours. Whether you complete the degree with or without honours, graduates from the qualification are eligible for New Zealand Speech-language Therapists' Association registration.

### CAREERS INCLUDE

Graduates typically find work in areas such as:

- Education
- Health
- Rehabilitation
- Private practice.

### To learn more

Scan the QR code above or visit [massey.ac.nz/speech](https://massey.ac.nz/speech)



# Other Qualifications

## Bachelor of Science Exercise and Sport Science

**The Bachelor of Science (Exercise and Sport Science) major is ideal for you if you have a passion for sport, exercise, and health. Learn how to optimise athletic performance and health through technology, nutrition, psychology, and exercise.**

With the Exercise and Sport Science major, you'll study the key sport and exercise subjects including:

- Biomechanics
- Exercise physiology
- Sports nutrition
- Sports psychology.

### **Build a strong understanding of factors that influence health and sport performance**

Our research-active staff will help you apply the latest knowledge to various sporting situations. You'll gain an understanding of how to optimise athletic performance and health through technology, nutrition, psychology and exercise. Additionally, you'll learn how training and performance are affected by different environments and the power of the mind.

You will learn theoretical material in lectures and then you will be provided the opportunity to apply your new knowledge. Your range of subjects will upskill your knowledge and understanding of sports performance, and how exercise can be used to achieve improvements in fitness and health. You'll develop critical thinking, problem-solving and communication skills relevant to this energy-fuelled and constantly progressing field.

You can combine exercise and sport science with other courses such as sport development, exercise prescription, or science qualifications such as human nutrition and psychology.

### **CAREERS**

Graduates have an excellent reputation in the health, exercise and sporting industries, including:

- Sport scientist working with individual athletes, sports teams, sports coaches and regional sporting bodies
- Providing exercise and health guidelines to clients
- Providing occupational health advice to companies and local bodies
- Teaching at secondary and tertiary level.

### **To learn more**

Visit [massey.ac.nz/bsc-exercise](https://massey.ac.nz/bsc-exercise)





## Bachelor of Science Human Nutrition

**If you are passionate about food and nutrition and want to learn more about the science of how what you eat affects health, then the Bachelor of Science (Human Nutrition) is for you.**

**Knowledge about human nutrition and the application of this knowledge are essential elements in maintaining a healthy society.**

Human nutrition is a progressive, multi-disciplinary science requiring a wide range of knowledge. That could range from nutrient supply and metabolic processing to psychosocial and behavioural factors influencing diet. The qualification is designed to give you a clear understanding of basic nutritional principles. You'll also learn about the composition of food, human requirements for nutrients, and how the body processes food and nutrients.

The qualification also highlights the physiological changes that occur as a result of excesses

or deficiencies of various nutrients in the diet. It also looks at the changes in nutritional needs from conception through birth, growth, adulthood, and ageing. You'll gain an understanding of factors that influence food choice and awareness of practices to promote dietary change.

### Help ensure people are healthy

You'll gain an integrated understanding of nutrition, biochemistry and physiology all related to the human body. This will give you the basis of knowledge required for enhancing health and fitness in individuals of all ages, and in groups and communities. The major will provide training in practical skills so you can work at promoting good nutritional practices to individuals, communities and industry. You'll also gain an insight into how diet contributes to your own personal health and well-being.

### World-Class Facilities

Massey has a world-class body composition laboratory which includes the latest technology to measure body composition and bone density.

### CHERISE PENDERGRAST

BSc(Human Nutrition),  
PhD in Nutritional Science candidate

*After working in another health professional career, and supporting whānau and friends through nutrition-related health concerns, I decided to pursue studies in human nutrition to have more skills and knowledge for preventative health. I chose Massey University initially because it was near to home and offered distance-based learning; something that was important while I studied with a young family.*

*I enjoyed the variety of subjects covered in the courses with lecturers and tutors who had extensive knowledge and real-world experience. Completing undergraduate studies in human nutrition led me to a role as the nutritionist in a community-based health support service. I worked in this role while completing post-graduate studies, made possible by the flexibility of Massey teaching staff. I have returned to full-time study for my PhD, continuing my journey to support a preventative health focus in the area of nutrition.*

### To learn more

Visit [massey.ac.nz/human-nutrition](https://massey.ac.nz/human-nutrition)



Graduate Diplomas allow degree graduates to pursue a significant body of study at an advanced undergraduate level.

