

VOLLEYBALL RULES

Game Play:

- 28 minutes accounts for enough time to ideally complete 2-3 sets of Volleyball.
- If at the end of the 28 minutes neither team has won the second set, the team with the most points will be the winner.
- If both teams have won a set each, play another set till 11 for a final score out of three (to avoid multiple draws throughout the season).
- If a team wins 21 points both sets before 28 minutes is up, the game can cease being scored/umpired.

Subbing:

- If there are more than 6 players in a team, subs will happen on rotation.
- When subbing on rotation please ensure there remains a representation of males and females on the court (at least 2 of each gender).

Clothing:

- Knee/elbow protective pads are permitted.
- Soft soled shoes must be worn.
- No jewellery, hats or long nails are permitted. If you have long nails, you will be asked to cut them or to be removed off the court till so.

Deductive Points:

- If your team fails to let me know by Monday 10am that you cannot play on Monday night - 3 points will be deducted from your overall points on the leaderboard.
- If your team fails to turn up on the night - 5 points will be deducted from your overall score on the leaderboard.

Scoring Rules:

- A set is completed when a team scores 21 points.
- You must win by 2 points.
- There will be 2 sets to 21, 1 set to 11.
- The winner of each set is awarded 1 point towards the leaderboard.

General Game Rules:

- Volleyball will be played 6 aside.
- Players must serve from behind the back line of the court. If served over the line, the opposition will take the serve with no point awarded.
- You can hit the ball with any part of the body.
- **Rotation:** When a team loses the serve, they then rotate once they have gained the ball back, rotating clockwise (making sure to change the server).
- **Serving rotation:** If a player has had 3 consecutive serves in a row and continues to be their ball, the team needs to rotate to the next server (3 serves then rotate).

Rule violation:

- If the ball lands on the outline it is counted as in.
- If a team touches the ball more than 3 times before the ball is passed over the net, the opposition will be awarded a point.
- If a player holds, throws, or catches a ball to return it over the net a point will be awarded to the opposition.
- If the ball hits any out of bounds area (roof, basketball hoop) the opposition will be awarded the point.
- If a player crosses the line under the net while the ball is in play, a point will be awarded to the opposition.
- If a spike is performed in front of the mid court line by a player in the back line, a point is awarded to the opposition.
- If a male team member spikes the ball with an open hand a point will be awarded to the opposition.

Leader board points

Win two sets: 2 points

Win one set: 1 point

Winner of third set due to draw: 2 points