



TE KUNENGA | MASSEY  
KI PŪREHUROA | UNIVERSITY  
UNIVERSITY OF NEW ZEALAND

# POSTGRADUATE PSYCHOLOGY



2026 Qualification Guide

## Bachelor Honours

BA (Hons) (Psychology)  
BSc (Hons) (Psychology)

## Postgraduate Certificates

PGCertArts (Psychology)  
PGCertScTech (Psychology)

## Postgraduate Diplomas

PGDipArts (Psychology)  
PGDipScTech (Psychology)  
PGDipHlthSc (Psychology)

## Masters Degrees

MA (Psychology)  
MSc (Psychology)  
MSc (Health Psychology)  
Master of Health Science (Psychology)  
Master of Clinical Psychology

## Postgraduate Diploma in Psychological Practice

## Doctorates

Doctor of Philosophy (PhD)  
Doctor of Clinical Psychology



**School of Psychology**

Te Kura Hinengaro Tangata

Updated November 2025

# Contents

## Ngā Ihirangi

### Psychology

- 05 School of Psychology: Te Kura Hinengaro Tangata
- 06 Overview of Postgraduate Study
- 07 Message from the Head of School
- 08 Bicultural Focus in the School of Psychology
- 08 Useful web pages

### Qualifications

- 09 Qualifications
- 10 Postgraduate Psychology Qualifications at a Glance
- 11 Overview of Postgraduate Pathways
- 13 Compulsory requirements

### Specialisations in Psychology

- 14 Industrial/ Organisational (I/O) Psychology
- 14 The Health Psychology Pathway
- 15 The Clinical Psychology Pathway
- 15 The Postgraduate Diploma in Psychological Practice
- 15 Other Focus Areas in Psychology
- 15 Critical Psychology
- 16 Experimental Psychology

### Research Clusters

- 17 Joint Centre for Disaster Research
- 17 Affect, Cognition and Environment - ACE
- 17 Health and Ageing Research Team - HART
- 17 The Centre for Indigenous Psychologies
- 17 Enhancing Participation and Inclusive Change - EPIC
- 18 Navigate in Unity Pacific Approaches to Community Humanitarianism - NIUPATCH

## Postgraduate Qualifications in Psychology

- 19 Important notes
- 19 Honours Degrees [BA (Hons) / BSc (Hons)]
- 19 Postgraduate Certificates (PGCertArts / PGCertScTech)
- 19 Postgraduate Diplomas (PGDipArts / PGDipScTech / PGDipHlthSc)

## Masters Degrees

- 20 Master of Arts (MA)
- 20 Master of Science (MSc)
- 21 Master of Science (Health Psychology)
- 21 Master of Health Science (Psychology)
- 21 Master of Clinical Psychology (MClinPsych)

## The Postgraduate Diploma in Psychological Practice

- 22 The Postgraduate Diploma in Psychological Practice

## Doctoral Degrees

- 23 Doctor of Philosophy (PhD)
- 23 Doctor of Clinical Psychology (DClinPsych)

## Postgraduate Psychology Courses

- 24 Course Duration
- 24 Grade Average Calculation
- 24 Understanding Course Numbers
- 25 List of 700-level Postgraduate Psychology Courses and Honours/ Masters research courses

## Frequently Asked Questions

- 35 Helpful People

## Sign Up

- 36 Admission and Enrolment
- 36 Admission Deadlines for 2026
- 36 Fees
- 36 Psychology Academic Advisor
- 37 Contact Information for Our Campuses



# School of Psychology

## Te Kura Hinengaro Tangata



### Overview

The size and diversity of Massey's School of Psychology – Te Kura Hinengaro Tangata creates a rich variety of courses, specialisations and research activities. The School has three campuses – in Auckland, Palmerston North and Wellington – and a strong tradition of online and distance learning.

Our staff ([www.massey.ac.nz/massey/expertise/college-staff-lists/college-of-humanities-and-social-sciences/school-of-psychology-staff/all-staff\\_home.cfm](http://www.massey.ac.nz/massey/expertise/college-staff-lists/college-of-humanities-and-social-sciences/school-of-psychology-staff/all-staff_home.cfm)) are active and innovative researchers in most contemporary fields of psychological inquiry. We are each highly committed to our chosen area of scholarship, to working collaboratively, and to our roles as teachers and mentors.

### New Zealand - Massey Campuses

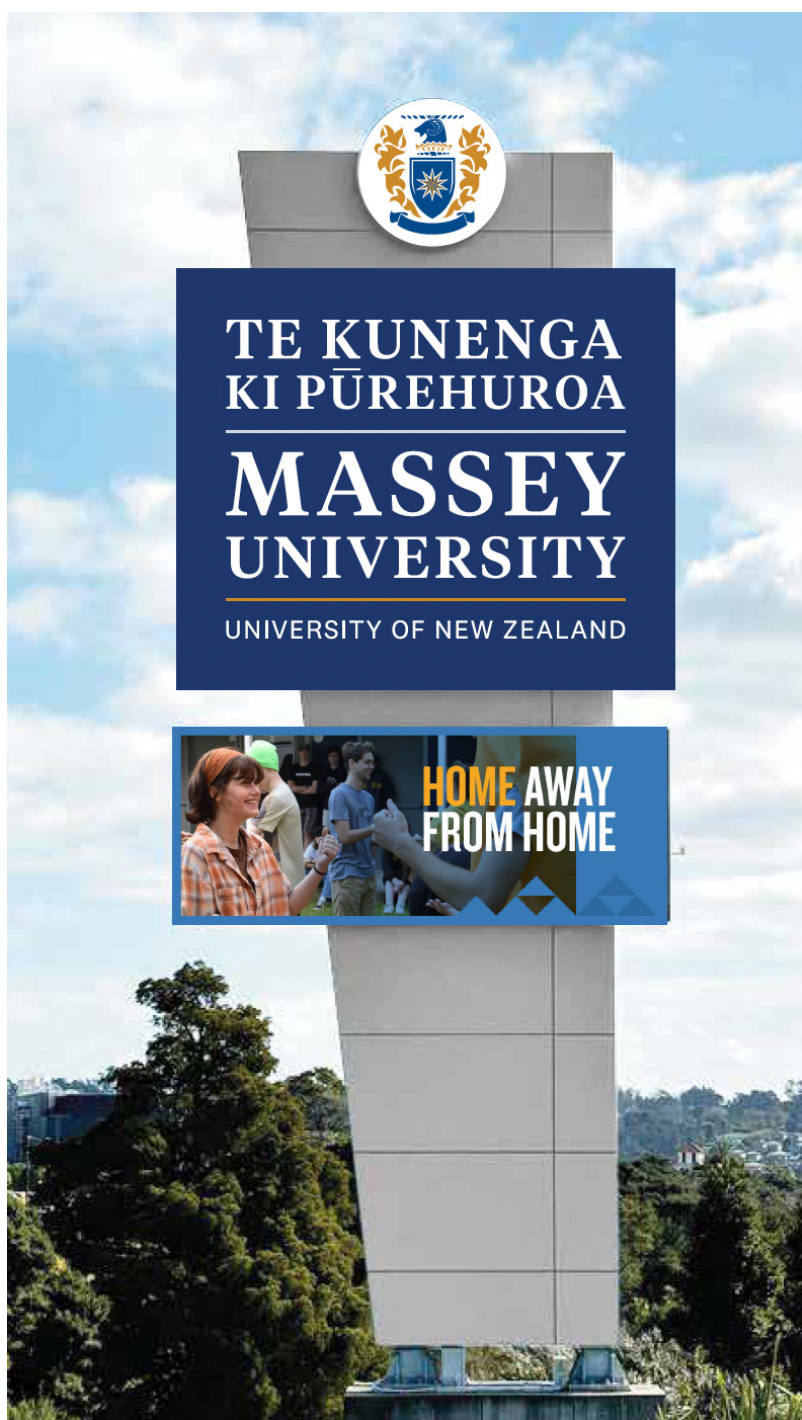


# Overview of Postgraduate Study

To begin, we have a recording on the overview of the qualifications we offer here at the School of Psychology, Massey University: <https://webcast.massey.ac.nz/Mediasite/Play/ccc730f0b41448ad95327390da7c71701d>.

## Graduates in psychology may enrol in:

- Postgraduate Certificates in Arts or Science and Technology
- Bachelor of Arts with Honours
- Bachelor of Science with Honours
- Postgraduate Diplomas in Arts, Science and Technology, or Health Science
- Master of Arts
- Master of Science
- Master of Science (Health Psychology)
- Master of Health Science (Psychology)
- Master of Clinical Psychology (part of the Clinical Psychology training programme)
- Postgraduate Diploma in Psychological Practice
- Doctor of Philosophy (PhD)
- Doctor of Clinical Psychology



# Message from the Head of School

Kia ora koutou,

Welcome to all of you who are interested in postgraduate study with Te Kura Hinengaro Tangata, the School of Psychology at Massey University

Ours is a large School with three campuses, in Wellington, Palmerston North and Auckland and a strong distance learning programme at postgraduate level. Your lecturers are active researchers, highly committed to their chosen area of scholarship as well as to their role as teachers and mentors. Our interests encompass most of the contemporary fields of psychological inquiry and we have a strong emphasis on applied and professional psychology.

Although we have unique interests, we work collaboratively to create comprehensive and supportive learning environments for students. We value Massey University's commitments to te Tiriti o Waitangi, to distance education, and to meeting the needs of students from diverse backgrounds and circumstances. We believe in the mutual benefit for all cultures of commitments to te Tiriti, as these have direct relevance to the application of psychological knowledge for everyone's well-being in Aotearoa/New Zealand. We encourage the pursuit of psychologies that are informed by indigenous and other culturally diverse perspectives unique to this country. Our respect for diversity also encompasses a variety of approaches to the discovery of new knowledge.

The size and diversity of our School creates an exciting variety of courses and qualifications, at postgraduate level. It can also make for quite a confusing array of opportunities for students, which is why careful attention to this prospectus is so important. In it you will find descriptions of Postgraduate Diplomas, Masters and Doctoral qualifications that are designed for advanced education within our discipline. You will also find information on pathways with professional and applied psychology. In valuing diversity and providing a variety of qualifications to meet your personal interests and goals, we also share and encourage serious scholarship, innovative and thoughtful research and a collegial culture within our discipline.

Most of all we want you to enjoy your study with us: postgraduate students are the future of our discipline and we hope you will find postgraduate study as inspiring and fascinating as it has been to all of us.

Ngā manaakitanga,

**Prof. Kirsty Ross**

Head of School | School of Psychology | Massey University

## Bicultural Focus in the School of Psychology

As part of Massey University's commitment to Te Tiriti o Waitangi (the Treaty of Waitangi), the School of Psychology is developing a bicultural focus as an integral part of the qualifications offered.

The **Centre for Indigenous Psychologies** and Māori staff have an important role in facilitating the development of this focus within the School. We provide dedicated Māori resource rooms and study spaces and tutorials for Māori and Pacific students.

Bicultural perspectives are central to our Indigenous Psychologies programme. Students can complete a minor or a diploma in Indigenous Psychologies or they can incorporate any of our three indigenous psychology courses into their degrees. Our course, **Ngā Tirohanga Rua o te Taha Hinengaro: Bicultural Perspectives in Psychology** in particular focuses on the bicultural nature of psychology.

