

ENHANCING DIETARY ASSESSMENT FOR NEW ZEALAND SCHOOLCHILDREN (EDANZ) STUDY

Invitation to Parents and Children

WHAT IS THIS STUDY ABOUT?

Diet contributes to Children's growth and development, educational performance and attainment, health and well-being. We are testing the feasibility and validity of a modified 24-hour dietary recall tool for research to understand the current food group and nutrient intake in New Zealand schoolchildren better.



WHO CAN JOIN?

Schoolchildren aged 9-13 years old and their parents/caregivers.



WHAT WILL YOU HAVE TO DO?

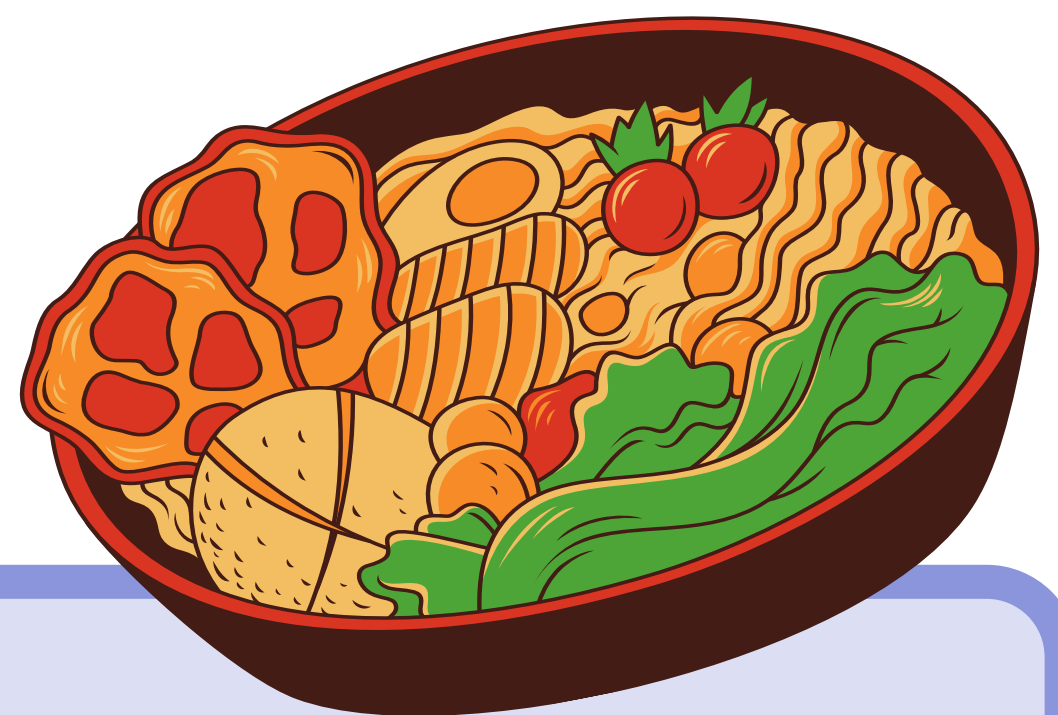
Parents: Weigh or itemize food consumed by their child on 2 separate days (10-20 min)

Children: Recall their diet in the past 24 hours (10-20 min), place finger on the spectroscopy based device to measure carotenoids (e.g. Vitamin A) in the body, and have body weight and height measured (15 min)

Scan me to sign up!



<https://forms.gle/1rqRPbq3WykFJfiq8>



INTERESTED?

Meet us on ****insert date**** 2024 at the ... school meeting room for more information or

contact us by email: shalika.harshani@gmail.com or

Tel: (02) 040084468

This project has been reviewed and approved by the Massey University Human Ethics Ohu Matatika 1, Application OMI 23/46. If you have any concerns about the conduct of this research, please contact the Chairperson, Massey University Human Ethics Ohu Matatika 1, email humanethics1@massey.ac.nz.