Race and Ethnicity in Public Policy
Does it work?

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What Works?

In keeping with the theme of the Social Policy, Research and Evaluation Conference 2004, What Works? This paper asks a single question: do policies based on race or ethnicity work? It is unlikely to produce a straightforward or unequivocal answer, not because there is a dearth of research about the impacts of policies on race and ethnicity, or any lack of experience with race-based policies in New Zealand, but because ‘what works’ depends as much on who asks the question as who answers it. How should a good result be measured? Does it ‘work’ if it meets the objectives of the policy? Or should it be assessed according to a set of higher order principles capable of transcending political ideologies and good intention? Or should the question have been asked from another perspective: do policies that purport to be neutral to race and ethnicity work?

Although race and ethnicity are often used interchangeably they are not identical in meaning. Whereas race has connotations of biological variation and genetic determinism, ethnicity emphasises social and cultural distinctiveness and places greater importance on world views, lifestyles and societal interaction. Furthermore, a particular type of race and ethnicity is indigeneity. There are some 5000 indigenous groups around the world with a total population of about 200 million, or around four percent of the global population. A long-standing bond with the land and the natural environment is the fundamental feature of indigeneity and arising from that ecological relationship it is possible to identify five secondary characteristics of indigeneity – time, culture, an indigenous system of knowledge, environmental sustainability, and a native language.

Before attempting to answer the question about the effectiveness of race-based policies, it is worth recalling that 2004 is a significant year for New Zealand. It marks the 150th anniversary of the opening of Parliament. After the signing of the Treaty of Waitangi in 1840 when Britain assumed sovereignty and tribes ceded the right to
govern to the Crown, New Zealand initially became a Dependency of New South Wales. But the following year, in 1841, the constitutional position changed from a Dependency to a Crown Colony, governed now by the British Parliament. Further constitutional change was heralded in a British statute, the New Zealand Constitution Act 1852, which provided for New Zealand to establish its own legislature and act as a self-governing colony. Two years later, in 1854, Parliament opened in Auckland and in 1865 was relocated to Wellington.

**The English Laws Act 1854**

One of the first pieces of legislation passed by the new settler Parliament was the *English Laws Act*. In a single statute the Act made all English laws binding in New Zealand with a proviso, introduced in 1858 that the English laws applied only so far as they were applicable to the circumstances of New Zealand. (In fact throughout the 19th century there were few cases where English law was held to be inapplicable unless the New Zealand legislature had specifically enacted contrary legislation.) It was an economic use of Parliamentary time that spared the colonial politicians the task of developing a whole raft of laws specific to the new colony. Instead it was largely taken for granted that if the laws worked in England, they should work in New Zealand. New Zealand therefore not only inherited aspects of the British legal and constitutional systems, but common law and statute law also. Thus, although the *Imperial Laws Application Act 1988* clarified which Imperial/United Kingdom statutes should continue to have legal force in New Zealand, acts such as the *Habeus Corpus Act 1679*, and the *Bill of Rights 1688* are still applicable to New Zealand.¹

Part of the Crown’s rationale for assuming sovereignty over New Zealand had been expressly to institute British law so that Māori tribes would be protected from unruly settlers and settlers would be forced to live up to their obligations as law-abiding British subjects. As it transpired, however, British law was less protective than well-intentioned humanitarian officials in the Colonial Office had contemplated; if anything the law was to be used as a mechanism to advance settler interests regardless of impacts on Māori.

But in 1854 when Parliament opened, the prospect that Māori understandings of justice and fairness would be different in any way from those held by the English did not enter parliamentary conscience. The *English Laws Act* represented a peculiar
mixture of patronage and arrogance. On the one hand it implemented a goal identified in the preamble to the Treaty of Waitangi to ‘establish a settled form of Civil Government with a view to avert the evil consequences which must result from the absence of the necessary Laws and Institutions, alike to the native population and to Her[ Majesty’s] subjects.’ Yet on the other hand there was no indication that tribal lore might be based on alternate concepts of right and wrong, or different approaches to ownership, civil responsibility and societal decision-making.