These qualifications can act as a bridge to postgraduate study.

# Graduate Diplomas

## Graduate Diploma in Environmental Health GradDipEH

**If you're interested in protecting people's health and well-being at a local community level, the Graduate Diploma in Environmental Health is for you.**

**Duration** 1 year full time  
Part time available

This qualification designed to give you the training needed for a professional career in human health protection. You will learn how to protect people and communities from threats to health from our built and natural environments. Environmental health roles often require your initiative to devise workable solutions to problems.

Environmental health is focused on all aspects of the environment that may affect human health. Threats to human health may be biological, physical or chemical. These may come from natural processes, human activity, or a combination of the two. You'll study important environmental health topics including:

- Disaster health management
- Food safety
- Infectious disease transmission
- Drinking water quality
- Environmental and public health law
- Urban air pollution
- The hazards of excessive noise
- Exposure to toxic and other hazardous substances
- Recreational water quality monitoring
- Contaminated site assessment
- Waste management

### CAREERS

This qualification will prepare you for a wide range of roles, but more specifically for entry into the two key environmental health occupations:

- Environmental Health Officer (EHO)
- Health Protection Officer (HPO).

Entry to the EHO role is possible because Massey's Graduate Diploma in Environmental Health is formally recognised under the Environmental Health Officers Qualifications Regulations 1993.

As an HPO you will work with Te Whatu Ora. As an EHO you will work in City or District Councils, or with the New Zealand Defence Force.

### To learn more

Visit [massey.ac.nz/grad-dip-eh](https://massey.ac.nz/grad-dip-eh)





# Graduate Diploma in Occupational Health and Safety

## GradDipOHS

**Create healthy workplaces and improve the working lives of New Zealanders while boosting your career.**

**Duration** 2 year full time  
No full-time study available

### TRANSFER YOUR LEARNING TO YOUR WORKPLACE

Occupational health and safety (OHS) has become an integral part of business in New Zealand. With a GradDipOHS you can help improve the effects of the working environment on the health and well-being of workers.

We spend a third of our lives at work, so workplaces contribute significantly to our health. Injuries and ill-health are two problems all workers potentially face. If you want a career that helps to reduce that burden on individuals and the nation, then this is the qualification for you.

This is a professional qualification designed to provide advanced education in the fields of safety management, occupational health, environmental control, loss control, and occupational hygiene. You will learn how to create healthy workplaces, including improving the inter-relationship of people at work, the work they do, and their working environment.

### Choose from a range of courses

You can choose from a wide range of courses that reflect the multidisciplinary nature of OHS. You'll learn about hazards and risks in the workplace, how to assess and manage those risks and create healthy workplaces.

This graduate diploma is particularly useful if you currently work in these roles:

- Health and safety coordinator
- Occupational health nurse
- Human resource management
- Industrial relations specialist
- Production manager
- Industrial chemist
- Industrial engineers
- OHS consultant

### Institution of Occupational Safety and Health (IOSH) accreditation

You will be able to access IOSH student membership for the duration of your studies and, on successful completion, you will be eligible for their graduate membership. IOSH is the only organisation in the world that offers Chartered membership to health and safety practitioners, so this can help you achieve the highest professional standards and gain international recognition.

### To learn more

Visit [massey.ac.nz/grad-dip-ohs](https://www.massey.ac.nz/grad-dip-ohs)





### CONTACT US

If you'd rather speak to a real person, feel free to give our friendly contact centre staff a call on 0800 627 739.

If you'd like to actually see a real person, drop in to our campuses in Auckland, Palmerston North, or Wellington.

Email [contact@massey.ac.nz](mailto:contact@massey.ac.nz)

### STUDENT ADVISERS

We understand it's a big decision. We have heaps of people available to answer any questions you may have about studying with us.

Dedicated international, Māori and Pacific student advisers are also available.

### EVENTS

We host a variety of exciting events. Please visit [massey.ac.nz/events](https://massey.ac.nz/events) for details. We also have stands at various career and tertiary education expos held all over New Zealand (and beyond). Feel free to contact us if you want to find out when and where.

### INTERNATIONAL STUDENTS

The International Recruitment team is the first point of contact for prospective students. If you are considering studying at Massey we welcome your enquiry, and look forward to helping you join us.

Phone +64 6 350 5701

Email [international@massey.ac.nz](mailto:international@massey.ac.nz)

Web [massey.ac.nz/international](https://massey.ac.nz/international)

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