UNDERGRADUATE PSYCHOLOGY

Bachelor of Arts
  Psychology
Business Psychology
Educational Psychology

Bachelor of Science
  Psychology

Bachelor of Health Science
  Psychology

Minor
  Psychology
Educational Psychology

Graduate Diploma in Arts
  Psychology

Graduate Diploma in Science and Technology
  Psychology Subject

Graduate Certificate in Arts
  Psychology

Diploma
  Psychology

School of Psychology
Te Kura Hinengaro Tangata
The information contained in this publication is indicative of offerings available for 2019 and subsequent years. This information is correct at the time of going to press, but may be subject to change. While all reasonable efforts will be made to ensure listed courses and programmes are offered and regulations are up to date, the University reserves the right to change the content or method of presentation, or to withdraw any course of study, or impose limitations on enrolments should circumstances require this.
CONTACT US
If you are not sure about what qualification you should be doing or which courses you should do, or if you just want some additional direction about university study in psychology, contact one of the following advisors in the School of Psychology:

### Academic Administrator
Phone: (06) 356 9099 ext 85072
Fax: (06) 355 9766
Email: psych.admin.auck@massey.ac.nz (Auckland)
psych.admin.pn@massey.ac.nz (Palmerston North)
psych.admin.wgtn@massey.ac.nz (Wellington)

### Undergraduate Psychology Co-ordinator
Phone: (09) 414 0800 ext 85083 (Auckland)
(06) 356 9099 ext 85083 (Palmerston North)
(04) 801 5799 ext 85083 (Wellington)
Fax: (06) 355 9766
Email: psych.undergrad.coordinator@massey.ac.nz
Email is the best way to contact the Undergraduate Coordinator

CONTACT INFORMATION FOR OUR THREE CAMPUSES

**Palmerston North Campus (Manawatū)**
- School of Psychology
- Massey University
- Private Bag 11 222
- PALMERSTON NORTH 4442
- Phone: +64 6 356 9099 ext 85071
- Fax: +64 6 355 9766

**Auckland Campus (Albany)**
- School of Psychology
- Massey University
- Private Bag 102 904
- North Shore Mail Centre
- AUCKLAND 0745
- Phone: +64 9 414 0800 ext 43116
- Fax: +64 9 441 8157

**Wellington Campus**
- School of Psychology
- Massey University
- Private Box 756
- WELLINGTON 6140
- Phone: +64 4 801 5799 ext 63210
- Fax: +64 4 801 0801

USEFUL WEB PAGES
- School of Psychology: [http://massey.ac.nz/psychology](http://massey.ac.nz/psychology)
- Massey University: [http://www.massey.ac.nz](http://www.massey.ac.nz)
Welcome to the School of Psychology at Massey University. And welcome to the community of lifelong learners that is the university. We love what we do here, and it is our pleasure to guide you along your pathway to greater knowledge about yourself and the people around you.

You will find that our curriculum for undergraduates is very flexible. The School is located across all three Massey campuses, with majors / minors offered in Auckland (Albany campus) and Palmerston North (Manawatū campus), and some courses available at Wellington. Our majors are offered in three degrees: The Bachelor of Arts; the Bachelor of Science and the Bachelor of Health Science. We also offer a Graduate Diploma in Arts or Science for those of you who already have an undergraduate degree with another major. All of our undergraduate qualifications can be also obtained though Distance learning. You can choose and change between full-time and part-time study, internal and Distance study, and between campuses - whichever suits you and your needs best.

Studying in our School will provide you with understanding of a wide range of perspectives on psychology and research methods for creating, evaluating and applying knowledge. The mix of knowledge about human behaviour and skills for research and communication provided by a psychology major is attractive to many employers. Psychology can also help you better understand yourself and others. If you aim to become a professional psychologist, our undergraduate programme lays a solid foundation for later postgraduate study. Most of all we want you to enjoy your study with us in a stimulating, positive, and approachable atmosphere.

We believe that there is benefit to all cultural groups of our commitment to being a te Tiriti led School. Bi-cultural knowledge and understanding is especially important if psychology is to have value for the social good of Aotearoa, New Zealand. Sensitivity to and appreciation of diversity is a hallmark of our discipline.

