

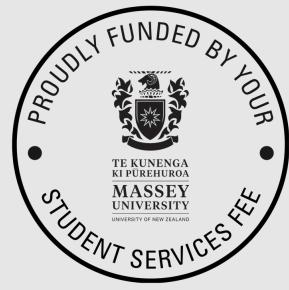
STUDENT VOICE | TE REO O TE TAUIRA

YOUR STUDENT SERVICES FEE

HOW THE STUDENT SERVICES FEE
ENHANCED YOUR EXPERIENCE IN 2025



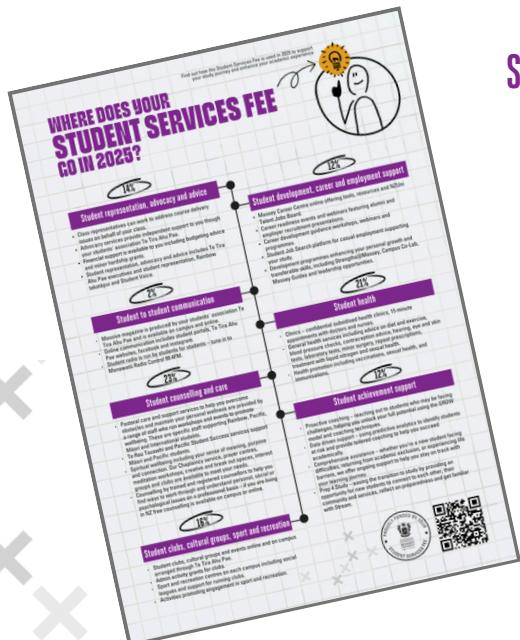
HOW WAS YOUR STUDENT SERVICES FEE USED IN 2025?



Supporting your study journey and enhancing your experience

All universities in New Zealand charge compulsory Student Services Fees (SSF) under specific guidance provided by the Government. The SSF is allocated in line with categories which fit within Government requirements.

Te Kunenga ki Pūrehuroa Massey University uses the compulsory SSF to give you access to services that contribute to student life by supporting your study journey and enhancing your experience at Massey. Your students association Te Tira Ahu Pae are contracted to deliver some of these services through a service level agreement. This end of year services report shows how your Student Services Fee was used in 2025.