English laws are founded on notions of the common law. And the common law is simply an expression of community regard for right and fair. In that sense the common law is a measure of English culture as it has evolved over centuries. English common law today differs from what it was in 1840 so that the death penalty could hardly be regarded now as an expression of common law or contemporary English culture. But the point is that law and culture are intimately linked and English law in 1854 was as much a product of an ethnic-English culture as Māori lore was a product of tribal world views. From that perspective the English Laws Act 1854 was New Zealand’s first race-based policy. Built on the presumption that English common law had a universal dimension, the culture, customs and conventions of Britain were imposed on all New Zealanders to the benefit of a few. Then Māori outnumbered settlers.

This might be a good time to return to the earlier question. Do policies based on race and ethnicity work? From the perspective of the coloniser the English Laws Act worked very well. It introduced a series of racially inspired reforms into New Zealand and laid the foundations for a policy environment within which English common law was the norm and Māori common law (culture) was the problem. Land tenure, criminal law, taxation polices, fishing policies and the authority of the Crown had more or less worked in Britain and were now to work in New Zealand. Even before a decade after the introduction of the Act, however, Māori had concluded that the new policies were not working for them. They protested that their understandings of land ownership, customary fishing, and tribal authority were at odds with the new laws. But their protest was interpreted as defiance of the very law they opposed. It was not entirely surprising therefore that war should break out, which it did in 1860.
Māori-Specific Policies

In order to address Māori custom that was at odds with English custom/common law, successive Parliaments introduced legislation and policies that were race-based. Māori-specific legislation can be categorised according to the objectives of policy and the impacts on Māori. Whether they worked or not depends on whether they are measured against the achievement of parliamentary objectives or against the impacts as experienced by Māori. Three major objectives and three domains of impact can be identified. Broad objectives of Māori-specific policies have included the limitation or extinguishment of Māori interests, the restoration of Māori interests, either through compensatory payments or the return of resources, and the protection of Māori interests. The domains of impact on Māori encompass impacts on property, culture and a Māori polity.

Table 1  Māori-specific Legislation, Domains of Impact and Objectives

<table>
<thead>
<tr>
<th>Objectives</th>
<th>Domains of Impact (examples of legislation)</th>
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<tr>
<td></td>
<td><strong>Property</strong> e.g. land, forests, waterways, fisheries. <strong>Culture</strong> i.e. Māori values, custom, language, knowledge, and social arrangements <strong>Polity</strong> i.e. Māori tribal and political organisation.</td>
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</tbody>
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| Provisions that limit or extinguish Māori interests | Māori Affairs Amendment Act 1967  
Coal Mine Act 1903  
Oyster Fisheries Act 1866. | Tohunga Suppression Act 1907 | Māori Representation Act 1867 |
Electoral Act 1993 |
An analysis of Māori-specific policies and legislation based on an objectives/impact matrix shows that inconsistent political priorities for Māori have resulted in oscillations between policies of assimilation, and policies that support the retention and development of Māori interests (Table 1).

However, by far the greatest impact of Māori-specific provisions in legislation, mostly enacted in the nineteenth century, has been to limit or extinguish Māori interests. As a result a range of compensatory mechanisms became necessary more than a century later. Some of the motivation for limiting Māori interests can be tracked to different understandings of customary rights and the relative bluntness of a system of law derived from English cultural experience to address Māori systems of tenure and organisation. Even in modern times there is a great deal of uncertainty as to whether a determination of Crown ownership over natural resources based on the English common law is consistent with interpretations of indigenous property rights.

A number of social policy statutes including the Education Act 1989, the Broadcasting Act 1989, and the Mental Health (Compulsory Assessment and Treatment) Act 1992 make specific provisions for Māori and the Public Health and Disability Act 2000 contains a Treaty of Waitangi provision. But the inclusion of a Treaty clause into legislation or the addition of another Māori-specific reference is not generally based on granting additional rights to Māori individuals, rather ensuring that the same rights (such as the right to receive a sound education that does not sideline Māori perspectives, or to enjoy television programmes in one’s own language, or to receive an adequate psychiatric assessment) can be guaranteed, taking into account Māori cultural values, processes, and protocols. For the most part, the majority population takes those rights as givens.