Our School includes a community of around 50 staff, all highly committed as active researchers, teachers, and advisers. You will find that our interests span almost all of the fields of contemporary psychology and each of us have unique emphases, yet we all work collaboratively to create a comprehensive and supportive learning environment for you. At the postgraduate level, we conduct a range of specialised professional programmes for those who wish to go on to specific careers in psychology. If you are planning to go on to postgraduate studies you may find it useful to take more psychology courses as electives alongside your major to add to the depth of your undergraduate psychology studies — sometimes students choose to do this even if they aren’t planning a postgraduate degree.

So, welcome again to this fascinating discipline and to the School of Psychology. I wish you every success during your time with us as a psychology student of Massey University.

Sincerely,

Ross Flett
Head of School
School of Psychology
PSYCHOLOGY AT MASSEY UNIVERSITY

Studying Psychology

The options for studying psychology at Massey are many ... and because it is a subject that is typically commenced at university, you don’t need to have studied any special subjects at school. All you need is curiosity and a willingness to learn.

Many Options for Study

You can study psychology as a major in a ...

- **Bachelor of Arts** degree
  - in Psychology
  - in Business Psychology
  - in Educational Psychology

- **Bachelor of Science** degree
  - in Psychology

- **Bachelor of Health Science** degree
  - in Psychology

- If you already have an undergraduate degree you can gain the equivalent of a major in Psychology through a Graduate Diploma in Arts or Science and Technology.

On-Campus versus Distance Learning*

- You can study psychology as an internal student on either the Albany or Manawatū campuses - or you can study as a distance student from home. (It is also possible to begin your psychology studies on the Wellington campus).
- You can be registered in internal and Distance study at the same time if this suits you best.

*If you are planning to do postgraduate study in psychology, it is recommended that you take at least one Distance course because postgraduate courses are delivered in a manner similar to Distance courses. They are taught in block mode which involves attending compulsory campus courses for short intensive periods of time, as this enables distance study for a number of postgraduate qualifications. You can choose between full-time and part-time study, whichever suits your situation. You can change between campuses, between internal and Distance delivery or between full-time and part-time.
The School of Psychology offers an extensive Distance programme, and it is possible to complete a BA, BHlthSc or BSc degree, or a Graduate Diploma, through Distance study. The two 100-level courses, 175.101 and 175.102, and five 200-level courses are available by Distance every year. The selection of 300-level courses varies from year to year. Some courses have on campus contact workshops associated with them, which are usually of two or three days’ duration.

For further information, see the Massey Distance Learning website: http://www.massey.ac.nz/?d81e05023g

Bicultural Focus in the School

As part of Massey University’s commitment to Te Tiriti o Waitangi (the Treaty of Waitangi), the School of Psychology is developing a bicultural focus as an integral part of the programmes offered. The Bicultural Committee and Māori staff have an important role in facilitating the development of this focus within the School.

Some of the initiatives in the School include:

- Tāngata Whenua tutorials available at 100-level for Māori and Pasifika students at the Manawatū campus in Palmerston North.
- Manawatū has Tuia te Mana Māori, a Māori Resource room, with study space, access to computers, and opportunities for whānaungātanga.
- Support tutorials for Māori undergraduates at all levels on the Albany Campus, Auckland.
- At Albany, Te Puawaitanga is a support network for Māori students, which provides tutorial support for undergraduates, and is developing a research network for Māori graduate students.

Across the School, a second year course, Ngā Tirohanga Rua o te Taha Hinengaro: Bicultural Perspectives in Psychology is offered internally and by Distance, and Māori perspectives are included in several other courses. We expect that all participants in our programmes (both staff and students) will recognise that Psychology has an on-going responsibility, through teaching and research programmes, to promote genuine Māori participation in the discipline in a manner consistent with Māori aspirations and processes. We anticipate building our capacity for bicultural knowledge and practice through active involvement of all staff and students.
WHAT SKILLS CAN PSYCHOLOGY GIVE YOU?

Psychology graduates acquire a number of valuable transferable skills in their courses, which actually equip them to undertake a wide range of graduate careers. Listed below are some of the skills in which psychology students are directly trained. None of them is unique to psychology, of course; but not many disciplines can offer so comprehensive a list. How often, for instance, do you find graduates who are simultaneously literate, numerate, digitally-literate and good at problem-solving?