We expect that all participants in our qualifications (both staff and students) will recognise that Psychology has an on-going responsibility, through teaching and research qualifications, to promote genuine Māori participation in the discipline in a manner consistent with Māori aspirations and processes. We anticipate building our capacity for bicultural knowledge and practice through active involvement of all staff and students.

## Useful web pages

<b>Postgraduate study page:</b>	<a href="https://www.massey.ac.nz/study/find-a-subject-course-or-qualification/study-psychology-and-mental-health/postgraduate-psychology-study/">https://www.massey.ac.nz/study/find-a-subject-course-or-qualification/study-psychology-and-mental-health/postgraduate-psychology-study/</a>
<b>School of Psychology:</b>	<a href="https://psychology.massey.ac.nz/">https://psychology.massey.ac.nz/</a>
<b>Massey University:</b>	<a href="https://massey.ac.nz">https://massey.ac.nz</a>
<b>School of Psychology staff:</b>	<a href="https://www.massey.ac.nz/massey/expertise/college-staff-lists/college-of-humanities-and-social-sciences/school-of-psychology-staff/all-staff_home.cfm">https://www.massey.ac.nz/massey/expertise/college-staff-lists/college-of-humanities-and-social-sciences/school-of-psychology-staff/all-staff_home.cfm</a>

# Qualifications

There are a LOT of different qualifications you can do at Massey after you have completed your bachelor's degree with a major in psychology. Here is some advice for helping you decide which qualification is best for you. At some point during your Bachelors degree, you should have figured out which area of psychology you wish to pursue your career in. For some, this may still be an open question. If, after reading this, you're still not sure what you should do contact our Psychology Academic Advisor (see the contact information at the end of this Prospectus).

This prospectus describes the postgraduate qualifications available in the School of Psychology. The Massey University Calendar contains the official regulations governing qualifications and can also be consulted (available online at <https://www.massey.ac.nz/calendar/>).

Links to all of our postgraduate qualifications can be found here:

- Postgraduate Certificate in Arts  
<https://www.massey.ac.nz/study/all-qualifications-and-degrees/graduate-certificate-in-arts-GCART/psychology-GCART1EPSYC1/>
- Postgraduate Certificate in Science and Technology  
<https://www.massey.ac.nz/study/all-qualifications-and-degrees/postgraduate-certificate-in-science-and-technology-PCSCN/>
- Bachelor of Arts with Honours  
<https://www.massey.ac.nz/study/all-qualifications-and-degrees/bachelor-of-arts-honours-PHART/psychology-PHART1SPSYC1/>
- Bachelor of Science with Honours  
<https://www.massey.ac.nz/study/all-qualifications-and-degrees/bachelor-of-science-honours-PHSCN/psychology-PHSCN1SPSYC1/>
- Postgraduate Diploma in Arts  
<https://www.massey.ac.nz/study/all-qualifications-and-degrees/postgraduate-diploma-in-arts-PDART/psychology-PDART1EPSYC1/>
- Postgraduate Diploma in Science and Technology  
<https://www.massey.ac.nz/study/all-qualifications-and-degrees/postgraduate-diploma-in-science-and-technology-PDSCN/psychology-PDSCN1EPSYC1/>
- Postgraduate Diploma in Health Science  
<https://www.massey.ac.nz/study/all-qualifications-and-degrees/postgraduate-diploma-in-health-science-PDHLS/psychology-PDHLS1EPSYC1/>
- Master of Arts  
<https://www.massey.ac.nz/study/all-qualifications-and-degrees/master-of-arts-PMART/psychology-PMART1SPSYC1/>
- Master of Science  
<https://www.massey.ac.nz/study/all-qualifications-and-degrees/master-of-science-PMSCN/psychology-PMSCN1SPSYC2/>
- Master of Science endorsed in Health Psychology  
<https://www.massey.ac.nz/study/all-qualifications-and-degrees/master-of-science-PMSCN/psychology-health-psychology-PMSCN1SPSHP2/>
- Master of Health Science (Psychology)  
<https://www.massey.ac.nz/study/all-qualifications-and-degrees/master-of-health-science-PMHLS/psychology-PMHLS1SPSYC1/>
- Master of Clinical Psychology  
(part of the Clinical Psychology training programme)  
<https://www.massey.ac.nz/study/all-qualifications-and-degrees/master-of-clinical-psychology-PMCLP/>
- Postgraduate Diploma in Psychological Practice  
<https://www.massey.ac.nz/study/all-qualifications-and-degrees/postgraduate-diploma-in-psychological-practice-PDPSP/>
- Doctor of Philosophy (PhD)  
<https://www.massey.ac.nz/study/all-qualifications-and-degrees/doctor-of-philosophy-PLPHD/>
- Doctor of Clinical Psychology  
<https://www.massey.ac.nz/study/all-qualifications-and-degrees/doctor-of-clinical-psychology-PTCLP/>

## Postgraduate Psychology Qualifications at a Glance

*Note that an undergraduate major in psychology is required for all postgraduate psychology qualifications and courses.*

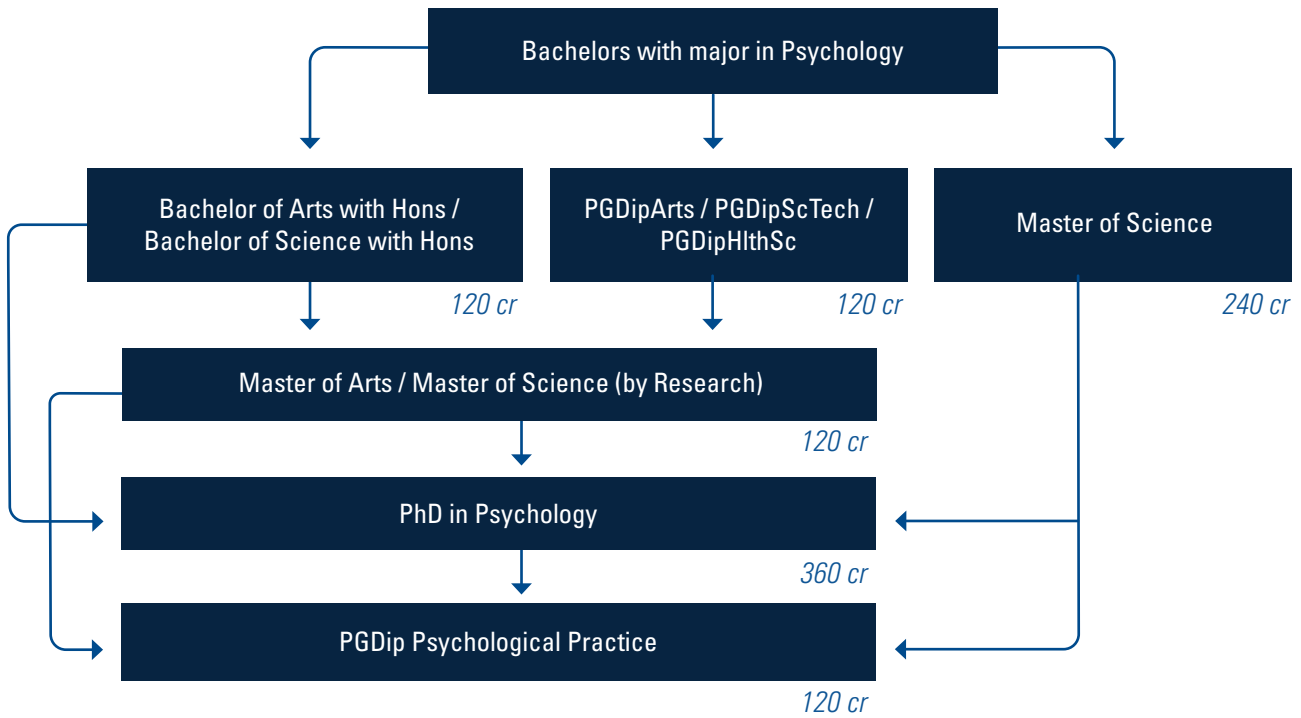
Duration	Total Credits	Pre-requisite	Time to completion		
			Full time	Part-time	Max
Bachelor of Arts (Honours) (Psychology) Bachelor of Science (Honours) (Psychology)	120	Min. B+ for 300 level psychology courses	1	2	3
Postgraduate Certificate (Arts) Postgraduate Certificate (Science and Technology)	60		0.5	2	2
Postgraduate Diploma in Arts (Psychology) Postgraduate Diploma in Science and Technology (Psychology) Postgraduate Diploma in Health Science (Psychology)	120	Min. B- for 300 level psychology courses	1	3 years (4 without Distinction/Merit)	4
Master of Arts (Psychology) Master of Health Science (Psychology)	180	Entry: B across 300-level psychology courses Progression to coursework or professional pathway: B over 700-level courses Progression or direct entry to Research pathway: B+ over 700-level courses	1.5	4 years (5 without Distinction/Merit)	5
Master of Science (Psychology) Master of Science (Psychology – Health Psychology)	240	Entry: B across 300-level psychology courses Progression or direct entry to research pathway: B+ over 700-level courses	2	4	6
Master of Clinical Psychology	240	Contact the programme coordinator for information	2	4	6
Postgraduate Diploma in Psychological Practice	120	Min. B+ for psychology postgraduate courses & thesis (min 90 credits each)	1	2	
Doctor of Philosophy Doctor of Clinical Psychology	360	Contact the Graduate Research School for information	3-4	4-6	

Students are generally encouraged to follow the qualification pathway that matches their undergraduate degree: Arts graduates follow the Arts pathway, Science graduates follow the Science pathway.

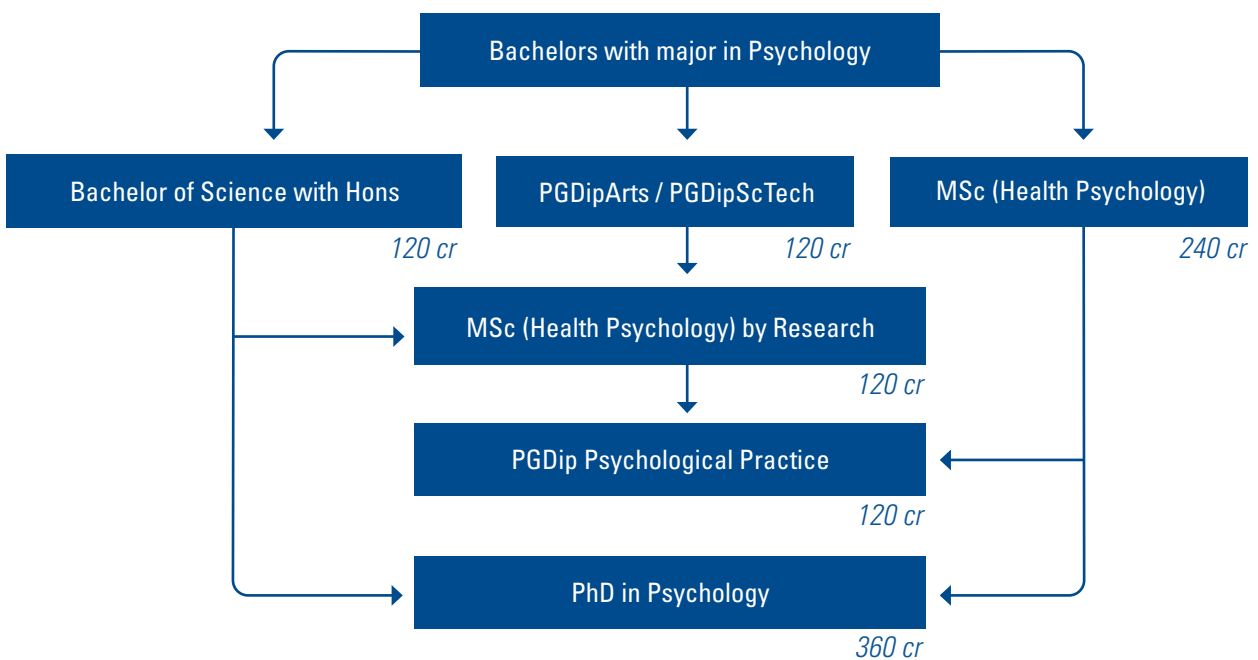
It is important to remember that if you choose not to enrol for study in any particular semester, unless you apply for an extension, that time is counted toward your completion date. If you choose to take time out from study, please contact your supervisor in the first instance. For thesis or research projects, you need to be enrolled continuously until you submit your completed thesis or project.