Student development, career and employment support ● 12%

Student representation, advocacy and advice

Student to student communication

Student health 21%

Student counselling and care 23%

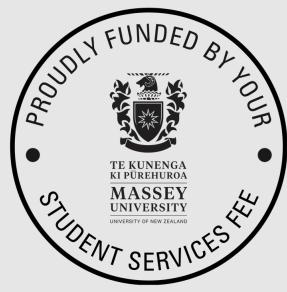
Student achievement support

al groups, sport and recreation 16%

Student clubs, cultural groups, sport and recreation

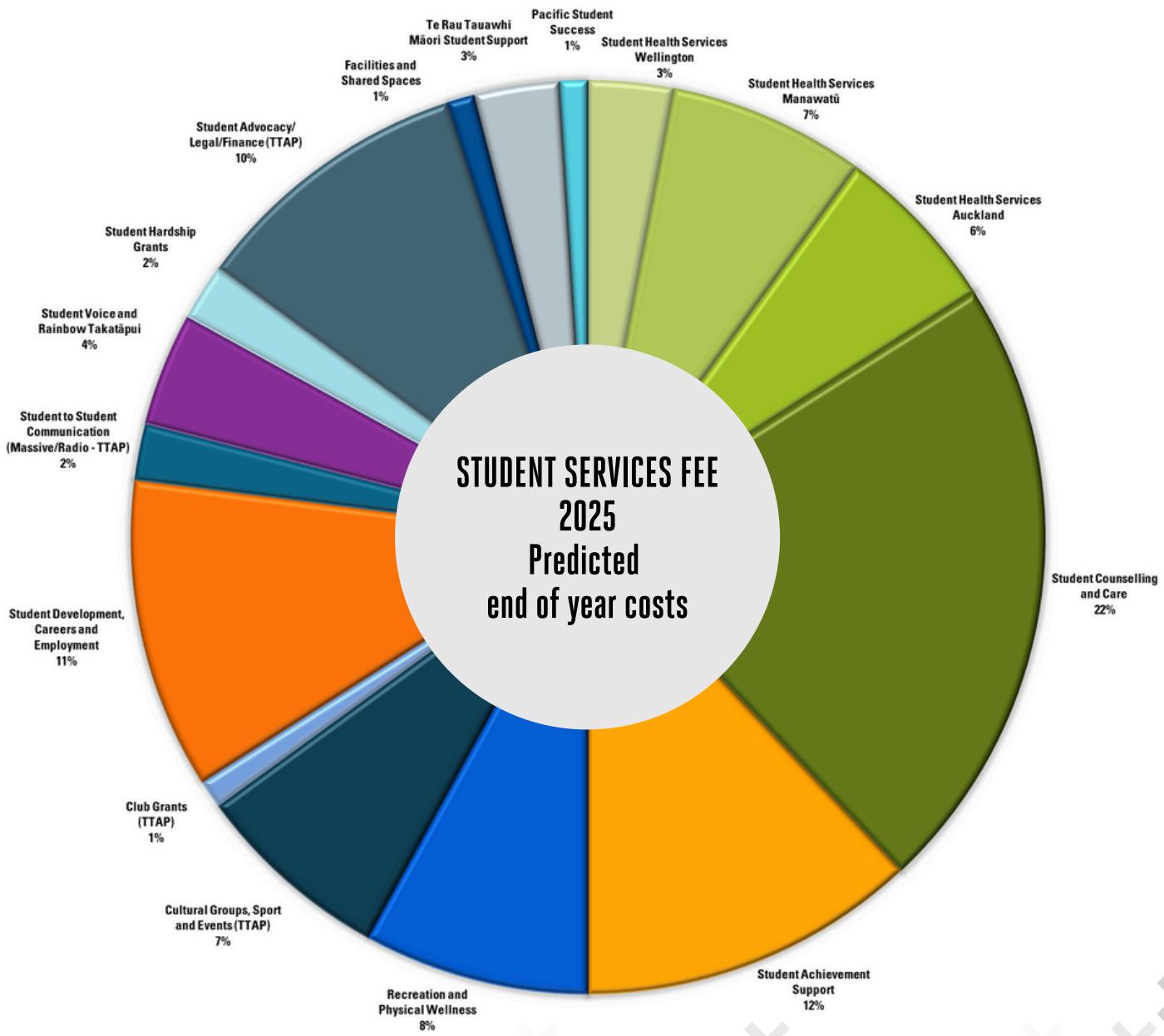


PREDICTED END OF YEAR COSTS



We listened to your feedback when deciding how to allocate the Student Services Fee for 2025 including dialogue with the SSF Advisory Group. At the start of the year we made a plan for the budget and projected the allocations.

This pie chart shows a current prediction (as at October 2025) of how the funds are being used until the end of the year, including money for facilities and shared spaces. We are demonstrating how the funds from this fee are used to support the services that receive funding.





STUDENT VOICE

Connecting student perspectives with university decisions

Massey Student Voice ensures students have genuine influence in shaping their university experience. Through the SSF Advisory Group, the Student Voice Crew, and our collaboration with SSF funded services, we connect feedback, action, and promote visibility for the Student Services Fee and its impact across Massey.

Student Services Fee Advisory Group

The SSF Advisory Group includes 10 students who advise and make recommendations on how the Student Services Fee is used to support students' journey at Massey. In 2025 the group shaped key funding priorities including supporting the following new initiatives targeted at Distance students: Work Integrated Learning Hardship Fund, Reuseable Period Products, Winter Energy Hardship Grants and an International Offshore Counselling trial.

Student Voice Crew

Paid student roles helped raise awareness of student voice, SSF, supported events, and gathered feedback from peers. Students also received vouchers for contributing to focus groups and engagement activities — ensuring Massey decisions reflect real student experiences.

SSF awareness

We teamed up with SSF-funded services to make it easier for students to see where their fees go and how their feedback makes a difference. Through the You Said, We Did / Heard campaign, services shared updates on what they've done since 2024 to improve your experience.



RAINBOW AND TAKATĀPUI

Following our success from winning at the 2024 Rainbow Excellence Awards, we have continued to promote connection among our takatāpui and rainbow communities. We expanded upon our orientation programme with off-campus cafe crawls, and have brought in a disability and rainbow-focussed coordinator to work intersectionally across communities at the university. We have further supported the launch of the Rainbow Postgraduate Scholarships - awarding two Massey students with \$4,000 each toward their studies.

Engagement

We have delivered a wide range of social and educational takatāpui and rainbow inclusion events for the Massey community, expanding on previous years.

Kāhui Irarau

Our online rainbow and takatāpui inclusion platform has increased its presence via Instagram and Facebook in 2025.

	AUCKLAND	MANAWATŪ	WELLINGTON	ONLINE	TOTAL
Events	11	10	7	5	33
Students	297	291	235	50	873

Method	IG followers	FB followers	Views	Interactions
Users	754	241	47.9k	970



Student Representation - Te Tira Ahu Pae

Te Tira Ahu Pae is the students' association at Massey University. Te Tira Ahu Pae is an independent entity contracted by Massey University to provide student representation to all Massey students. Te Tira Ahu Pae has a tripartite presidentship which is composed of a General/Distance president, Manawhakaahere (Māori president), and Pasifika president, with equal authority, who are self-determined to represent and lead student representatives from their cohort.

In 2025 we had 24 Te Tira Ahu Pae student representatives and 8 representatives from our alliance partners. All student representatives were paid the living wage for their work. Under the current constitution the roles of president and vice-president are appointed, while the remaining Te Tira Ahu Pae representative positions are elected. This year we had a Pasifika co-presidency arrangement where the full-time Pasifika president role was split equally, resulting in a total of 4 individuals holding president roles. The Te Tira Ahu Pae board is co-governed, with 4 positions reserved for Māori representatives, 2 for Pasifika representatives, and 2 for General student representatives. The board oversees the association's service delivery to students.