**Socio-economic Disadvantage and Ethnicity**

Recent debate about race-based policies in New Zealand has revealed a general lack of understanding about the objectives of policies, their application, and measures of effectiveness. Two sets of polices linked to social service delivery, and affirmative action programmes respectively, illustrate some of the misunderstandings.
First, policies that provide for Māori – or other ethnic groups – to deliver social services to their own people or to target ethnic groups have been criticised on the grounds that they lead to a form of advantage which other New Zealanders do not have. The argument against specific ethnic provision is based on the goal of equity as between individuals and makes a case for a needs based approach which is race and ethnic neutral. Within the needs-based approach universality is emphasised and contextual variables are minimised or dismissed. Each person is to be treated equally according to ‘need’ regardless of wider societal associations.

In practice, however, the distinctions between individual needs, wider societal contexts, and ethnic affiliation are not so clear. The association between material disadvantage and ethnicity, especially among some ethnic minorities has been well established in a number of studies. Compared to other New Zealanders, Māori and Pacific Peoples have higher rates of unemployment, smaller household incomes, lower participation rates in early childhood and university education; their children are more likely to live in a lone parent family, not to be immunised, to have no parent in paid work and to live in a household in the lowest income quintile. In addition life expectancy is significantly lower and mortality rates are higher. However, the strong relationship between ethnicity and adverse socio-economic circumstances has sometimes led to an assumption that one is a proxy measure for the other. Being Māori for example is often seen as a synonym for being poor and being poor is sometimes seen as the distinguishing characteristic of Māori and Pacific peoples.

While there is a significant correlation between the two measures – ethnicity and socio-economic status – they do not measure the same phenomena. Needs based policies and policies of equity as between individuals have tended to regard ethnicity and race as significant only insofar as they might be subsumed under universal indicators such as social class, life expectancy, and educational achievement. Recent research, however, has demonstrated that that not only is class distinguishable from ethnicity, but universal indictors by themselves are insufficient measures of need and outcome. Moreover, as one of five features of best practice in health policies and programmes, a World Health Organisation paper stresses the importance of ethnicity by recognising benefits to, and empowerment of, ethnic communities. The other four features of best practice are health sector involvement in the policy process, civic
Based on an analysis of socio-economic and ethnic data three types of ethnic inequalities in health have been described: the distribution gap (Māori are not distributed evenly across all deprivation deciles and are overly represented in the very deprived neighbourhoods [deciles 8-10]); the outcome gap (Māori health outcomes are worse even after controlling for deprivation); and the gradient gap (socio-economic hardship impacts more heavily on Māori). Māori who live in the most affluent areas for example have health outcomes that are similar to non-Māori living in the most deprived areas. The study confirms that quite apart from social class, ethnicity is a determinant of health outcome. An intervention framework to improve health and reduce inequalities therefore recommended structural interventions that affirm power relationships as well as Māori health provider development, and health and disability services that recognise cultural needs and improved ethnic data collection.

In a report on mental health outcomes, it was also shown that deprivation (socio-economic disadvantage) did not entirely explain the greater severity of mental disorders among Māori. Despite having similar levels of deprivation, Māori consumers were more likely than other groups to have higher levels of severity and lower levels of functioning. Further, in contrast to the general population, Māori who were living in areas of least relative deprivation were more likely to have higher levels of severity and lower levels of functioning than those living in areas of greater deprivation. Although bias on the part of researchers could have contributed to that unexpected finding, it might also have reflected a greater sense of cultural dislocation by Māori living in more affluent areas where there was less close contact with family networks and community support agencies.