<table>
<thead>
<tr>
<th>SKILL</th>
<th>DESCRIPTION</th>
</tr>
</thead>
<tbody>
<tr>
<td>Literacy</td>
<td>Write professional reports and essays.</td>
</tr>
<tr>
<td>Digital Literacy and Information-finding Skills</td>
<td>Use digital resources to gain knowledge and do research. Know how to go about accessing reliable scientific information on a particular topic or general area.</td>
</tr>
<tr>
<td>Numeracy</td>
<td>Handle and interpret statistical information.</td>
</tr>
<tr>
<td>Computer Literacy</td>
<td>Use software applications for creating reports and doing statistics; and gain the ability to learn to use new ones.</td>
</tr>
<tr>
<td>Interpersonal Awareness</td>
<td>Knowledge of the mechanisms of social communication and the potential sources of interpersonal conflict.</td>
</tr>
<tr>
<td>Ethics</td>
<td>Evaluate psychologists’ behaviour in psychological research and other professional contexts.</td>
</tr>
<tr>
<td>Problem Solving</td>
<td>Be able to identify different strategies and approaches to solving problems and reason scientifically.</td>
</tr>
<tr>
<td>Critical Evaluation</td>
<td>Be able to appraise information and situations realistically, and to anticipate problems or difficulties.</td>
</tr>
<tr>
<td>Research Skills</td>
<td>Know how to go about gathering systematic information about human experience and behaviour.</td>
</tr>
<tr>
<td>Measurement Skills</td>
<td>Know how to go about designing and interpreting data from questionnaires and other measurement tools.</td>
</tr>
<tr>
<td>Higher-order Analysis</td>
<td>Be able to extract abstract, general principles from immediate or concrete situations.</td>
</tr>
</tbody>
</table>


Many of our undergraduates don’t do justice to themselves in interviews because they freeze up when they come to the dreaded question: “And what do you have to offer us?” We would hope that our summary of useful skills will help you avoid similar situations when you graduate.
Career Opportunities

It is impossible to predict all of the career paths that a degree in psychology can lead to - virtually any setting where knowledge of human behaviour and interactions is useful, may employ a psychology graduate. Some areas where recent graduates have gained employment are:

- Counselling
- Human resources
- Public health
- Youth support
- Policy
- Rehabilitation psychology
- Scientific research
- Special education
- Social Services
- Justice / Policing
- Armed services careers
- Community support agencies

For advice and information about careers and employment contact the university’s Career and Employment Service: [http://www.massey.ac.nz/careers/](http://www.massey.ac.nz/careers/)
THE PSYCHOLOGY PROGRAMME

What is Psychology?

Psychology can be defined as the scientific study of behaviour and mental processes. However, this definition does not do justice to the diversity of content that characterises psychology. Psychology can be considered to be both a natural science and a social science.

- As a natural science, psychology focuses on perception, cognition, learning, and the biological bases of behaviour.
- As a social science, psychology focuses on development, personality, social processes, and abnormal behaviour.

The natural science and social science aspects of psychology are linked together by a common core of research methods, which includes experimental design, data analysis, and psychometrics. Another important aspect of psychology is its applicability to the world outside the laboratory, to assist in the solution of individual and social problems.

Psychology at Massey

The range of psychology courses offered at Massey reflects the diversity of psychology. Undergraduate courses cover the natural science aspect of psychology, the social science aspect of psychology, research methods used in psychology, and applications of psychology. The table on the next page shows how the various courses offered at Massey fit into the different categories.

- **100 Level**: An introduction to both the natural science and the social science aspects of psychology is provided by the two 100-level courses.
- **200 Level**: The 200-level courses offer further study of both aspects, and research methods are introduced.
- **300 Level**: At 300-level, all aspects of psychology are covered in a wide range of courses, and applied areas of psychology are included.

Majoring requirements in psychology are structured so that students include courses from the natural science category, the social science category, and the research methods category within the major. There is also flexibility within the majoring requirements, so that students can pursue their particular interests within psychology.
# Courses in the Undergraduate Psychology Programme at a Glance