## Overview of Postgraduate Pathways

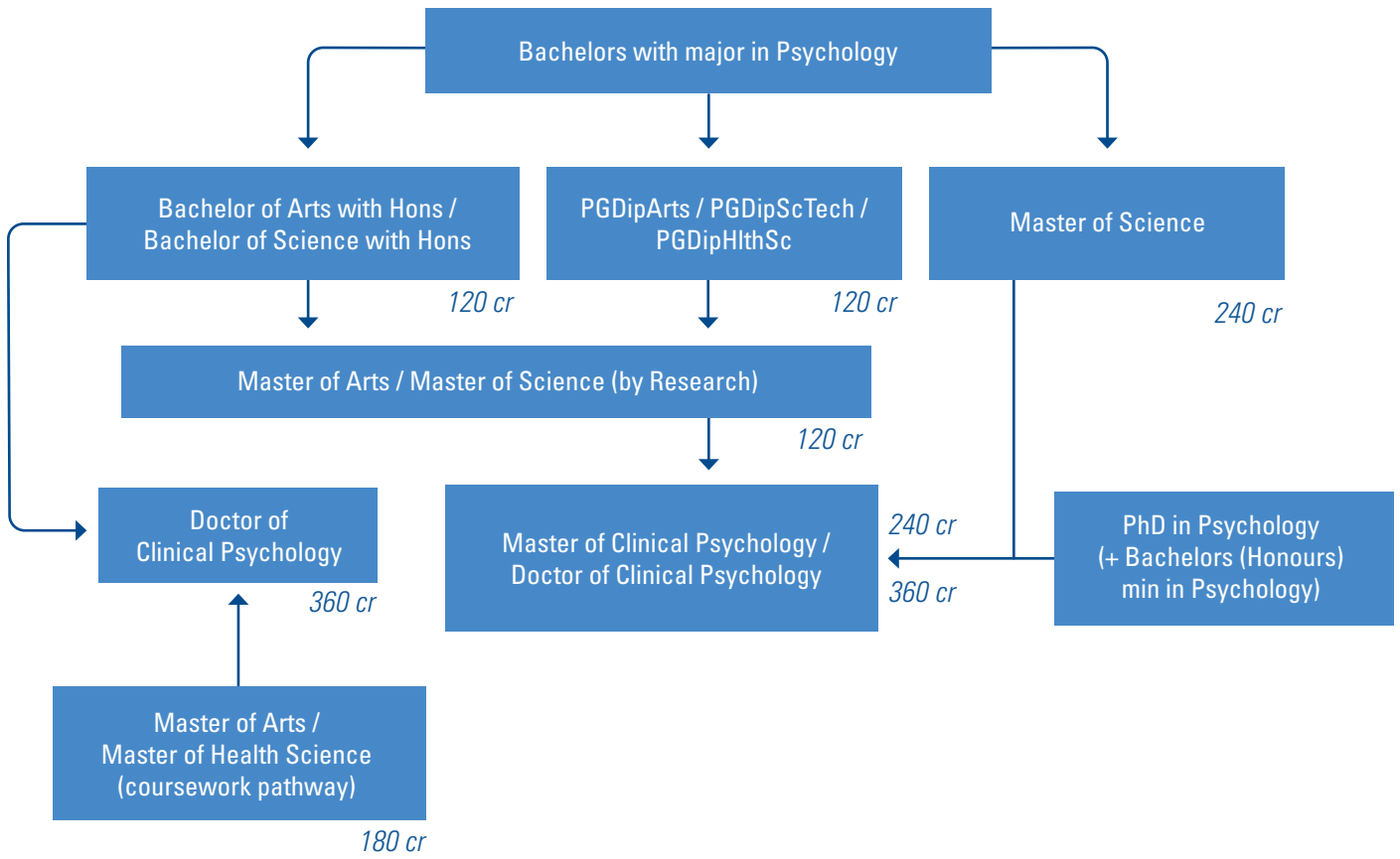
### Industrial/Organisational Psychology (& Other Psychology Pathways)



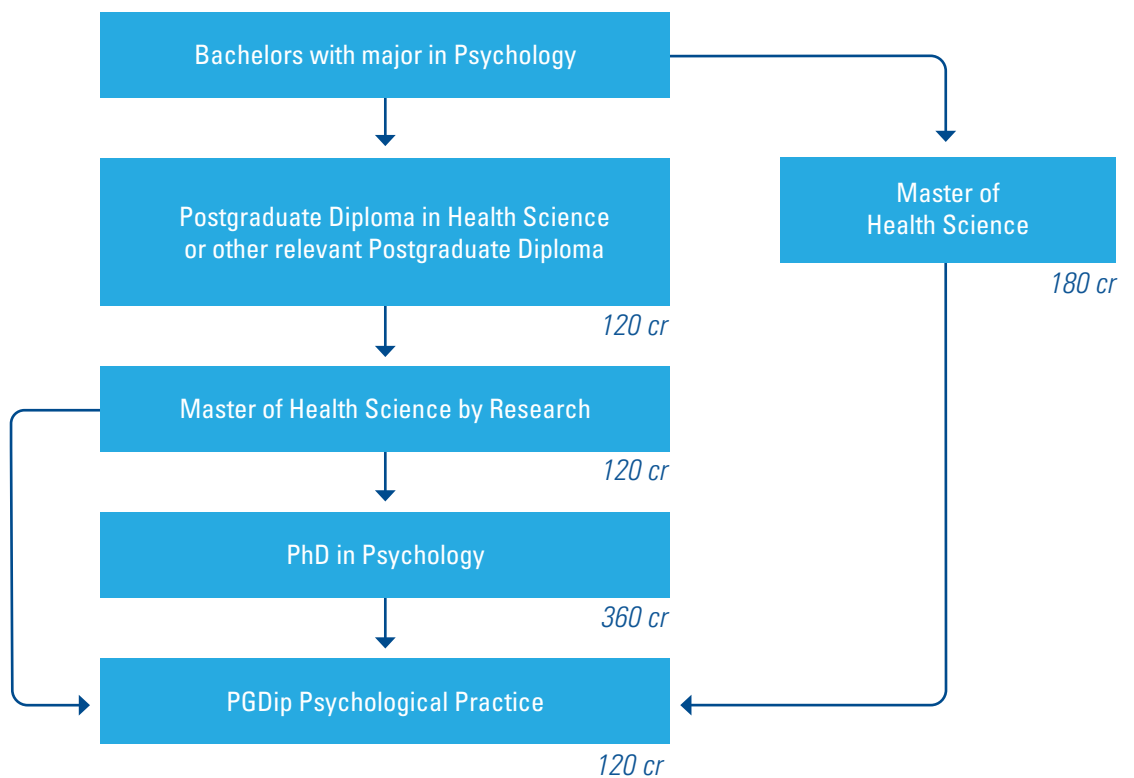
### Health Psychology



## Clinical Psychology



## Health Science



# Compulsory requirements

## Rule No. 1:

You NEED to have an undergraduate degree majoring in psychology to do postgraduate qualifications or courses in the School of Psychology.

If you do not have a major in psychology, there is still a way to go about it.

You can enrol in the Graduate Diploma in Arts or Graduate Diploma in Science and Technology, at Massey University and take eight (8) undergraduate courses (120 credits) which will give you the equivalent of a Psychology major. You should be able to complete it in one (1) year studying full-time.

You may find more information here:

<https://www.massey.ac.nz/study/find-a-subject-course-or-qualification/study-psychology-and-mental-health/postgraduate-psychology-study/>

## Rule No. 2:

You NEED to satisfy all entry requirements including the minimum grades required.

If you do not have these, there is still a way to go about it.

You can enrol in the Certificate of Proficiency Undergraduate (CPUND) to a maximum of four undergraduate courses (60 credits) or Certificate of Proficiency Postgraduate (CoP Postgraduate) to a maximum of two postgraduate courses (30 credits) at Massey University which may help you to raise your grades.

You may take the CoP at undergraduate level to try to raise your undergraduate grade average to enter a postgraduate qualification. The CoP at postgraduate level may be a way to improve your postgraduate grade average to progress, for example to part 2 of a Masters degree. You may find more information here:

<https://www.massey.ac.nz/study/all-qualificationsand-degrees/certificate-of-proficiencyundergraduate-CPUND/>

<https://www.massey.ac.nz/study/all-qualifications-and-degrees/certificate-of-proficiency-postgraduate-CPPST/>

# Specialisations in Psychology

Psychology is a very diverse discipline with many different specialisations. Undergraduate psychology degrees are designed to give students a broad overview of the discipline. At postgraduate level many students decide to specialise in one area of psychology. The School of Psychology offers postgraduate students defined schemes of study in three applied areas: Industrial/Organisational (I/O) Psychology, Health Psychology, and Clinical Psychology. You may find more information here: <https://www.massey.ac.nz/study/find-a-subject-course-or-qualification/study-psychology-and-mental-health/postgraduate-specialisations-in-psychology/>.

Students can also focus on Critical Psychology, Experimental Psychology, and Disaster Management.

Students do not have to specialise and are free to select their courses from the full range of 700 level courses within the Honours / Masters list.

## Industrial/ Organisational (I/O) Psychology

### What is Industrial / Organisational Psychology?

Industrial / Organisational Psychology, sometimes referred to as Work Psychology, Organisational Psychology, or Occupational Psychology, applies psychological theories, principles and models to organisations and people who are or who want to be in work. Industrial / Organisational psychologists contribute to organisational and employee success through a wide range of activities such as career guidance and support, coaching, recruitment and selection, employee engagement, organisational change, team and leadership development, motivation, job satisfaction, health and safety in the workplace, and the overall health and wellbeing of employees.