Student representatives are involved in representing students on Massey University boards and committees, as well as running student consultations and engagement events. In 2025 we extended the opportunity to fill vacant seats on boards and committees – those not already held by student representatives – to the wider student body. This approach was taken to ensure full and inclusive student representation across forums at Massey.

Events

This year's student consultation and engagement events included:

- International visa workshops
- Māori and Pasifika activities
- Engagement with students with disabilities
- Workshops addressing rainbow community issues
- Forums for gathering student feedback on proposed representation models.

Some stats for 2025

STUDENT REPRESENTATIVES - TE TIRA AHU PAE	Number
Presidents - Māori (Manawhakaahere), Pasifika, General	4
Vice-Presidents - Auckland, Manawatū, Wellington, Distance	4
Māori student representatives	4
Pasifika student representatives	4
General Campus student representatives	3
General Distance student representatives	3
Postgraduate student representatives	1
International student representatives	1
Rainbow student representatives (alliance group)	4
Disability student representatives (alliance group)	4
Total	32

Class Reps - Te Tira Ahu Pae

Class representatives are students who volunteer to act as a class contact between students, teaching staff and Te Tira Ahu Pae. Working together this means that any course delivery issues can be resolved as quickly as possible.

Te Tira Ahu Pae run Class Representative training each semester and there is an appreciation event and certificates at the end of each year.

CLASS REPS - Semester 1	Number	Offerings covered	Logbook entries
Distance class reps	160	112	235
Auckland class reps	188	101	221
Manawatū class reps	56	39	77
Wellington class reps	79	60	61
Total	483	312	594

CLASS REPS - Semester 2	Number	Offerings covered	Logbook entries
Distance class reps	162	113	163
Auckland class reps	154	95	140
Manawatū class reps	27	25	31
Wellington class reps	50	33	47
Total	393	266	381



STUDENT REPRESENTATION, ADVOCACY AND ADVICE

Advocacy

Your students association Te Tira Ahu Pae are contracted to provide an independent advocacy service that can help you with both academic and welfare issues that may negatively affect your time at Massey. The team has an advocate on each physical campus and is also available online, making the service accessible for all students.

ADVOCACY CASES	Number
Academic	95
Academic/Welfare	51
Welfare	67
Hardship	255
Total	468

STUDY LEVEL	Number
PhD	23
Postgraduate	112
Undergraduate	286
Unknown	44
Total	465

Grants

Te Tira Ahu Pae also facilitate the minor hardship grant of up to \$150 for students who run into unexpected financial obstacles.

STUDENT SERVICES FEE CONTESTABLE FUNDING GRANTS	Number	\$
Winter hardship grant of \$75	213	\$15,975
Students on placement grant of \$150	332	\$49,800
Distance students period poverty kits	250	\$8,400
	795	\$74,175

HARDSHIP GRANTS	Number
Number of students that applied for financial support	252
Auckland	\$5,950
Manawatū	\$8,700
Wellington	\$7,700
Distance	\$12,160
Funding total approved	\$34,762

Events

WORKSHOPS DELIVERED	Students attended
International orientation Auckland x2	300
International orientation Manawatū	175
International orientation Wellington	30
Distance orientation In person	97
Distance orientation online	17
Class rep training	289
Class rep catchups	46
Budgeting Halls students	12
Budgeting Halls students Ōtehā	18
Tenancy Halls students	13
AI framework webinar	70
	1,067

Period poverty: 18 locations across campuses providing free single use period products.

Food rescue: Kaibosh pickups are done every Tuesday put up on the Free Shelves in Block 9 Level C on the Wellington campus. Always goes fast and is most appreciated by students.



TE TIRA AHU PAE
HEI HĀPAI WHAKAMANA
Massey Students' Association

STUDENT TO STUDENT COMMUNICATION

Massive magazine - Te Tira Ahu Pae

Massive continues to be a vital voice for Massey students, balancing sharp investigative journalism with bold creative content. Massive published 24 issues this year, with each edition offering a mix of political commentary, satire, student profiles, and themed content exploring everything from student life to national issues. The team grew to 14 core staff, with additional contributors bringing the total number of student voices to 76. Guest-edited issues returned, representing Māori, immigrant and refugee voices, queer and more.

A major highlight was the launch of the Massive Distance Digest, a weekly newsletter created to better serve Massey's distance student population.

Engagement soared both in print and online, and social media became a key distribution tool. Massive launched successful events including a student band gig for NZ Music Month, and an art exhibition.

Issues published	24
Page count	36-44
Student contributors (excluding anonymous submissions)	76
Website views	88,000+
Instagram followers	4,100
TikTok followers	2,278
Massive Distance Digest weekly launched to students	7,000+
Open rate	50%
Unsubscribe rate	1.10%



Radio Control 99.4FM - Te Tira Ahu Pae

Tune in ANYTIME, ANYWHERE
www.radiocontrol.org.nz/listen



Radio Control 99.4FM is the Student Radio Network (SRN) station based on Manawatū campus – broadcasting 24/7 terrestrially on 99.4FM in Te Papaioea and online at radiocontrol.org.nz. Four passionate staff are supported by a dedicated community of student and local volunteers, to produce and present live radio shows, curate weekly music playlists, film live music performances, and create video and other on-demand content.