<table>
<thead>
<tr>
<th></th>
<th>Psychology as a Social Science</th>
<th>Psychology as a Natural Science</th>
<th>Psychological Research Methods</th>
<th>Applied Psychology</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>100-level</strong></td>
<td>175.101 Psychology as a Social Science (All*)</td>
<td>175.102 Psychology as a Natural Science (All)</td>
<td>175.203 Introduction to Psychological Research (A, M, D)</td>
<td></td>
</tr>
<tr>
<td></td>
<td>175.201 Social Psychology (All)</td>
<td>175.205 Brain and Behaviour (A, M, D)</td>
<td>175.206 Memory and Cognition (A, M, D)</td>
<td></td>
</tr>
<tr>
<td></td>
<td>175.210 Ngā Tirohanga Rua o te Taha Hinengaro: Bicultural Perspectives (A, M, D)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>200-level</strong></td>
<td>175.302 Abnormal and Therapeutic Psychology (A, M, D)</td>
<td>175.316 Evolution, Culture, and Mind (D)</td>
<td>175.303 The Practice of Psychological Research (A, D)</td>
<td>175.301 Community Psychology (D)</td>
</tr>
<tr>
<td></td>
<td>175.311 Psychology of Women (D)</td>
<td>175.318 Experimental Psychology (A, M)</td>
<td>175.306 Assessment of Individual Differences (A, M, D)</td>
<td>175.304 Psychology of Security (A, D)</td>
</tr>
<tr>
<td></td>
<td>175.313 Gender and Violence (D#)</td>
<td></td>
<td></td>
<td>175.309 Forensic Psychology (D)</td>
</tr>
<tr>
<td></td>
<td></td>
<td>175.317 Health Psychology (D)</td>
<td></td>
<td>175.313 Gender and Violence (D#)</td>
</tr>
<tr>
<td></td>
<td></td>
<td>175.343 Personnel Psychology and Career Development (A, D)</td>
<td></td>
<td>175.345 Organisational Psychology (A, M, D)</td>
</tr>
</tbody>
</table>

* Availability: **All** = all campuses and by distance learning; **A** = Albany, **M** = Manawatū, **W** = Wellington, **D** = Distance

# Not offered at this location in 2019
COURSE OFFERINGS 2019

The School of Psychology teaches nearly 20 different undergraduate courses and many of them are available both on campus and by distance study. A brief description of each course is provided on the next few pages. The descriptions include information about:

- **Calendar Prescription** (what the course is about)
- **Location, Semester, and Course Co-ordinator** (when and where the course is offered and who teaches it)
- **Laboratory and / or practical work** (whether you’ll be expected to do these)
- **Pre-requisites** (what other courses you need to have before enrolling)
- **Distance Contact Workshop status** (whether there is an on-campus course for the Distance offering)

For more detailed information about individual courses, course descriptions are available from the School of Psychology offices at the appropriate campuses.

Course Levels

Courses are organised by level. 100-level courses are studied first. Once you have completed 45 credits (3 courses) at 100-level you can study 200-level courses, and once you have completed 45 credits of 200-level courses you can enrol in 300-level courses.

Required Courses and Pre-requisite Courses

There are two courses that you **must** complete to gain most qualifications in psychology; these are **175.102 Psychology as Natural Science** and **175.203 Introduction to Psychological Research**. In addition to being required to complete your qualification, these two courses are pre-requisites for enrolling in psychology courses at higher levels.

- **175.102 Psychology as Natural Science** is a pre-requisite for 175.203, 175.205, and 175.206.
- **175.203 Introduction to Psychological Research** is a pre-requisite for **ALL** 300-level psychology courses with the exception of **175.304 Psychology of Security**.

It is important that you enrol in these courses at the earliest opportunity to ensure that you can complete your qualification on time.

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## 100 Level Courses

### 175.101 Psychology as a Social Science

- An introduction to psychology as the scientific study of human behaviour, with emphasis on individual differences and social influences. The course aims to develop an awareness of the issues, terminology, methods and techniques involved in the study of human behaviour.
- All students majoring in Psychology or Business Psychology must include 175.102 in their undergraduate degree.
- **NO Distance Contact Workshop.**

### Location / Semester / Coordinator

<table>
<thead>
<tr>
<th>Location</th>
<th>Semester</th>
<th>Coordinator</th>
</tr>
</thead>
<tbody>
<tr>
<td>Auckland</td>
<td>S1</td>
<td>Veronica Hopner</td>
</tr>
<tr>
<td>Palmerston North</td>
<td>S1</td>
<td>Ross Flett</td>
</tr>
<tr>
<td>Palmerston North</td>
<td>S2</td>
<td>Ross Flett</td>
</tr>
<tr>
<td>Distance</td>
<td>S2</td>
<td>Veronica Hopner</td>
</tr>
<tr>
<td>Distance</td>
<td>Summer School</td>
<td>Ruth Tarrant</td>
</tr>
</tbody>
</table>

### 175.102 Psychology as a Natural Science

- An introduction to methods and findings from the scientific study of psychology and its application to everyday human behaviour. Examination of basic behavioural, perceptual and cognitive processes and how these are influenced by biological mechanisms and cultural context.
- Laboratory and / or practical work is associated with this course.
- All students majoring in Psychology or Business Psychology must include 175.102 in their undergraduate degree.