There is a free online practitioner community called IONet which students are welcome to join, and the Industrial Organisational Special Interest Group (IOSIG) hosts regular events in Auckland and Christchurch which are also open

for students to attend at a discounted rate. Membership of IONet and attendance at events are wonderful opportunities for students to network with practitioners. In addition, job opportunities are regularly posted to IONet, so interested students should join to take advantage of those opportunities when they arise.

To join IONet, click on: <https://groups.google.com/forum/#!forum/ionet> then click on "subscribe to this group" link and follow the instructions.

## The Health Psychology Pathway

### What is Health Psychology?

Health Psychology seeks to understand the psychological processes underlying health and illness and to apply this knowledge to enhance health, improve health care and develop health-related policies. It can be applied across the lifespan, to the promotion of health, prevention of illness and to improving outcomes for those who are ill. Massey recently celebrated 30 years of Health Psychology, making this one of the most established Health Psychology programmes in the country.

Health Psychology consists of various pathways: Health psychology as primary focus; health psychology with policy options; health psychology with organisational focus; and health psychology with options to support professional practice training. Please visit here for more information: <https://sites.google.com/view/chp-practicum/employment-registration?authuser=0>

Students are from across the country and are supported as a community of learners through an online site and monthly drop in sessions with the programme director. Students are invited to join the International Society for Critical Health Psychology website <https://ischp.net/>. To subscribe to this list, send an email to: [sympa@lists.massey.ac.nz](mailto:sympa@lists.massey.ac.nz) with the following in either the subject or body of their email: SUBSCRIBE ISCHP

Further information about health psychology at Massey is here: <https://www.massey.ac.nz/study/all-qualifications-and-degrees/master-of-science-PMSCN/psychology-health-psychology-PMSCN1SPSHP2/>

## The Clinical Psychology Pathway

### Introduction to Clinical Psychology Training

The Clinical Psychology Training Programme consists of the Master of Clinical Psychology and Doctor of Clinical Psychology qualifications. These qualifications provide training that leads to the professional identity of a clinical psychologist. Training is currently offered at the Manawatū, Albany, and Wellington campuses.

The courses offered reflect our School's commitment to incorporating a range of perspectives. The staff involved in clinical psychology training have a wide range of experience and interests, and approach clinical work from different theoretical frameworks. It is hoped that during their involvement in training, students will formulate an approach to understanding human behaviour which has a strong theoretical base and which can serve as a guide in their professional career. Clinical training is based on the scientist-practitioner model, which emphasises the need for clinical psychologists to have a strong research background as well as clinical skills. We also have a commitment to the principles embodied in the Treaty of Waitangi and aim to produce clinicians who are sensitive to the needs of people from diverse backgrounds and across the lifespan.

Clinical Psychology Training at Massey University, in common with most clinical training in New Zealand, aims to produce clinicians capable of working in any clinical setting. For this reason the qualifications require a broad base of experience rather than a focus on particular speciality areas.

Successful completion of Clinical Psychology training leads to the professional identity of a clinical psychologist. Massey University offers two pathways to registration in clinical psychology, the clinical doctorate (DClinPsych) and the Master of Clinical Psychology (MClinPsych).

To be accepted into the DClinPsych qualification, students must have completed EITHER an Honours OR Masters degree with a 120 credit thesis (Research pathway) OR Masters degree with a 180 credit (Coursework pathway) and which includes the pre-requisite courses, and met the grade average requirement. The DClinPsych is a three year full-time course of study.

To be accepted into the MClinPsych qualification, students must have already completed EITHER a 240 credit Masters

degree which includes a 120 credit thesis OR a PhD in Psychology, including the pre-requisite courses. The MClinPsych is a two-year course of study.

Admission to Clinical Psychology Training is decided by a Selection Committee. The competitive selection process will normally occur towards the end of the Honours OR Masters year. However, occasionally provisional admission to the Clinical Programme can occur after the completion of the Bachelors degree.

Information about the Master of Clinical Psychology is here: <https://www.massey.ac.nz/study/all-qualifications-and-degrees/master-of-clinical-psychology-PMCLP/>

Information about the Doctor of Clinical Psychology is here: <https://www.massey.ac.nz/study/all-qualifications-and-degrees/doctor-of-clinical-psychology-PTCLP/>

You can download the Clinical Psychology Programme Manual from <https://www.massey.ac.nz/study/find-a-subject-course-or-qualification/study-psychology-and-mental-health/postgraduate-specialisations-in-psychology/>

If you would like further information, please contact the Director of Clinical Psychology Training on [Psych.Clin.Coordinator@massey.ac.nz](mailto:Psych.Clin.Coordinator@massey.ac.nz).

## The Postgraduate Diploma in Psychological Practice

This qualification offers a pathway to registration, and includes an internship that enables you to meet the competency requirements to be eligible for registration to practise under the Psychologist Scope of Practice. However, it does not include clinical psychology training.

To apply, students must have completed a minimum of 180 credits of postgraduate study, including a thesis of at least 90 credits, postgraduate courses of at least 90 credits, with a minimum of B+ grade average.

More information can be found here: <https://www.massey.ac.nz/study/all-qualifications-and-degrees/postgraduate-diploma-in-psychological-practice-PDPSP/>

## Other Focus Areas in Psychology

### Critical Psychology

Critical psychology investigates how individuals' thoughts, emotions, and actions are shaped by their cultural, social, and historical contexts, while also examining the interactions between knowledge and power in society. It is one of the strengths of our postgraduate programme. Key courses

include: 175.718 *Postmodernism and Psychology*; 175.720 *Advanced Psychology of Women*; 175.743 *Health: The Social Context*; 175.739 *Health Psychology: Understanding Health and Illness*; 175.744 *Health Psychology: Promoting Health*; 175.725 *Advanced Social Psychology*; and 175.750 *Qualitative Methods in Psychology*. Staff in the school also supervise a range of critical thesis topics at the Honours, Masters and PhD levels. Critical psychology encompasses both scholarly criticisms and applied endeavours to addresses a range of social issues.

Students interested in this area should contact Darrin Hodgetts: [D.J.Hodgetts@massey.ac.nz](mailto:D.J.Hodgetts@massey.ac.nz), or Tracy Morison [T.Morison@massey.ac.nz](mailto:T.Morison@massey.ac.nz) for critical psychology as it applies to health, or Leigh Coombes [L.Coombes@massey.ac.nz](mailto:L.Coombes@massey.ac.nz) for critical psychology and how it applies to violent conditions of everyday lives.

### Experimental Psychology

Research in experimental psychology tends to be theory-driven, meaning researchers are interested in building and testing explanations for psychological phenomena, improving our understanding of human nature and developing evidence-based practices within psychology and related disciplines (e.g., education, public health).

The experimental psychologists at Massey are a friendly bunch who have research strengths in the areas of affective neuroscience, cognition, and social psychology. They actively collaborate with a variety of other disciplines including public health, sports and exercise science, food and nutrition, education, and biological sciences.

Students who wish to focus on experimental psychology for their Honours or Masters degree should consider taking 175.746 *Psychological Research: Quantitative Data Analysis*. In addition to coursework, the experimental psychology staff encourage students to develop practical research skills and professional proficiencies through our regular seminars, research meetings, and attendance at academic conferences.

Students interested in this area should contact any of the following people:

Matt Williams: [M.N.Williams@massey.ac.nz](mailto:M.N.Williams@massey.ac.nz)  
Stephen Hills: [S.R.Hill@massey.ac.nz](mailto:S.R.Hill@massey.ac.nz)  
Kealagh Robinson: [K.Robinson2@massey.ac.nz](mailto:K.Robinson2@massey.ac.nz)  
Ute Kreplin: [U.Kreplin@massey.ac.nz](mailto:U.Kreplin@massey.ac.nz)  
Corinne Bareham-Waldock: [C.Bareham-Waldock@massey.ac.nz](mailto:C.Bareham-Waldock@massey.ac.nz)



# Research Clusters

Our researchers in the field of psychology help to make sense of the human impact on the world in which we live. The School of Psychology has a few research clusters which encourages serious scholarship, innovative and thoughtful research, and collegial culture: <https://www.massey.ac.nz/about/colleges-schools-and-institutes/college-of-humanities-and-social-sciences/research-in-the-college-of-humanities-and-social-sciences/psychology-research/>

## Joint Centre for Disaster Research

Emergency Management focuses on the organisation of communities to respond to disasters, survive them, rebuild social structures and infrastructure, and sustain and preserve life. The School of Psychology includes the Joint Centre for Disaster Research, a research centre within Massey, which provides opportunities for research and teaching in emergency management and disaster research. For more information, see: <https://www.massey.ac.nz/research/research-centres/joint-centre-for-disaster-research/>

The School of Psychology offers the following qualifications in Emergency Management:

Graduate Certificate in Emergency Management:  
<https://www.massey.ac.nz/study/all-qualifications-and-degrees/graduate-certificate-in-emergency-management-GCEMM/>

Postgraduate Certificate in Emergency Management:  
<https://www.massey.ac.nz/study/all-qualifications-and-degrees/postgraduate-certificate-in-emergency-management-PCEMM/>

Graduate Diploma in Emergency Management:  
<https://www.massey.ac.nz/study/all-qualifications-and-degrees/graduate-diploma-in-emergency-management-GDEMM/>

Postgraduate Diploma in Emergency Management:  
<https://www.massey.ac.nz/study/all-qualifications-and-degrees/postgraduate-diploma-in-emergency-management-PDEMM/>

Master of Emergency Management:  
<https://www.massey.ac.nz/study/all-qualifications-and-degrees/master-of-emergency-management-PMEMM/>

## Affect, Cognition and Environment - ACE

A group of researchers from the School of Psychology at Massey University who do research concerned with affect/emotion, human cognition, and the environment. They primarily use quantitative (and particularly experimental) methods in our research, and we have a strong interest in open science practices. You may find more information here: <https://sites.massey.ac.nz/acecluster/>

## Health and Ageing Research Team – HART

The Health and Ageing Research Team (HART) is an interdisciplinary group of researchers doing research projects related to health and ageing in Aotearoa New Zealand. The team has been carrying out research to understand the status and determinants of health and wellbeing for older Aotearoa New Zealand adults since 2006.

The research projects relate to health and ageing in Aotearoa and use quantitative and qualitative methodologies. You may find more information here: <http://www.massey.ac.nz/hart/>

## The Centre for Indigenous Psychologies

The Centre for Indigenous Psychologies is an inclusive physical and intellectual space where, through our teaching and research, Indigenous Psychologies are embraced, experienced, understood and developed in ways that can benefit all communities. You may find more information here <https://www.indigenuspsychologies.nz/>

## Enhancing Participation and Inclusive Change – EPIC

This research collective encompasses a diverse federation of like-minded, interdisciplinary scholars engaged in various research, teaching, and praxis activities centred around enhancing participation and inclusive change.

This interdisciplinary research cluster function as a community of scholars seeking to contribute to a socially and psychologically healthier society; be of service to aligned

communities, organisations and society; develop, share and apply knowledge as a collective; engage in participative research with various marginalised persons and communities; support the sustainability of communities and services; support the development of emerging applied scholars; and pursue excellence in teaching at undergraduate and graduate levels. You may find more information here: <https://www.massey.ac.nz/about/colleges-schools-and-institutes/college-of-humanities-and-social-sciences/research-in-the-college-of-humanities-and-social-sciences/psychology-research/epic-collective-enhancing-participation-and-inclusive-change/>

## Approaches to Community Humanitarianism - NIUPATCH

NIUPATCH stands for Navigate in Unity: Pacific Approaches to Community-Humanitarianism. It shines the light on how Pacific diasporic communities throughout Aotearoa/New Zealand and abroad respond to disaster and humanitarian challenges. We do this through the exchange of practice, ideas, projects and research.