We are proud to play a key role in enhancing the student experience on the Manawatū campus through directly supporting events including: Orientation, Clubs Day, Mega Market Day, Massey Open Day, Mr Vet, and live music performances. We're also actively engaged in empowering our local community by promoting the annual Swampfest music festival and providing staff and support for the Girls Rock Aotearoa / To The Front Te Papaioea youth music workshops and mentorship programme.

We deliver an ever-evolving playlist of over 74.29% NZ music and are part of the Student Radio Network of Aotearoa – the premier training ground for aspiring broadcasters, the amplifier of student voice, and the all-important incubator for local music. It's a volunteering opportunity like no other on campus, all training is provided, no experience necessary.

Number of listeners	6,500
Student volunteers trained	41
Average number of volunteers per month	32
Student hosted shows	605
Total hours of student volunteer hosted radio shows	1,115
Volunteer appreciation events	4
Live performances on campus	7
Live performances in the community	5
NZ songs playlisted	924
Local songs playlisted	127
Aotearoa Alternative Awards hosted	1

STUDENT CAREER AND EMPLOYMENT SUPPORT

Massey's Career Centre is here to facilitate your transition from education to your chosen career. We're here to help you explore options, plan and work towards career goals, and support you with searching and applying for opportunities.

Massey Career Centre online

Massey Career Centre online portal is your companion on the journey to discovering and shaping your future career. Inside you'll find helpful tools, resources, and recorded webinars designed to support you every step of the way. Whether you're crafting your CV with CV360, practising your interview skills with Interview360, or diving into our library of e-learning materials, there's something here for everyone — no matter where you are in your career journey. Through our workshops, webinars, job board, and connections with employers, you'll have the chance to reflect on your values, uncover new interests, and build the confidence and skills to take your next step. We're here to help you feel career-ready — because your potential is worth investing in.

Some stats for 2025

These stats covers the period January to October 2025. Job listings and recruitment events are indicative of a difficult labour market.

Massey Career Centre facebook group	3,157
Students booked into webinars and events	3,148
Users accessed online resources	3,041
Massey Career Centre LinkedIn group	1,467
Jobs and graduate / internship programmes advertised to Massey students	971
One-to-one careers consultations of 15 mins or more	696
Graduate internship programme webinars and events hosted	31
Career skills webinars hosted	18
Career development staff	4



How career ready are you?

You kindly tell us how career ready you are, and we signpost you to relevant resources.



“ I really enjoyed your session during the Art of Networking webinar. Your point about a valuable connection being someone who remembers at least one of your skills really stuck with me.

“ If you are ever invited to speak at or attend a event, I suggest you grab it with both hands.

“ They were awesome and provided me with many career focused resources and even put effort into doing a bit of research beforehand to show me potential jobs that might be suited to my career path.



STUDENT DEVELOPMENT

*Whāia te iti kahurangi ki te tūohu koe me he maunga teitei
Seek the treasure you value most dearly: if you bow your head, let it be to a lofty mountain*

We want you to get involved in a range of experiences - whether you're studying on campus or by distance - that help you grow and build the skills you'll need to succeed in whatever path you choose. Along the way, you'll get to develop things like self-awareness, emotional intelligence, curiosity, creativity, understanding diversity, leadership, teamwork, and making a positive impact in your community.

This year we have

Collaborated with various teams across university including:

- Transdisciplinary project - recruited Campus Co-Lab Facilitator to seek and provide student voice to this project.
- Māori and Pacific - run Strengths@Massey programmed tailored specifically to this cohort.
- Te Tira Ahu Pae - collaborated on various events, eg cultural festival.
- Student Voice - provided development training for the Student Voice interns and taken them through the Campus Co-Lab process for their projects.
- Sustainability - collaborated on Green Impact by taking them through the Campus Co-Lab process.
- Manaaki scholars - delivered Strengths@Massey programme tailored to their needs.
- Enterprise - one of our Student Development coordinators was a judge on the panel for Grand Ideas competition.
- Diversity and Inclusion - coordinating and managing Rainbow Massey Guide alongside the Diversity and Inclusion team.
- Future Students - collaborated to give Massey Guides more opportunities to represent Massey.



How to engage with our programmes

Strengths@Massey: Discover your talents - how you are naturally wired - and learn how to apply them in the best way possible. A game changer for self-awareness.

Kaiārahi Massey Guides: Give back to the Massey community by helping new students transition to university.

Development Bites: Join engaging 45-minute conversations about leadership topics that help you discover your own leadership skills.

Campus Co-Lab: Change student experience by working on a project that will shape Massey while building skills necessary in today's world.