The relative roles of material circumstances and ethnicity have also received attention in respect of Māori educational outcomes. Family income and associated social and economic factors are significant determinants of outcomes and many researchers have concluded that once socio-economic differences are taken into account, there are no differences between Māori and other New Zealanders. However, instead of focussing
on socio-economic differences other researchers have examined the role of culture and language in outcomes and have concluded that there is often a mismatch between the culture of the school and the ethnic cultures of learners.\textsuperscript{6} Both learners and teachers may make assumptions about ‘normal’ that implicitly exclude Māori while processes such as assessment can provide legitimisation for deficit views effectively ‘disabling’ minority children.\textsuperscript{7} Evidence therefore suggests that difference in the educational outcomes of Māori children cannot be explained entirely on family incomes or class; the centrality of ethnicity and culture to outcome is a factor in its own right.\textsuperscript{8} Deficit assumptions by teachers towards Māori have hampered progress but when they have been addressed higher levels of achievement have been demonstrated even in low deciles schools. In other words while family income, poverty, and social class have a confounding effect, ethnicity cannot be dismissed as a relevant determinant of outcome.\textsuperscript{9}

Ethnic explanations for disparities may be grouped into two major categories. First there are explanations that arise from the characteristics of ethnic groups themselves - genetic predisposition (though relatively few differences are determined by genetics); customary beliefs, and cultural practices. Second, however, there are a group of explanations that arise outside ethnic groups and reflect the way society reacts to people who are different from the majority. They may show discriminatory behaviour in the provision of services and access to economic opportunities, or reactions based on stereotyped preconceptions, or frank rejection of ethnic cultural values and aspirations. All of these factors will influence social outcomes.\textsuperscript{10}

**Affirmative Action**

A second area of contemporary debate concerns the maintenance of affirmative action programmes based on race and ethnicity. There are a number of programmes that provide targeted assistance to Māori and Pacifica students either through government scholarships and bursaries, operational grants to tertiary education institutions (e.g. the ‘Special Supplementary Grant’\textsuperscript{11}), or preferential entry into academic programmes. As a matter of interest it is worth noting that 2004 is the centennial year of the graduation of Te Rangi Hiroa (Peter Buck) who was the first Māori to graduate from the University of Otago. Along with Tutere Wirepa he was a recipient of a government grant made available specifically for Māori who wished to
study medicine. The purpose of the grant was primarily to improve Māori health. Both the Otago and Auckland universities still have entry schemes that enables a limited number of Māori and Pacific students to enter Medical School without necessarily having the same academic profiles as other students.

Criticism of programmes such as these has been made on two grounds. First there has been a suggestion that Māori and Pacific students who enter tertiary education under a preferential scheme are allowed to graduate with lesser standards. Clearly that view represents a gross distortion. While different criteria might be used to justify admission, once admitted, students undertake similar course work, sit the same examinations and meet the same qualifying standards.

Second the case has been made for all students to be admitted on ‘merit’. Merit appears to mean that academic criteria should be the sole determinant of admission. The need for a non-Māori student with high grades to forfeit a place to a Māori student with lower grades seems wrong to those who associate academic performance with academic right. However, successful educational outcomes depend on many factors apart from earlier academic achievement. Moreover, the purpose of ethnically based preferential entry schemes is not simply to have more Māori or Pacific doctors but for educational institutions to make a contribution to society.

Education has both personal and public benefits and the charters of many tertiary educational institutes accord high priority to the public good. In the University of Otago charter for example, ‘the enhancement, understanding and development of individuals and society’ is part of the university’s mission and a contribution to both Māori development and the development of Pacific Peoples is highlighted. In addition, in a discussion document on tertiary education priorities, the Tertiary Education Commission has identified ‘working to national goals’ as one of three major themes.