As a central village of Pacific research, practice and innovation in Massey University's School of Psychology, NIUPATCH is the Pacific-arm of the Joint Centre for Disaster Research (JCDR), Health and Ageing Team (HART) and Ending Poverty and Inequality Cluster (EPIC).

You may find more information here:  
<https://www.niupatch.com/our-story/>



# Postgraduate qualifications in Psychology

## Important Notes

### Research Supervision

Honours and Masters degrees in Psychology include a research component. ALL students who are planning to do Honours or Masters research are encouraged to begin looking for potential supervisors for their research projects and theses as soon as is practical. The School may not always be able to provide supervision in a topic area or to provide a specific staff member for supervision of a project or thesis.

### Progression to training qualifications for registration as a psychologist

A Masters degree of 180 credits does not generally meet the entry criteria for professional training qualifications such as the Master of Clinical Psychology.

If you are looking to progress to a training qualification which will lead to registration as a psychologist, you will generally need to do 240 credits of postgraduate study.

This could, for example, be a Master of Science in Psychology (240 credits), or a Postgraduate Diploma in Arts, Science and Technology, or Health Science (120 credits) followed by a Masters by thesis only for a total of 240 credits.

## Honours Degrees BA (Hons) / BSc (Hons)

The BA (Hons) or BSc (Hons) in Psychology take one-year of full-time study or can be spread over two or three years of part-time study. Honours students complete courses to the value of 90 credits (including 175.738 Psychological Research: Principles of Design) from the list of 700 level psychology courses, and a research report (175.799 Research report) of 30 credits. Students can progress to a Masters degree by thesis only, if they meet the grade average requirement.

The research report component of Honours details the outcome of an empirical investigation conducted by the student with supervision by a staff member from the School of Psychology. The investigation may deal with original research, or may be a replication.

The research carried out within the Honours degree is sufficient for students to progress to a PhD in Psychology so long as they achieve at least Second Class (Division I) Honours.

## Postgraduate Certificates (PGCertArts / PGCertScTech)

The Postgraduate Certificates are a good way to discover whether postgraduate study is right for you. They are equivalent to the first half of a Postgraduate Diploma.

They are a great place to start if you're considering postgraduate study. You will be taking four (4) courses (60 credits) which can be completed in 6 months full-time, or up to 2 years part time.

You may find more information here:

<https://www.massey.ac.nz/study/all-qualifications-and-degrees/postgraduate-certificate-in-arts-PCART/>

<https://www.massey.ac.nz/study/all-qualifications-and-degrees/postgraduate-certificate-in-science-and-technology-PCSCN/>

## Postgraduate Diplomas (PGDipArts / PGDipScTech / PGDipHlthSc)

These are advanced qualifications in psychology. They do not have a research component. Students take 120 credits of 700-level psychology courses.

(NOTE: 175.738 *Psychological Research: Principles of Design* is **compulsory** for ALL students and 175.799 *Research report* cannot be taken as part of a Postgraduate Diploma).

A postgraduate diploma can be completed in one year full-time or up to four years part-time.

# Masters Degrees (MA, MSc, MHlthSc)

ALL students are encouraged to begin looking for potential supervisors for their research projects and theses as soon as is practical. The School may not always be able to provide supervision in a topic area or to provide a specific staff member for supervision of a project or thesis.

Students who enrol for a thesis or research report course must have a supervisor arranged and an Agreement to Supervise form (available at <https://www.massey.ac.nz/about/colleges-schools-and-institutes/college-of-humanities-and-social-sciences/research-in-the-college-of-humanities-and-social-sciences/psychology-research/psychology-thesis-topics-and-supervisors/>) completed before their enrolment will be approved.

## Master of Arts (MA)

The MA in Psychology comprises 180 credits. It is a 1.5 year qualification of full-time study but may be completed part-time. MA students complete 700 level psychology courses (including 175.738 *Psychological Research: Principles of Design*), and a research report or thesis.

Two options are available: a coursework pathway with a smaller research component and a research pathway with a larger research component. All requirements must be completed within four years.

The *coursework* pathway comprises:

- 120 credits of 700-level courses
- a 60-credit research report.

The *research* pathway comprises:

- 60 credits of 700-level courses
- Thesis Part I (60 credits) and Thesis Part II (60 credits).

For more information: <https://www.massey.ac.nz/study/all-qualifications-and-degrees/master-of-arts-PMART/psychology-PMART1SPSYC1/>

## Master of Science (MSc)

The MSc in Psychology is a two-year qualification of full-time study (but may be completed part-time). Masters students complete 120 credits of 700-level psychology courses (including 175.738 *Psychological Research: Principles of Design*) in the first year, and a thesis of 120 credits in the second year. For more information: <https://www.massey.ac.nz/study/all-qualifications-and-degrees/master-of-science-PMSCN/psychology-PMSCN1SPSYC2/>

Students interested in the Health Psychology endorsement must enrol in the MSc qualification with any Psychology Bachelor's degrees or equivalent.



## Master of Science (Health Psychology)

Health psychology is the application of psychological knowledge to understanding the experience of health and illness, what is good health care, and how to improve health promotion and health-related policies.

Massey's MSc (Psychology - Health Psychology) addresses these goals with a broad view of health and wellbeing that integrates theory, research, and practice. Students develop strong understandings of the interactions between biological, psychological, social, economic, and cultural aspects of health and wellbeing and how these might be harnessed to improve health outcomes.

The MSc (Psychology - Health Psychology) is right for you if you plan to work in health, public health, or community settings. What you will learn in this qualification has both research and practical applications, including those supporting Māori, Pasifika and the diverse communities in Aotearoa New Zealand.

You may find more information here: <https://www.massey.ac.nz/study/all-qualifications-and-degrees/master-of-science-PMSCN/psychology-health-psychology-PMSCN1SPSHP2/>

## Master of Health Science (Psychology)

The Master of Health Science offers you an opportunity to pursue research through advanced studies in a specialised subject. With Massey's Master of Health Science (Psychology), you can undertake advanced study in health science. You can also research an aspect of this field that's important to you.

You'll study in more detail the thoughts, feelings and actions of individuals and groups in social and cultural contexts. Studying psychology will help you make sense of the human impact on the world. You may find more information here: <https://www.massey.ac.nz/study/all-qualifications-and-degrees/master-of-health-science-PMHLS/psychology-PMHLS1SPSYC1/>

## Master of Clinical Psychology (MClinPsych)

The MCLinPsych is a professional training degree: students need to have first done another Masters degree in Psychology (including at least 120 credits of research) or a PhD to be eligible to apply.

Please refer to the "Clinical Psychology Pathway" for more information. You may also find more information here: <https://www.massey.ac.nz/study/all-qualifications-and-degrees/master-of-clinical-psychology-PMCLP/>



# The Postgraduate Diploma in Psychological Practice

The Postgraduate Diploma in Psychological Practice (PGDipPsychPrac) provides a professional qualification to prepare interns to register under the Psychologist scope of the Health Practitioners Competence Assurance (HPCA) Act.

Registered psychologists work in a variety of applied settings. This qualification is ideal for mature students who have relevant workplace experience and academic preparation matched to their intended career path. A broad range of possibilities exist for internships under this qualification.

Students intending to proceed to the Postgraduate Diploma in Psychological Practice must have completed 180 credits of postgraduate study, including a thesis of at least 90 credits.

Useful information about this qualification can be found at: <https://www.massey.ac.nz/study/all-qualifications-and-degrees/postgraduate-diploma-in-psychological-practice-PDPSP/> and;

<https://www.massey.ac.nz/about/university-calendar-and-regulations/qualification-regulations/postgraduate-diploma-in-psychological-practice/>

The qualification booklet can be obtained from the Kaiārahi Team at:

Email: [psych.prac.kaiarahi@massey.ac.nz](mailto:psych.prac.kaiarahi@massey.ac.nz)



# Doctoral Degrees

## Doctor of Philosophy (PhD)

The PhD degree is an advanced research degree. Candidates are engaged in research for the duration of the qualification. There is no course work unless specified by the supervisor during the first year of provisional enrolment. Candidates may be granted permission to be employed in a full-time job, provided that the job allows the candidate to continue studies and research. Normally, the consent of both the candidate's employer and the University's Doctoral Research Committee is required and candidates will be required to enrol part-time.

The prerequisite for entry is normally an Honours or Masters degree in Psychology, of First Class or Second Class (Division I) standard. Applicants must arrange supervision and approval before applying to the University Doctoral Research Committee.

Generally, students accepted into this qualification will be given provisional enrolment for the first year and are required to complete specified work. Intending PhD students should apply to the Massey University Doctoral Research Committee.

More information can be found here: <https://www.massey.ac.nz/study/about-postgraduate-study/phds-and-professional-doctorates/how-to-apply-for-a-doctoral-degree/>

The School has available, from time to time, tutor and marker positions suitable for students wishing to pursue a PhD. In addition, some casual assistance work is also available on an hourly basis. A number of scholarships are available to candidates for Doctoral qualifications:

<https://www.massey.ac.nz/study/scholarships-and-awards/>.

If you would like further information about PhD study, please contact: [Psych.PhD.Coordinator@massey.ac.nz](mailto:Psych.PhD.Coordinator@massey.ac.nz)

## Doctor of Clinical Psychology (DClinPsych)

Please refer to the "Clinical Psychology Pathway" for more information. You may also find more information here:

<https://www.massey.ac.nz/study/all-qualifications-and-degrees/doctor-of-clinical-psychology-PTCLP/>



# Postgraduate Psychology Courses

## Course Duration

Full Time and Part Time Study

- Full time study is defined as 60 credits (4 courses) per semester, or 120 credits (8 courses) per academic year.
- If you are studying part time, the time taken to complete a degree will be longer, and will depend on how many credits you complete each semester.

## Grade Average Calculation

Find a grade average conversion calculator here:

<https://www.massey.ac.nz/study/about-postgraduate-study/masters-study/studying-your-masters/#Honoursdistinctionandmerit>

## Understanding Course Numbers

At Massey all courses have a 6-digit code

The first 3 digits tell you which subject the course belongs to. 175 is Psychology.

175306

The fourth digit tells you the level of the course. 1 = 100, 2 = 200, 3 = 300 level



# List of 700-level Postgraduate Psychology Courses and Honours/ Masters research courses

Below are the courses offered within the School of Psychology. The offerings may vary by semester and year, so please check each of the web pages on when the course is offered. Some offerings are specific to specific qualifications and have a limited number of places. All qualifications have at least one compulsory course, so please check the requirements for each qualification on the Massey University website.