Masseypedia: Find tips, tricks and info about events
@Masseypedia_aki @Masseypedia_pn @Masseypedia_wlg

Book through <https://myhub.massey.ac.nz/s/development>



Some stats for 2025

STUDENT DEVELOPMENT	Number
Number of students engaged through our programmes	6,700
Masseypedia followers @masseypedia_aki @masseypedia_pn @masseypedia_wlg	2,595
Campus Co-Lab projects	15
Students engaged through Campus Co-Lab projects	1,600
Student who uncovered their top 5 strengths	285
Paid opportunities for students - Massey Guides, Campus Co-Lab facilitators	36

STUDENT HEALTH

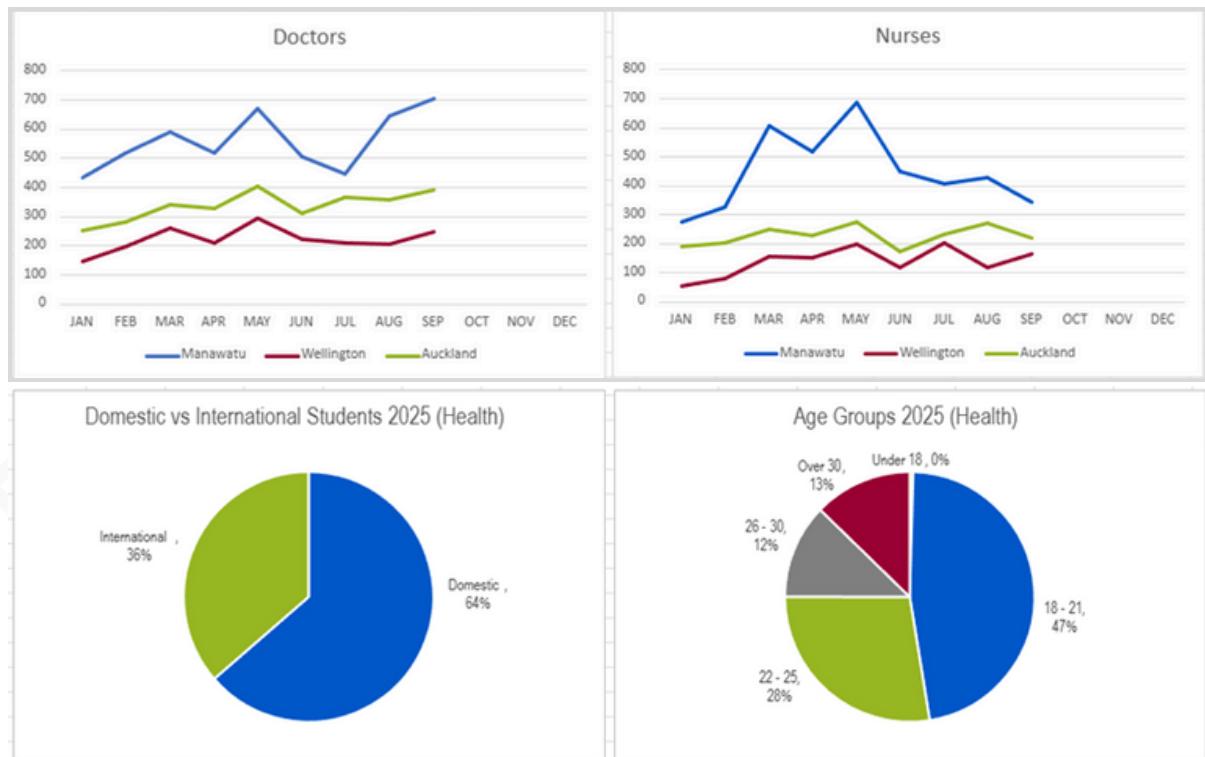
Your experience of Massey is unique and on top of that each campus has a unique student cohort and our three Student Health Centres cater to meet those different demands. This report however presents amalgamated data from all three Health Centres added together for 2025. Whilst acknowledging our differences the Student Health Centres offer students a range of primary health care services that you would expect at a general medical practice in Aotearoa/NZ. We do differ to the norm however with the way we work together with other Massey student services helping to meet your needs.

Our services include

- Reduced wait times to see our doctors or nurses
- Subsidised cost for doctor and nurse appointments
- General medical care
- Repeat prescriptions
- Emergency contraceptive pill
- Contraceptive advice
- STI checks, info and treatment
- Cervical smears and HPV screening
- Immunisation
- Minor surgery
- Pregnancy tests
- Blood tests
- First aid
- Smoking cessation help
- Bill directly to insurance, where possible, for international students.

Some stats for 2025

HEALTH - MEDICAL CLINICS	AUCKLAND	MANAWATŪ	WELLINGTON	TOTAL
Domestic student appointments	637	5,165	2,537	8,339
International student appointments	1,415	2,315	175	3,905
	2,052	7,480	2,712	12,244



STUDENT COUNSELLING SERVICES

Counselling services are located on each campus and can be used by all students based in New Zealand free of charge. Confidential short-term counselling is provided to assist students minimise the effect of emotional and psychological factors on academic performance and participating fully the student journey. A variety of self-help resources and tools are available, and wellbeing workshops are held regularly.