While it makes sense to ensure that students accepted into a programme are going to be able to meet the required academic standards, it may be more meritorious to admit students who will help institutions achieve their public goals and meet charter obligations to provide for future societal leadership. It is both simplistic and short-
sighted to define merit solely on the academic merits of individual students in isolation of other students or the institution’s broader social goals. In that respect it may be perfectly fair to reject a student because too many others like him or her have already been enrolled at the expense of diversity and institutional goals for a better society. There are therefore several criteria that should be considered in educational admission policies (Table 2). In addition to recognising individual qualities, the profile of the total student population must be considered so that institution as a whole can foster academic advancement, contribute positively to the campus learning experience, and provide society with leadership for the future. Taking account of race helps institutions achieve their mission of promoting academic advancement, having diversity on the campus, and attending to long term societal needs.14

Table 2 A ‘Merit Matrix’

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<tr>
<th>Priority for students who will:</th>
<th>The institutional mission:</th>
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<tr>
<td></td>
<td>individuals</td>
</tr>
<tr>
<td>succeed academically</td>
<td>contribute to the campus learning experience</td>
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**Conclusion**

There are two main reasons why, alongside other factors (such as socio-economic status, government goals, equity and fairness), race and ethnicity should be identified as rationales for policy in their own right. First there have been recent suggestions in New Zealand that a needs-based formula centred on individuals and their socio-economic status will suffice to meet policy requirements in health, education and social policy generally. Clearly that approach is inconsistent with the evidence and tends to assume that ethnicity is a function of economic need rather than a determinant of lifestyle, culture, social organisation. Second, an increasing diversity of ethnic affiliations is a characteristic of modern New Zealand. Because race based policies in the past have been used to disadvantage Māori more often than to create advantage, race-based polices need not be unfair. Instead, while race and ethnicity
play such large roles in societies like New Zealand, it is illusionary to act as if they were non-existent.

To return to the question asked at the beginning of this paper: do policies based on race or ethnicity work, the answer largely depends on the identification of policy goals and the instruments used to measure impacts. A framework for considering race and ethnic based policies can be shaped around goals and indicators (Table 3). Three broad goals can be identified in current ethnic and race-based policies: full participation in society, education and the economy (the participatory goal); certainty of access to indigenous culture, networks and resources by indigenous people (the indigeneity goal); and fairness between members of society (the equity goal).

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<th>Table 3</th>
<th>Goals and Indicators</th>
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<td>Individual Indicators</td>
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<tr>
<td></td>
<td>Universal</td>
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<tr>
<td>Participatory Goal</td>
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<tr>
<td>Indigeneity Goal</td>
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<tr>
<td>Equity Goal</td>
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In practice indicators tend to be based on aggregated individual measures and often use the Pākehā population as a benchmark for inter-ethnic comparisons. However, three shortcomings arise from those approaches. First, while many indicators such as life expectancy have universal application, others are specific to particular populations or groups. Health outcome measures for example should not only reflect clinical indicators, but also the health perspectives arising from specific ethnic world views. Second while measurements based on individual circumstances such as educational experience are in common use, less use has been made of collective measures whether they are linked to groups such as families or to whole ethnic populations. Third, comparisons between Māori and non-Māori populations may not
be the most useful set of measures. Instead comparisons over time or comparisons between urban migrants and rural Māori communities may be more informative. Comparing the health of Pacific peoples in New Zealand with health standards on Pacific islands may also provide more useful indicators of adaptability than comparisons with non-Pacific New Zealanders.

In short, indicators should be able capture both the individual and the group; they should include universal measures and population-specific measures; and the comparative indicators should be capable of reflecting the significance of ethnicity.

Political ideologies that promote individual freedom as the foundation of modern society fail to acknowledge that societies are built on individuals who belong to groups – families, iwi, communities and races. Socialists on the other hand see society through different eyes. But though more inclined to recognise that groups are foundational to society, they have tended to place greater emphasis on class than either race or ethnicity.

But for whatever reason, it is misleading to develop policies, programmes and practices that purport to be ‘blind’ to race and ethnicity. Unless ethnicity is explicitly acknowledged, covert policies will mask diversity, compromise best outcomes, and foster an assimilatory approach. The New Zealand reality is that an increasingly large number of people have an indigenous or ethnic orientation that underlies both personal and collective identity, provides pathways to participation in society, and largely influences the ways in which societal institutions and systems respond to their needs.


6 R. Bishop, M. Berryman, (2002), The Experiences of Indigenous Māori Students in New Zealand Classrooms, University of Waikato, Hamilton.


12 University of Otago (2003), Charter, Dunedin.
