An Introduction to Eating Disorders

Presenter: Liesje Donkin
Auckland Regional Eating Disorders Service

Date: Thursday 11 June 2015
9:00am – 4:30pm

Venue: Centre for Psychology, Massey University
Dairy Flat Highway, Albany Village, Auckland

Overview of the training
Eating disorders (EDs) encompass a range of conditions that share a core component of problematic eating. The most common of these are Anorexia Nervosa and Bulimia Nervosa.

- Risk factors for the development of EDs
- Recognising and diagnosing EDs
- Psychometric measures used in clinical practice for the treatment of EDs
- Medical indicators of risk
- Best practice treatments
- Treatment challenges

This workshop is an introduction to eating disorders with a focus on evidence-based practice. The workshop has been developed with healthcare professionals in mind and would be most appropriate for psychologists, psychotherapists, counsellors, occupational therapists and social workers. Those wanting to develop a better understanding of eating disorders and the challenges working with these conditions should attend.

About the presenters
Dr Liesje Donkin is a Clinical Psychologist whom works at the Auckland Regional Eating Disorders Service (REDS). Her current practice focusses on working with young people and their families with eating disorders, but she has experience working with people with eating disorders across the spectrum. Prior to working at REDS, Liesje has worked in CAMHS services, with adults with Chronic Pain, and in older people’s health. Liesje has a PhD from the University of Sydney which was completed in engagement with online interventions.

Cost
$250 for professionals
$125 for students

Morning tea, lunch and afternoon tea is provided and included in the fee. Certificates of attendance are provided to all attendees who complete the workshop.

Numbers are limited and places will be allocated in order of receipt of registration.
How to Register
Please complete the online registration form for each attendee as linked from our web pages. Secure credit card payment can be made for one or multiple attendees or contact Helen for alternative payment options:

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