During 2025, students living out of New Zealand have been able to access confidential on-line counselling free of charge as a pilot project though our TalkCampus partnership

Events and workshops

- Cuppa with a counsellor each semester
- A night to remember sexual safety presentation
- Kauwaka ngakau ADHD toolbox skills workshops
- Anxiety management workshops and support groups (in-person and on-line)
- Mental health first aid
- Koru mindfulness (in person and on-line)
- Wellbeing workshops in classes and in the Vet School
- Navigating change group workshops

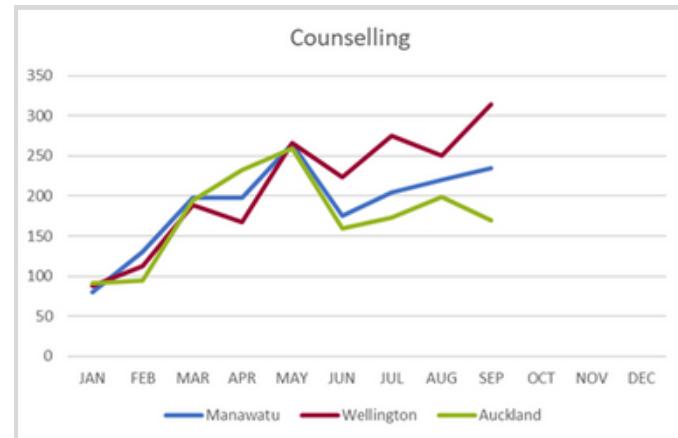
Some stats for 2025

Counselling sessions	5,162
New referrals	1,765
Waiting time (average)	3 days
Group and workshop attendees	1,519

“I struggle with mental health, like many students, and it's too expensive to go to private counsellors or psychologists. I know that the counsellors have really helped a lot of students including myself when things got too bad to ignore.

“Have used student counselling and found it very beneficial. Health and counselling are vitally important in my view.

“I have personally used the Counselling support services and they have been a very important part of my semester. I don't know if I could have continued studying without the support I have had from this service.



STUDENT CARE AND SPIRITUAL WELLBEING

The Student Care team includes Wellbeing Advisers (all are registered mental health professionals) and the Chaplains on each campus offering a broad range of expertise and skills. We have specialized advisors focusing on areas such as Māori, Pacific, International, Rainbow and Sexual Harm Prevention. We also receive significant funding from Health New Zealand to provide these services. We work closely with academic departments, counselling services and other student experience services to ensure you receive the highest level of care and support at Massey.

This year we have employed 12 TalkCampus ambassadors who are also trained buddies on the platform, to assist with outreach and marketing of the Wellbeing Services and of TalkCampus services

We can arrange a one-on-one meeting with you to discuss what's happening in your life and create a personalized support plan. Email studentcare@massey.ac.nz

Events and workshops

- Party smart – safe partying workshop
- Mental health awareness week
- Faith and wellbeing evenings
- Multi-faith gatherings through the chaplaincies
- Weekly chaplain pancake nights
- Fiafia nights on each campus
- Weekly International Postgraduate student lunches with attendance topping 200 most weeks
- International student mix-and-mingle
- Problem gambling outreach and education series
- "Know your Stuff" drug checking and awareness workshop
- Sexual harm awareness workshop
- Self-defence training
- Craft and korero events
- Ikura in a health setting and on-going presentations
- Pacific Leadership Conference - student transformative leadership
- Rainbow study squad weekly
- Student safety expo for international and domestic students
- Support sessions for international students impacted by natural disasters and conflict.

Some stats for 2025

STUDENT CARE	
Workshops and presentations delivered	149
Workshop attendees	4,566
Student Care wellbeing appointments with students	1,404
Student Care wellbeing appointments with staff supporting students	1,165
	7,284

SPIRITUAL WELLBEING	
Events held	387
Student interactions	13,584



TE RAU TAUAWHI

Māori student support

Te Rau Tauawhi supports Ākonga Māori at Massey University through guidance, advocacy, and connection. In 2025 our mahi strengthened the outcomes for students by creating spaces and experiences that build belonging, foster academic success, and ensure Māori students are visible and supported throughout their university journey.

Through our ongoing presence across campuses and online, we continue to be a trusted first point of contact for many tauira Māori, guiding them toward scholarships, wellbeing support, study support and pathways beyond university.

Ākonga Māori spaces

Our spaces — Nau Mai ki Pukeahu, SST1.09 ki Turitea and Te Whare Taupua ki Otehā — remain essential hubs for connection, cultural grounding, and support. Each space reflects Māori values of manaakitanga, whanaungatanga, and rangatiratanga.

SSF impact and collaboration

In 2025 Te Rau Tauawhi's dedicated SSF allocation allowed for stronger collaboration with university services, student associations and external specialist support. This funding supported targeted check ins, early engagement campaigns, distance outreach, scholarship outreach and personalised well-being and hardship support, all aligned with SSF priorities of wellbeing, academic achievement and student engagement.

The allocation also enabled consistent participation in Study Jams, orientation events, and ongoing kaiārahi (student mentor) support across the academic year.

Some stats for 2025

The 2025 data reflects the scale and depth of Te Rau Tauawhi mahi with over 15,000 interactions supporting Māori student success across campuses and online.

Through the SSF funding we've enhanced proactive engagement, reduced barriers to support, and deepened our relationships with tauira Māori.