### Location / Semester / Coordinator

<table>
<thead>
<tr>
<th>Location</th>
<th>Semester</th>
<th>Coordinator</th>
</tr>
</thead>
<tbody>
<tr>
<td>Palmerston North</td>
<td>S1</td>
<td>Aaron Drummond</td>
</tr>
<tr>
<td>Distance</td>
<td>S1</td>
<td>Peter Cannon</td>
</tr>
<tr>
<td>Auckland</td>
<td>S2</td>
<td>Clifford van Ommen</td>
</tr>
<tr>
<td>Palmerston North</td>
<td>S2</td>
<td>Aaron Drummond</td>
</tr>
</tbody>
</table>

**Required course and important pre-requisite course**
200 Level Courses

175.201 Social Psychology

• A survey of contemporary experimental social psychology. Against this backdrop critical perspectives are introduced with particular emphasis on the practice of discursive psychology in the New Zealand context.
• Pre-requisite: at least 45 credits from 100 level. At least 90 credits from 100 level for Bachelor of Science.
• BA students majoring in Business Psychology must include 175.201 in their undergraduate degree.
• No Distance Contact Workshop.

Location / Semester / Coordinator

• Palmerston North S1 Tracy Morrison
• Distance S1 Keith Tuffin
• Auckland S2 Darrin Hodgetts

175.203 Introduction to Psychological Research

• An introduction to methods commonly used in psychological research to define problems, measure psychological phenomena, choose designs, analyse and interpret data and communicate research information.
• Pre-requisite: 175.102. At least 45 credits from 100 level. At least 90 credits from 100 level for Bachelor of Science.
• 175.203 is a compulsory requirement for ALL Psychology, Business Psychology and Educational Psychology degrees, minors, and graduate diplomas.
• Laboratory and / or practical work is associated with this course.
• No Distance Contact Workshop.

Location / Semester / Coordinator

• Auckland S1 Heather Kempton
• Palmerston North S1 Michael Philipp
• Distance S1 Peter Cannon

Required course and important pre-requisite course
200 Level Courses

175.205 Brain and Behaviour

• An introduction to basic biological processes underpinning behaviour and what happens when these processes are disputed. Students will develop critical thinking and effective communication skills (both verbal and written) in relation to biological psychology.
• Pre-requisite: 175.102. At least 45 credits from 100 level. At least 90 credits from 100 level for Bachelor of Science.
• Laboratory and / or practical work is associated with this course.
• RECOMMENDED Distance Contact Workshop: 26 - 27 August 2019, Palmerston North.

Location / Semester / Coordinator

- Auckland S1 Clifford van Ommen
- Distance (R) S2 Ute Kreplin
- Palmerston North S2 Ute Kreplin

175.206 Memory and Cognition

• The central goal of the course is to consider how knowledge is represented and processed in the brain. Students will be introduced to the mental processes involved in thinking and knowing, studied within a converging methods framework that includes evidence from experimental psychology, neuroscience, neuropsychology and cognitive science.
• Pre-requisite: 175.102. At least 45 credits from 100 level. At least 90 credits from 100 level for Bachelor of Science.*
• Laboratory and / or practical work is associated with this course.
• RECOMMENDED Distance Contact Workshop: 28 - 29 August 2019, Palmerston North.

Location / Semester / Coordinator

- Auckland S1 Heather Kempton
- Palmerston North S1 Stephen Hill
- Distance (R) S2 Stephen Hill
200 Level Courses

175.210 Ngā tirohanga rua o te taha hinengaro: Bicultural Perspectives in Psychology

• This course examines Maori worldviews within the context of psychology in Aotearoa/New Zealand. Maori psychological theories provide valuable insights into an understanding of well being, spirituality and familial relationships. Students are given guidance on how to competently implement this knowledge to encourage biculturalism in psychological practice, teaching and research.

• Pre-requisite/s: at least 45 credits from 100 level. At least 90 credits from 100 level for Bachelor of Science.

• Restriction/s: 175.312

• This course is recommended for those planning to work in Aotearoa/New Zealand.

• RECOMMENDED Distance Contact Workshop: 26 - 27 August 2019, Palmerston North.