<b>175718 Postmodernism and Psychology</b> 15 credits	The course will focus on some of the ways in which the cultural phenomenon labelled as 'postmodernism' has impacted on/in psychology, with particular emphasis on the poststructuralist theories through which postmodern psychology is developing.	<a href="https://www.massey.ac.nz/study/courses/175718/">https://www.massey.ac.nz/study/courses/175718/</a>
<b>175719 Applied Criminal Psychology*</b> 15 credits	An advanced study of the aetiology of recurrent criminal behaviour with reference to cultural and ethnicity issues, familial and societal factors, and cognitive and psychopathological correlates. The underlying emphasis of the course is offender rehabilitation.	<a href="https://www.massey.ac.nz/study/courses/175719/">https://www.massey.ac.nz/study/courses/175719/</a>
<b>175720 Advanced Psychology of Women</b> 15 credits	This course examines contemporary theoretical studies in the psychology of women. It is an advanced study of the history of women in psychology and critiques traditional approaches to research on women and girls. It includes three contemporary approaches focusing on specific areas of concern in the sub-discipline at present.	<a href="https://www.massey.ac.nz/study/courses/175720/">https://www.massey.ac.nz/study/courses/175720/</a>
<b>175721 Child and Family Therapy*</b> 15 credits	The course covers a variety of theoretical frameworks which are used in working with children and families. An in-depth case study approach will be used to develop students' skills in working with children and families. The course is designed to build on the students prior knowledge of developmental and abnormal psychology.	<a href="https://www.massey.ac.nz/study/courses/175721/">https://www.massey.ac.nz/study/courses/175721/</a>



<b>175722 Principles of Clinical Neuropsychology*</b> 15 credits	This course will focus on the principles of neuropsychological assessment, as they apply across the life span. Factors which influence neuropsychological functioning will be considered including neuroanatomy, cognitive functioning and the conditions that influence these factors.	<a href="https://www.massey.ac.nz/study/courses/175722/">https://www.massey.ac.nz/study/courses/175722/</a>
<b>175724 Advanced Experimental Psychology</b> 30 credits	This course provides an advanced overview of the theoretical and methodological issues that define contemporary experimental psychology with particular focus on affective, cognitive, and social psychology.	<a href="https://www.massey.ac.nz/study/courses/175724/">https://www.massey.ac.nz/study/courses/175724/</a>
<b>175725 Applied Social Psychology</b> 30 credits	This course adopts an applied orientation to social psychology in relation to complex socio-cultural issues.	<a href="https://www.massey.ac.nz/study/courses/175725/">https://www.massey.ac.nz/study/courses/175725/</a>
<b>175729 Psychology and Culture</b> 15 credits	This course examines the wide-ranging influence culture has in people's lives, from their ideological beliefs and values to their behaviour patterns. How cultural influences have been considered in the theory, research, and practice of psychology will be examined.	<a href="https://www.massey.ac.nz/study/courses/175729/">https://www.massey.ac.nz/study/courses/175729/</a>
<b>175730 Professional Practice in Psychology*</b> 15 credits	The course provides an in-depth examination of the professional issues that impact on the practice of psychology. Models of practice, ethics, the statutes that affect practitioners, professional interrelationships and cultural issues are all analysed using a case-based approach.	<a href="https://www.massey.ac.nz/study/courses/175730/">https://www.massey.ac.nz/study/courses/175730/</a>
<b>175732 Psychological Well-being in Organisations</b> 15 credits	This course examines the influence of organisational and work characteristics on staff well-being and performance. It covers stress and stress management, designing salutogenic workplaces, implications of disaster and crises for staff, families and communities, psychological aspects of promoting health and safety in organisations.	<a href="https://www.massey.ac.nz/study/courses/175732/">https://www.massey.ac.nz/study/courses/175732/</a>
<b>175733 Sustainable Livelihood</b> 15 credits	According to the UN, Sustainable Livelihoods include not only access to shelter and food but also security, dignity, societal participation for groups and individuals. This course examines how workplaces potentially enable such capabilities, e.g., by respecting cultural foundations, enabling work-life-balance, providing decent work, and reducing inequality, through equitable partnerships between organisations along global supply chains, fair trade, living wages.	<a href="https://www.massey.ac.nz/study/courses/175733/">https://www.massey.ac.nz/study/courses/175733/</a>
<b>175734 Child Clinical Neuropsychology*</b> 15 credits	This course is designed to enable students to understand and use theories, research and skills involved in child neuropsychology. An emphasis will be placed on functioning in interdisciplinary teams.	<a href="https://www.massey.ac.nz/study/courses/175734/">https://www.massey.ac.nz/study/courses/175734/</a>
<b>175737 Organisational Psychology</b> 15 credits	This course examines the relationship between people and organisations. Adopting a psychological perspective, it examines strategic aspects of staff development, job, social and cognitive approaches to task and role analysis, recruitment, selection, the training process, equal employment opportunities, industrial relations and performance assessment.	<a href="https://www.massey.ac.nz/study/courses/175737/">https://www.massey.ac.nz/study/courses/175737/</a>



<b>175738 Psychological Research: Principles of Design</b> 15 credits	An advanced study of the principles of research design in psychology. The course will provide a conceptual orientation to the integrated components of the design process. Through a meta-theoretical framework, various approaches to design will be explored to enable advanced engagement with psychological research from scientific, interpretivist and/or indigenous perspectives.	<a href="https://www.massey.ac.nz/study/courses/175738/">https://www.massey.ac.nz/study/courses/175738/</a>
<b>175739 Health Psychology: Understanding Health and Illness</b> 15 credits	A critical examination of how conceptualisations of health and illness shape symptom interpretation, help-seeking, diagnosis, and healthcare relationships, as well as wider social reception. Sociopolitical and cultural factors are given particular emphasis, along with an exploration of the notion of person-centred care.	<a href="https://www.massey.ac.nz/study/courses/175739/">https://www.massey.ac.nz/study/courses/175739/</a>
<b>175740 Contemporary Work Psychology</b> 15 credits	The application of psychological principles and theory to health and managing hazards in occupational settings. Students will learn critical skills in psychological evaluation, appropriate for the environmental, cultural and political contexts of the New Zealand workplace.	<a href="https://www.massey.ac.nz/study/courses/175740/">https://www.massey.ac.nz/study/courses/175740/</a>
<b>175741 Psychological Assessment in Organisations</b> 15 credits	This course investigates the application of the principles and theory of psychological measurement in organisational contexts. It covers the development of psychological tests, the implications of organisational factors for latent psychological constructs, test characteristics and test evaluation, and the application of psychological tests for processes such as selection, promotion, performance appraisal.	<a href="https://www.massey.ac.nz/study/courses/175741/">https://www.massey.ac.nz/study/courses/175741/</a>
<b>175743 Health Psychology: The Social Context</b> 15 credits	A critical examination of health psychological theory and research on how the social context shapes illness experiences, treatment, and outcomes. Emphasis is placed on personal understandings of health and lived experience of illness, and a critical consideration of research methods appropriate for examining these issues.	<a href="https://www.massey.ac.nz/study/courses/175743/">https://www.massey.ac.nz/study/courses/175743/</a>
<b>175744 Applied Health Psychology</b> 15 credits	This course offers a critical perspective on health psychology practice. Students will examine theories and methods for promoting, maintaining, and restoring health and well-being at micro/individual, meso/community, and macro/population levels. Framed by a social model of health, the course emphasises a holistic approach, evidence-based practice, and theoretically informed interventions, drawing on applied examples and case studies.	<a href="https://www.massey.ac.nz/study/courses/175744/">https://www.massey.ac.nz/study/courses/175744/</a>
<b>175746 Psychological Research: Quantitative Data Analysis</b> 15 credits	An examination of how psychologists use quantitative data analysis techniques to address complex research problems involving multiple variables. Techniques including multiple regression, factor analysis and structural equation modelling are explored, with an emphasis on the relationships between analyses, research questions and design issues.	<a href="https://www.massey.ac.nz/study/courses/175746/">https://www.massey.ac.nz/study/courses/175746/</a>
<b>175747 The Psychology of Sport and Exercise</b> 15 credits	The course will examine current psychological theories and related research in the sport and exercise domain. Specifically, the focus of the course is on how psychological factors influence involvement and performance in sport and exercise.	<a href="https://www.massey.ac.nz/study/courses/175747/">https://www.massey.ac.nz/study/courses/175747/</a>



<b>175748 Psychology and the Changing Nature of Work</b> 15 credits	This course examines psychological aspects of organisational change. It considers societal and organisational factors driving change and models of both planned and unplanned organisational change, illustrating these issues through the use of case studies of organisational change and psychologists' accounts of their experiences as change agents.	<a href="https://www.massey.ac.nz/study/courses/175748/">https://www.massey.ac.nz/study/courses/175748/</a>
<b>175749 Health Psychology Practicum</b> 15 credits	Practical experience of at least 120 hours working in a community health agency under supervision. Students will participate in the design, implementation or evaluation of a health intervention, and critically reflect on their practice in relation to relevant theories and methods.	<a href="https://www.massey.ac.nz/study/courses/175749/">https://www.massey.ac.nz/study/courses/175749/</a>
<b>175750 Qualitative Methods in Psychology</b> 15 credits	The course provides advanced understanding and skill development to enable students to undertake qualitative research in psychology.	<a href="https://www.massey.ac.nz/study/courses/175750/">https://www.massey.ac.nz/study/courses/175750/</a>
<b>175751 Neuropsychological Rehabilitation*</b> 15 credits	This course is designed to enable students to understand and use theories, research, and skills involved in neuropsychological rehabilitation. This course will review interventions that arise from neuropsychological evaluation. An emphasis will be placed on functioning in interdisciplinary teams.	<a href="https://www.massey.ac.nz/study/courses/175751/">https://www.massey.ac.nz/study/courses/175751/</a>
<b>175781 Understanding Mental Distress</b> 15 credits	This course builds on undergraduate study of clinical psychology to provide an advanced understanding of mental distress across the lifespan. The focus is on recognising the most common experiences of mental distress and understanding their etiology using evidence-based theoretical frameworks, emphasising psychological approaches. Attention is given to recovery and lived experience perspectives, and contextual and cultural influences on understanding the experience of mental distress. A case study approach is taken to provide opportunities for applied learning.	<a href="https://www.massey.ac.nz/study/courses/175781/">https://www.massey.ac.nz/study/courses/175781/</a>
<b>175782 Clinical Psychology Assessment*</b> 15 credits	This course will examine a variety of standard objective and subjective clinical assessment instruments, and their use in diagnosis and treatment across the lifespan. Topics covered include cognitive, emotional and behavioural assessment; diagnosis-specific and population-specific instruments; and diagnostic interview systems. Principles of test administration, scoring and interpretation as well as ethical issues surrounding psychological testing will also be covered.	<a href="https://www.massey.ac.nz/study/courses/175782/">https://www.massey.ac.nz/study/courses/175782/</a>
<b>175783 Clinical Psychology Interventions *</b> 15 credits	The course emphasises empirically validated treatments and integration of psychotherapy research and practice across the lifespan. The course covers behavioural and cognitive-behavioural interventions, experiential and brief dynamic psychotherapies as well as other factors in therapy (e.g., the roles of therapist, client, and culture).	<a href="https://www.massey.ac.nz/study/courses/175783/">https://www.massey.ac.nz/study/courses/175783/</a>
<b>175799 Research Report</b> 30 credits	This is the 30 credit report for the <i>Honours degrees</i> .	<a href="https://www.massey.ac.nz/study/courses/175799/">https://www.massey.ac.nz/study/courses/175799/</a>