TE RAU TAUAWHI	Number
Early engagement	3,072
Check in Semester 1	1,926
Nau Mai! Welcome to Semester 2	2,317
Study check in Semester 2	2,385
Scholarships	1,488
Services and support update	1,068
Study support	1,015
Academic support and guidance	771
Mentoring and connection initiatives	553
Other individual requests	447
Total interactions with Akonga Māori	15,042



“ Coming into Massey as a first year Māori student, I didn't know where to start. Te Rau Tauawhi made me feel like I had people who understood me and wanted to see me succeed. Their check ins and encouragement kept me on track. Bachelor of Arts student ”

“ When I reached out about scholarships and study support, I was surprised by how quickly someone from Te Rau Tauawhi got back to me. That personal touch made all the difference. Bachelor of Science student ”



PACIFIC STUDENT SUCCESS

Pacific Student Success is funded primarily by the university and receives some funding from the Student Services Fee to support pastoral care and engagement activities with students. These activities are designed to familiarise students with Pacific Student Success and engender a sense of community with Pacific students. The fund helps us to provide kai and wrap around support for students who are seeking extra assistance.

Activities

- Kai and Talanoa held weekly attended by an average of 30-40 students per event. The events organised to celebrate the Pasifika Language weeks: Rotuman, Cook Islands, PNG, Samoa Tonga, Tuvalu, Fiji, have also been well attended.
- Welcome lunch events in each of the campuses
- Pacific wellbeing online workshops
- Pacific hardship grants - providing critical, immediate financial relief to Pacific students facing unexpected difficulties.
- Specific staffing initiatives – casual and CoCA navigator
- Pacific Wellbeing Leadership conference hosted in partnership with the Student Wellbeing team
- Fiafia nights for engagement and support.

These events, planned in collaboration with your Te Tira Ahu Pae Pasifika reps, and at times with the Wellbeing Pacific coordinator, have been instrumental in enhancing student engagement and building a strong sense of belonging of Pasifika students here at Massey.

Some stats for 2025

PACIFIC STUDENT SUCCESS	Number
Early engagement comms Sem 1 + 2	750
Check in Semester 1	300
Welcome to Semester 1	150
Welcome to Semester 2	120
Fiafia night	600
Study check in Semester 2	150
Help process Pacific scholarships	30
Services and support update	150
Study support	650
Academic support and guidance	850
Mentoring and connection initiatives	40
Other individual requests	120
Total interactions with Pacific students	3,910

This high level of engagement has also translated to positive academic results. The Massey pass rates for Pasifika Internal students reported to be the highest in New Zealand tertiary institutions in 2024 at 82.9%, improving by 3.3% compared to 2023. This is a phenomenal achievement and it goes to show that all the activities undertaken by Pacific Student Success team have made a huge difference to our students' transition to uni and consequently their engagement and academic performance.





STUDENT ACHIEVEMENT SUPPORT

How we support you

Support before your first semester

We help new students get study and life ready, building confidence, setting up key systems and support networks, and creating a simple study plan. We also connect you with Prep4Study so you can begin your student journey with useful skills and know-how.

Early engagement with Stream

In the first weeks of each teaching period we run an early-engagement initiative to uncover any barriers and help resolve them. Using careful data analysis, we contact students who haven't yet connected with their courses to encourage first log-ins, early assessment planning, and quick problem-solving (eg access or tech issues).

One-on-one coaching (year-round)

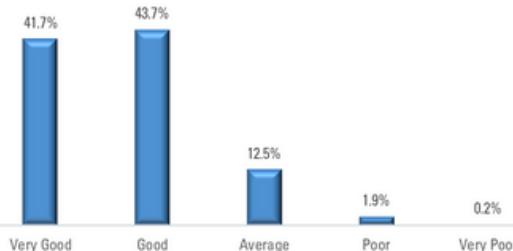
We offer individual coaching to clarify goals, prioritise tasks, and navigate Massey supports (Advisers, Library, Disability, Wellbeing/Counselling, Pacific/Māori services, Centre for Learner Success, etc). Sessions are practical and action-oriented, with brief notes recorded to keep everyone on track.

Returning from academic exclusion

We support students returning under academic progress regulations. From initial interview through to follow-up coaching, we co-design a realistic workload and support plan that helps you rebuild momentum and progress through your degree.

STUDENT ACHIEVEMENT SUPPORT	Cases
Pre-commencement coaching	560
Stream non-engagement call campaign	685
Short term support (less than 3 months)	2,007
Long term support (3 months or more)	204
Return from exclusion	178
Referral from staff	499
Student self referrals	169

Please rate the on campus or online programmes you attended - Prep4Study



Prep 4 Study is Massey's pre-semester Stream site that helps new students get study-ready, connect with peers and services, and become familiar with online learning at Massey. Students receive an invitation about six weeks before semester starts to join and work through short, practical activities at their own pace. The focus is on confidence with key systems, early study habits, and knowing where to get help.

I would like to say thanks for the help this year; it's changed my life around. The organisational stuff learnt from you has helped me a lot. Your advice and support made a huge impact on me and I'm excited to carry on with my study next year

There is no better word than a massive 'Thank you' and 'Fakafetai Lahi' for the coach's time and guidance. The response from them was practical and very helpful that it determined my getting a pass grade.