<p><b>175811 Clinical Assessment Skills</b> 30 credits</p>	<p><i>This course is only available to students enrolled in the MClInPsych.</i></p> <p>This is a workshop-based course that requires students to engage in learning activities across a full range of applied skills, of clinical psychology assessment across the lifespan, including interview skills, skills in case conceptualisation and psychological formulation, and skills in the selection, administration, scoring, interpretation and reporting of psychological and neuropsychological tests. Training will also include compulsory attendance at workshops and other training opportunities as they arise.</p>	<p><a href="https://www.massey.ac.nz/study/courses/175811/">https://www.massey.ac.nz/study/courses/175811/</a></p>
<p><b>175812 Clinical Intervention Skills</b> 30 credits</p>	<p><i>This course is only available to students enrolled in the MClInPsych.</i></p> <p>This is a workshop-based course that requires students to engage in learning activities across a full range of applied skills, of clinical psychology interventions across the lifespan, including behavioural and cognitive behavioural interventions, family and systems approaches and neurorehabilitation interventions. Training will also include compulsory attendance at workshops and other training opportunities as they arise.</p>	<p><a href="https://www.massey.ac.nz/study/courses/175812/">https://www.massey.ac.nz/study/courses/175812/</a></p>
<p><b>175813 Clinical Psychology Practica</b> 60 credits</p>	<p><i>This course is only available to students enrolled in the MClInPsych.</i></p> <p>Provides structured supervision of the student's clinical activities. It includes observation of the work of clinical psychologists, supervised practice of designated clinical psychology skills, and exploration of individualised psychotherapy approaches and formal treatment protocols in a selected domain of practice. And provides opportunities for supervised practice of all the professional activities of a clinical psychologist, including working in professional teams, conducting assessments under supervision, and using the empirical literature to guide clinical decision making.</p>	<p><a href="https://www.massey.ac.nz/study/courses/175813/">https://www.massey.ac.nz/study/courses/175813/</a></p>
<p><b>175814 Clinical Psychology Internship</b> 120 credits</p>	<p><i>This course is only available to students enrolled in the MClInPsych.</i></p> <p>Supervised experience in all aspects of clinical psychology service delivery in a professional service setting, with increasing emphasis on independent ability to offer specialised assessment and treatment programmes to a diversity of clients in a safe, culturally appropriate, and ethical manner. The internship comprises a minimum of fifteen hundred hours of supervised direct clinical experience in an approved setting. The internship involves supervision, videotaped assessment of work with clients, seminars and workshops designed to deal with specialised clinical issues such as client safety, legal concerns, sophisticated diagnostic methods, bicultural practice and so on, culminating in a practical-oriented exam involving external examiners.</p>	<p><a href="https://www.massey.ac.nz/study/courses/175814/">https://www.massey.ac.nz/study/courses/175814/</a></p>
<p><b>175851 Advanced Professional Issues in Psychology Practice Part I</b> 30 credits</p>	<p><i>This course is only available to students enrolled in the PGDipPsychPrac.</i></p> <p>Part I of a traineeship year which focuses on supervised professional practice.</p>	<p><a href="https://www.massey.ac.nz/study/courses/175851/">https://www.massey.ac.nz/study/courses/175851/</a></p>



<b>175852 Advanced Professional Issues in Psychology Practice Part II</b> 30 credits	<p><i>This course is only available to students enrolled in the PGDipPsychPrac.</i></p> <p>Part II of a traineeship year which focuses on supervised professional practice.</p>	<a href="https://www.massey.ac.nz/study/courses/175852/">https://www.massey.ac.nz/study/courses/175852/</a>
<b>175896 Thesis Part 2</b> 120 Credit 60 credits	<p>A supervised and guided independent study resulting in a published work.</p>	<a href="https://www.massey.ac.nz/study/courses/175896/">https://www.massey.ac.nz/study/courses/175896/</a>
<b>175900 PhD Psychology</b> 120 credits		<a href="https://www.massey.ac.nz/study/courses/175900/">https://www.massey.ac.nz/study/courses/175900/</a>
<b>175920 Clinical Psychology Practicum A</b> 15 credits	<p><i>This course is only available to students enrolled in the DCLinPsych.</i></p> <p>Provides structured supervision of the student's clinical activities in the workplace to fulfil clinical psychology practicum requirements. It included observation of the work of clinical psychologists, supervised practice of designated clinical psychology skills, and exploration of individualised psychotherapy approaches and formal treatment protocols in a selected domain of practice.</p>	<a href="https://www.massey.ac.nz/study/courses/175920/">https://www.massey.ac.nz/study/courses/175920/</a>
<b>175921 Clinical Psychology Practicum B</b> 15 credits	<p><i>This course is only available to students enrolled in the DCLinPsych.</i></p> <p>Provides further supervision of the student's clinical activities in the workplace to fulfil clinical psychology practicum requirements. It includes supervised practice of all the professional activities of a clinical psychologist, including working in professional teams, conducting assessments under supervision, and using the empirical literature to guide clinical decision making.</p>	<a href="https://www.massey.ac.nz/study/courses/175921/">https://www.massey.ac.nz/study/courses/175921/</a>
<b>175922 Clinical Psychology Internship</b> 60 credits	<p><i>This course is only available to students enrolled in the DCLinPsych.</i></p> <p>Supervised experience in all aspects of clinical psychology service delivery in a professional service setting, with increasing emphasis on independent ability to offer specialised assessment and treatment programmes to a diversity of clients in a safe, culturally appropriate, and ethical manner.</p>	<a href="https://www.massey.ac.nz/study/courses/175922/">https://www.massey.ac.nz/study/courses/175922/</a>
<b>175935 Skills in Clinical Assessment</b> 15 credits	<p><i>This course is only available to students enrolled in the DCLinPsych.</i></p> <p>Provides advanced training in applied skills of clinical psychology assessment across the lifespan, including interview skills, skills in case conceptualisation and psychological formulation, and skills in the selection, administration, scoring, interpretation and reporting of psychological and neuropsychological tests.</p>	<a href="https://www.massey.ac.nz/study/courses/175935/">https://www.massey.ac.nz/study/courses/175935/</a>
<b>175936 Skills in Clinical Interventions</b> 15 credits	<p><i>This course is only available to students enrolled in the DCLinPsych.</i></p> <p>Provides advanced training in applied skills of clinical psychology interventions across the lifespan, including behavioural and cognitive behavioural interventions, family and systems approaches, and neurorehabilitation interventions.</p>	<a href="https://www.massey.ac.nz/study/courses/175936/">https://www.massey.ac.nz/study/courses/175936/</a>



<b>175991 Thesis Part A</b> 90 credits	<p><i>This course is only available to students enrolled in the DClinPsych.</i></p> <p>Thesis research builds the student's ability to carry out independent scientific inquiry which represents a significant contribution to knowledge and understanding in clinical psychology. In the initial stages of thesis preparation, students participate in a group seminar to review a number of specialised methodological issues that exist within clinical psychology.</p>	<a href="https://www.massey.ac.nz/study/courses/175991/">https://www.massey.ac.nz/study/courses/175991/</a>
<b>175992 Thesis Part B</b> 90 credits	<p><i>This course is only available to students enrolled in the DClinPsych.</i></p> <p>Supports continued research activities, normally involving selecting and testing participants; other data collection strategies as needed by the research design; statistical analysis of data, conceptualisation of the findings, and the development of tentative conclusions.</p>	<a href="https://www.massey.ac.nz/study/courses/175992/">https://www.massey.ac.nz/study/courses/175992/</a>
<b>175993 Thesis Part C</b> 60 credits	<p><i>This course is only available to students enrolled in the DClinPsych.</i></p> <p>Integrates the student's emerging ability to carry out independent research of direct relevance to conceptual foundations of clinical psychology. The candidate integrates the major study with clinical follow-up study or studies of a practical nature, derived from the concurrent internship experiences.</p>	<a href="https://www.massey.ac.nz/study/courses/175993/">https://www.massey.ac.nz/study/courses/175993/</a>

\* These psychology courses have a restricted number of places available

\*\* Those who are keen to do master/PhD of clinical psychology should also have completed 175781, 175782, and 175783



# Frequently Asked Questions

Please remember that acceptance into Honours, Postgraduate Diploma, or Masters Qualifications does not guarantee that you will be able to study all of the specific courses that you choose. Several 700 level courses in the School of Psychology have a limited number of places. The clinical courses in particular have restricted numbers and students selected into the Clinical Training programme will have places reserved in these courses.

## **1. Which Postgraduate Qualifications in Psychology allow me to become a registered psychologist?**

The Doctor of Clinical Psychology, Master in Clinical Psychology, and Postgraduate Diploma in Psychological Practice offer pathways towards registration as a psychologist. All require that a previous postgraduate qualification is completed first, to a high standard.

The NZ Psychologists Board lists all of the qualifications in Aotearoa/New Zealand which are accredited to provide training for registration as a psychologist. The list is here: <https://psychologistsboard.org.nz/for-education-providers-and-students/accredited-training-programmes/>

## **2. I do not have a major in Psychology, or its equivalent. What can I do if I want to pursue a postgraduate qualification in Psychology at Massey?**

You can enrol in the Graduate Diploma in Arts or Graduate Diploma in Science and Technology at Massey University and take eight undergraduate courses (120 credits) which will give you the equivalent of a Psychology major.

You may find more information here: <https://www.massey.ac.nz/study/find-a-subject-course-or-qualification/study-psychology-and-mental-health/postgraduate-psychology-study/>

## **3. I think I have the equivalent of a major in Psychology, but I'm unsure. What can I do?**

If you send a cover letter and a copy of your university transcripts to our specialist academic advisors for psychology, they will review your transcripts and advise on a suitable pathway. It is vital that you send queries well in advance of University deadlines for enrolment and do not expect a reply in less than three (3) weeks.

They are contactable at: [academicadvice@massey.ac.nz](mailto:academicadvice@massey.ac.nz)

#### 4. I only wish to take a few courses in Psychology, either as part of another degree or to enhance my professional training. Is this possible?

You still need a major in psychology, even if you only want to do one or a few postgraduate psychology courses. If you are studying for another postgraduate degree, and you do have a major in psychology, you may be able to take some postgraduate courses within the School of Psychology. This can be arranged by writing a letter to the Postgraduate Co-ordinator detailing your qualifications and reasons for wishing to take the particular course(s). Written requests to take courses for interest or as part of a degree from another university should arrive at the School well in advance of the University deadlines for enrolment.

#### 5. I have a first-class Honours for my Bachelor of Arts/Science in Psychology. Can I enrol in a PhD without doing a Masters degree?

This may be possible if you have an Honours or Masters degree with First Class or Second Class (division one) Honours, or a B+ average. However, you need to make sure that you have completed a research project, dissertation, or thesis of at least 30 credits or a minimum of 25% of your honours or master's degree, with a B+ or higher grade.