The structure and support offered through this model has had a significant and transformative impact on my study journey and life in general. The personalized guidance and check-ins keep me on track and motivated, especially during challenging periods.

I have read all the key and important takeaways from the Prep4Study and I think I am well prepared starting university.

I was really nervous but the Prep 4 Study emails giving me pieces at a time to look into and learn was fantastic.

RECREATION AND PHYSICAL WELLNESS

We understand the challenges tertiary study can bring and the importance of a holistic approach to student success. At Massey we can help support your recreation and physical wellness activities.

Programmes

Student physical wellbeing programmes are delivered at each campus, and include series such as:

- Breathe, Wahine Rise, Tane Rise and Synthesis series of programmes covered all aspects of Wellbeing and connection.
- Rec Rox, Get a Grip, Glucose and the Massey Steps challenges were available for those students wanting to challenge aspects of their physical fitness.

Usually four-to-six weeks long programmes or one-off challenges, these programmes help you develop confidence and skills in various areas of your physical wellbeing. Sign ups — 728 students.

Social leagues

We provide social sports league opportunities including netball, futsal, basketball, volleyball and badminton. These leagues help you stay connected to sport, as well as provide an opportunity for representative level athletes to stay in shape. Participation — 504 students.

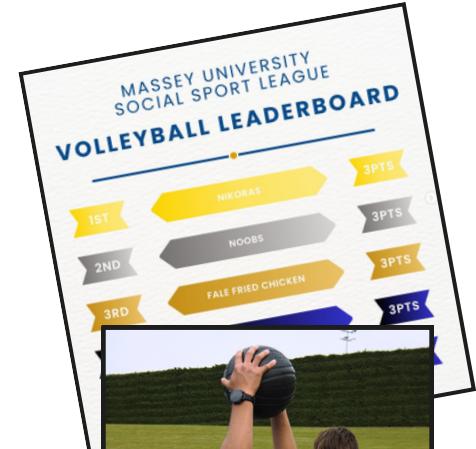
Facility usage

Club bookings — 4,006 hours.

Student use of courts (casual bookings) — 9,442 hours.

Green prescription

Green prescription health and wellbeing support: Doctors, nurses, counsellors, wellbeing advisors, and halls of residence staff can now refer students to their campus fitness facilities. We recognise students sometimes need a little encouragement and assistance to connect with us, and provide support across a range of individual, group, or social sport opportunities.



“

I became increasingly motivated to prioritise my mental and physical health, recognising that maintaining overall wellbeing was fundamental to sustaining academic focus and achieving personal growth. — Wahine Rise

Well organised, cool Instagram posts and easy to see information about when the next game is. — Social sports

“

This is a great way of meeting new students and students across the years. The velocity classes are great as there is small group of people and there is more one on one with the trainer.

STUDENT CLUBS

Te Tira Ahu Pae supports clubs by providing development workshops, offering start-up and operational support and advice, as well as administrating club finances. Clubs and cultural groups are the foundation of student culture and experience both on and off campus. Student clubs consist of students, alumni and community members however Massey students are key to the leadership and operation of the club.

Some stats for 2025

CLUB GRANTS	Number
Quarter 1	75
Quarter 2	60
Quarter 3	122
Quarter 4 (as at October)	15
Total	272

GRANT FUNDING BY CLUB TYPE	Amount
Academic	\$32,410
Cultural	\$39,764
Social	\$47,207
Sports	\$47,779
Total	\$167,160

AFFILIATED CLUBS	Number
Academic	7
Cultural	15
Social	54
Sports	24
Total	100



“It's given me a sense of community when I had none, beyond just study. The girls are working hard to create a great space for everyone, and it seems to be working! I love it. DiverseMinds@Distance

The club has held a significant amount of social events to bring people together as well as weekly trips to the great outdoors which significantly benefits international students. MU Alpine Club

This club has really been helpful with new events to making friends, being in new country with new people seemed difficult but here I got so many good people. MUA Indian Association

Student Events - Te Tira Ahu Pae



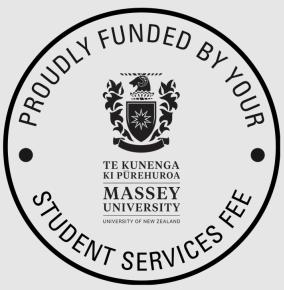
Te Tira Ahu Pae runs events on all three physical campuses as well as online. The Events team is made up of general event staff, Kaihāpai and Pasifika staff who work to ensure all student cohorts have opportunities to unwind and connect with other students.

Events include:

- Orientation social weeks
- Quiz nights
- Movie nights
- Balls
- Bar nights
- Hui a whānau
- Hui a marama
- Kai and talanoa
- Social sports

TE TIRA AHU PAE EVENTS HELD	Number
February	53
March	47
April	54
May	86
June	15
July	54
August	72
September	46
Total	427

TE TIRA AHU PAE EVENTS ATTENDANCE	General	Kaihāpai	Pasifika	Total
Auckland	9,009	782	1,578	11,369
Manawatū	10,968	765	1,420	13,153
Wellington	6,099	555	1,901	8,555
Distance	218	0	0	218
Total	26,294	2,102	4,899	33,295



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