You must also be aware of other entry requirements such as English language requirements. You may find the information here: <https://www.massey.ac.nz/study/entry-requirements-to-study-at-massey/entry-requirements-for-international-students/>

#### 6. Must I enclose a transcript with my application for postgraduate study?

If you are a Massey University graduate and supply us with your student ID number, we will retrieve your transcript for you for the application review process. If you are not a Massey University graduate, you **must** supply an original or verified copy of your university transcript(s) when prompted to on enrolment.

#### 7. Should I enclose a resumé, CV or other details about my qualifications?

The main information required is academic-related information (i.e., academic grades, qualifications, honours, etc.) Hence, a transcript is sufficient for our purposes and additional documentation should not be sent. However, if you have been away from academic study for some time, it may be quite important to list any recent academic work, certification classes, and so on, when you apply.

#### 8. How are applicants chosen for the postgraduate qualifications?

Applicants are chosen based on a weighted grade average formula. If you have questions about your grade average, please contact the postgraduate administrator.

If you are admitted to a postgraduate qualification, you are not necessarily guaranteed a place in your preferred courses or guaranteed your preferred thesis supervisor. This is because our postgraduate class size for many courses is limited, and we have only a finite number of staff available to provide research supervision. So, if you are planning to a qualification that has a research component (i.e., Honours or Masters) please search for your supervisor as soon as possible so you can plan your postgraduate qualification.

#### 9. What if I am unsuccessful?

Unsuccessful applications usually happen when entry requirements were not met. You may wish to consider taking additional undergraduate courses under a Certificate of Proficiency to increase your grade average. Many students who were initially unsuccessful in their application have later been admitted for postgraduate study after taking additional courses and performing well. However, taking such courses offers no guarantee of acceptance into a qualification the following year.

#### 10. I wish to study educational psychology and possibly become an educational psychologist one day. Does the School of Psychology offer that?

Massey University offers educational psychology but it's not run by the School of Psychology. Qualifications relating to education and learning are run by the Institute of Education, you may refer to <https://www.massey.ac.nz/about/colleges-schools-and-institutes/college-of-humanities-and-social-sciences/institute-of-education/>.

### 11. Do you have counselling psychology qualifications?

Massey University offers a Master of Counselling Studies which is accredited by the New Zealand Association of Counsellors (NZAC). It is not run by under the School of Psychology and does not lead to registration as a psychologist. You may refer to <https://www.massey.ac.nz/study/all-qualifications-and-degrees/master-of-counselling-studies-PMCNS/>. Massey does not offer a Counselling Psychology qualification, although we offer PGDipPsychPrac which is a registration pathway.

### 12. Can I study part-time?

You can study part-time for most diplomas & degrees at the postgraduate level. Students wishing to enrol part-time should be mindful of the time frames to complete postgraduate study. Please note that the Doctor of Clinical Psychology can only be undertaken on a full-time basis.

### 13. Can I study from off-campus?

Most postgraduate courses are offered extramurally with no requirement for on-campus attendance. Some may include optional contact workshops. Please check the requirements for each of your courses.

Theses and research projects may also be completed at a distance. Supervision at a distance must involve regular contact with your supervisor, by phone, email and/or videoconference as well as occasional visits to your supervisor's campus if possible.

The Doctor of Clinical Psychology is a full-time programme of study which requires **compulsory weekly** attendance on-campus. It may only be taken by internal mode.

### 14. When should I start approaching staff members as my supervisor for my thesis research?

ALL prospective research students should begin looking for potential supervisors as soon as is practical. The School may not always be able to provide supervision in your preferred topic area or a specific staff member to supervise your project or thesis.

Students who enrol for a thesis or research report course must have a supervisor arranged and an Agreement to Supervise form (available at <https://www.massey.ac.nz/about/colleges-schools-and-institutes/college-of-humanities-and-social-sciences/research-in-the-college-of-humanities-and-social-sciences/psychology-research/psychology-thesis-topics-and-supervisors/>) completed before their enrolment will be approved.

# Helpful People

The following are a few people you might deal with more regularly or need for specific help.

## Postgraduate Co-ordinator

Michelle Lee can be consulted on general academic matters including enrolments and applications, course advice, supervisors, initial guidance for choosing Honours or Masters research topics, and for help with any problems that arise in the course of your studies. If you are having any particular difficulties that are hindering your progress in any way, it is important to seek advice about how to proceed as soon as possible. Please note that co-ordinator roles rotate among academics. However, the email address will not change:

Email: [Psych.Grad.Coordinator@massey.ac.nz](mailto:Psych.Grad.Coordinator@massey.ac.nz)

## Specialist Academic Advisors

Specialist Academic Advisors for Professional Psychology offer expert guidance on studying psychology, including programme options, entry requirements, and course planning. They provide specialist advice for students aiming to further their studies at postgraduate level or become registered psychologists, outlining the academic and professional pathways required for registration. You should contact them in the first instance for all enquiries:

Email: [academicadvice@massey.ac.nz](mailto:academicadvice@massey.ac.nz)

## Director of Clinical Psychology Training / DClinPsych and MClinPsych Co-ordinator

Simon Bennett, the Director of Clinical Psychology Training and coordinator of the Doctor of Clinical Psychology and Master of Clinical Psychology qualifications can be consulted on issues regarding applications and admission criteria for the clinical programme, as well as advice on clinical course work and supervision, arrangement of practica, and issues related to clinical training.

Email: [Psych.Clin.Coordinator@massey.ac.nz](mailto:Psych.Clin.Coordinator@massey.ac.nz)

## Industrial / Organisational (I/O) Psychology Co-ordinator

Veronica Hopner, the I/O Co-ordinator can be consulted on issues regarding the I/O programme:

Email: [Psych.IO.Coordinator@massey.ac.nz](mailto:Psych.IO.Coordinator@massey.ac.nz)

## Health Psychology Co-ordinator

Gareth Terry, the Health Psychology coordinator can be consulted about the Health Psychology programme:

Email: [Psych.Health.Coordinator@massey.ac.nz](mailto:Psych.Health.Coordinator@massey.ac.nz)

## Postgraduate Diploma in Psychological Practice Director

Kyle Smith and Lisa Cherrington, the co-directors of the Postgraduate Diploma in Psychological Practice can be consulted about this professional qualification that prepares you to work as a registered psychologist.

Email: [psych.prac.coordinator@massey.ac.nz](mailto:psych.prac.coordinator@massey.ac.nz)

## Thesis Examinations Co-ordinator

Matt Williams can be consulted about questions relating to the examination of research reports and Master's these. He can also provide advice about locating supervisors for Master's theses.

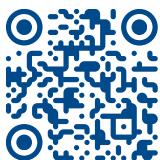
Email: [psych-researchreports-exams@massey.ac.nz](mailto:psych-researchreports-exams@massey.ac.nz)

## Head of School

Consulting the Head of School is a final recourse for issues that cannot be sorted out at the level of the Thesis Supervisor, Course Co-ordinator, or Postgraduate Co-ordinator. Please contact the Office Manager to arrange an appointment:

Email: [Psych.HoS@massey.ac.nz](mailto:Psych.HoS@massey.ac.nz)

# Sign up



## Admission and Enrolment

If you're ready to take the plunge and sign up to study psychology, you can find everything you need at: <https://www.massey.ac.nz/study/admission-and-enrolment/> or scan the QR code.

You can begin study either in Semester 1 (begins in February) or Semester 2 (begins in July). You need to apply well in advance of the start of semester.

Signing up for study is a two-step process:

1. First you apply for **admission** to Massey to study a particular qualification. You will then have to wait until you receive an 'offer of place' in that qualification. Once you have accepted the 'offer of place' you can ...
2. Apply to **enrol** in your courses.

### Important Note for International Students:

If you are an international student there are several other things you will need to do. See the Admission and Enrolment website for more details.

## Admission Deadlines for 2026

It's important that you complete admission and enrolment procedures online by the final dates. You may find more information here on the due date of application for each of the qualification: <https://enrol.massey.ac.nz/> (under 'Key admission and course enrolment dates')

Early enrolment is encouraged. We recommend students to enrol as early as possible to ensure that delays are not incurred during your enrolment process.

## Fees

Information about fees can be obtained by visiting the University website:

<http://www.massey.ac.nz/fees/>

## Contact information

### Academic Advice for Professional Psychology

If you are not sure about what qualification you should be doing or which courses you should do, or if you just want some additional direction about university study in psychology, please contact our Academic Advisor:

[academicadvice@massey.ac.nz](mailto:academicadvice@massey.ac.nz)  
+64 6 951 6118

To get in touch with respective coordinators:

- Postgraduate (in general): Michelle Lee
- Industrial/ Organisational Psychology: Veronica Hopner
- Health Psychology: Gareth Terry
- Clinical Psychology: Simon Bennett
- Postgraduate Diploma in Psychological Practice: Kyle Smith and Lisa Cherrington
- Doctor of Philosophy: Heather Kempton
- Thesis examinations: Matt Williams

# Contact us

## Contact information for our campuses

### Albany Ōteihā Campus (Auckland)

**Postal Address**

School of Psychology  
Massey University  
Private Bag 102 904  
North Shore Mail Centre  
AUCKLAND 0745

**Physical and Courier Address**

School of Psychology  
Massey University  
Level 2, Innovation Complex  
East Precinct Albany Expressway SH17  
Albany  
AUCKLAND

**Ph.** +64 9 414 0800 extension 43116

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### Manawatū Campus (Palmerston North)

**Postal Address**

School of Psychology  
Massey University  
Private Bag 11 222  
PALMERSTON NORTH 4442

**Physical and Courier Address**

School of Psychology  
Massey University  
Psychology Building  
Manawatū Campus  
Tennent Drive  
PALMERSTON NORTH

**Ph.** +64 6 356 9099 extension 85071

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### Wellington Pukeahu Campus

**Postal Address**

School of Psychology  
Massey University  
PO Box 756  
WELLINGTON 6140

**Physical and Courier Address**

School of Psychology  
Block 7  
Massey University  
Wallace Street  
Mt Cook  
WELLINGTON 6021

**Ph.** +64 4 801 5799 extension 85071

# Contact us

## General inquiries

If you'd rather speak to a real person, feel free to give our friendly contact centre staff a call on 0800 627 739.

If you'd like to actually see a real person, drop in to our campuses in Auckland, Palmerston North, or Wellington.

[contact@massey.ac.nz](mailto:contact@massey.ac.nz)  
[massey.ac.nz](http://massey.ac.nz)

## Student Advisers

We understand it's a big decision. We have heaps of people available to answer any questions you may have about studying with us.

Dedicated international, Māori and Pacific student advisers are also available.

## Events

We host a variety of exciting events. Please visit [massey.ac.nz/events](http://massey.ac.nz/events) for details. We also have stands at various career and tertiary education expos held all over New Zealand (and beyond). Feel free to contact us if you want to find out when and where.

## International students

The International Recruitment team is the first point of contact for prospective students.

If you are considering studying at Massey we welcome your enquiry, and look forward to helping you join us.

Phone +64 6 350 5701  
Email [international@massey.ac.nz](mailto:international@massey.ac.nz)  
Web [massey.ac.nz/international](http://massey.ac.nz/international)

## Social media

-  MasseyUniversity
-  MasseyUni
-  MasseyUniversity
-  MasseyUniversity
-  新西兰梅西大学