Location / Semester / Coordinator

- Auckland S2 Natasha Tassell-Matamua
- Palmerston North S2 Natasha Tassell-Matamua
- Distance (R) S2 Natasha Tassell-Matamua
300 Level Courses

175.301 Community Psychology

- Community psychology focuses on people within the contexts of social settings and systems, that is, in ecological relationships with social and physical environments. Conceptual frameworks, the roles of research and practice and specific intervention strategies developed and used by community psychologists will be among topics considered.
- **Pre-requisites:** 175.203. At least 45 credits from 200 level.
- Laboratory and / or practical work is associated with this course.
- **NO** Distance Contact Workshop.

Location / Semester / Coordinator

- Distance S1 Leigh Coombes

175.302 Abnormal and Therapeutic Psychology

- This course provides an introduction to abnormal psychology, with an emphasis on current thinking and research in the field. The course examines the core concepts in defining and classifying abnormality, some of the major psychological disorders across the lifespan and empirically supported approaches to explaining and treating these disorders.
- **Pre-requisite:** 175.203. At least 45 credits from 200 level.
- Laboratory and / or practical work is associated with this course.
- It is recommended that students who intend to apply for entry to the postgraduate clinical programme include 175.302 in their undergraduate degree.
- **RECOMMENDED** Distance Contact Workshop: 26 - 27 August 2019, Wellington.

Location / Semester / Coordinator

- Auckland S1 John Fitzgerald
- Palmerston North S1 Kirsty Ross
- Distance (R) S2 John Fitzgerald
300 Level Courses

175.303 The Practice of Psychological Research

- Study of the practice of psychological research. Students undertake a range of exercises and class projects to develop practical research skills.
- Pre-requisite: 175.203. At least 45 credits from 200 level.
- Laboratory and / or practical work is associated with this course.
- The development of research skills is an important part of the training as a psychologist. The School of Psychology strongly recommends that all students majoring in Psychology include 175.303 in their degree.
- NO Distance Contact Workshop.

Location / Semester / Coordinator

- Auckland S1 Kathryn McGuigan
- Distance S2 Matt Williams

175.304 The Psychology of Security

- An exploration of how psychology can be utilised to improve our understanding of, and responses to, the various security challenges posed by the contemporary environment.
- Pre-requisite: At least 45 credits from 200 level.
- Laboratory and / or practical work is associated with this course.
- NO Distance Contact Workshop.

Location / Semester / Coordinator

- Auckland S2 Veronica Hopner
- Distance S2 Veronica Hopner
300 Level Courses

175.306 Assessment of Individual Differences

- Study of the basic concepts of psychological testing within the broad context of the assessment of individual and group differences. Examination of the rationale behind testing and its application to a wide range of assessment situations.
- Pre-requisite: 175.203. At least 45 credits from 200 level.
- Laboratory and / or practical work is associated with this course.
- It is recommended that students who intend to apply for entry to the postgraduate clinical programme include 175.306 in their undergraduate degree.
- RECOMMENDED Distance Contact Workshop: 4 - 5 September 2019, Palmerston North.

Location / Semester / Coordinator

- Auckland S2 Richard Fletcher
- Palmerston North S2 Gus Habermann
- Distance (R) S2 Gus Habermann

175.309 Forensic Psychology

- The focus of this course is to study the issues and controversies in contemporary relationships between psychology and law. The diversity of the field and forensic practice is reflected in the topics covered and the themes of violence and justice are used to represent the multidisciplinary influences at the nexus of psychology and law within mental health and legal systems.
- Pre-requisite/s: 175.203. At least 45 credits from 200 level.
- RECOMMENDED Distance Contact Workshop: 2 - 3 September 2019, Palmerston North.

Location / Semester / Coordinator

- Distance (R) S2 Leigh Coombes
300 Level Courses

175.311 Psychology of Women

- A theory and research-based examination of psychological issues that concern women. The issues are viewed from four contemporary theoretical perspectives and include psychological differences among women and life events that occur exclusively for women. The history of women in psychology and research methodologies suitable for use with women and girls will also be examined.
- Pre-requisite/s: 175.203. At least 45 credits from 200 level.
- RECOMMENDED Distance Contact Workshop: 15 - 16 April 2019, Palmerston North.

Location / Semester / Coordinator

- Distance (R) S1 Mandy Morgan

175.316 Evolution, Culture and Mind

- An evolutionary approach to viewing humans as species socialized into meaning-making, focusing on biological, cultural and evolutionary bases of human behaviour and on applying different approaches to culture to understand the self and the functioning of societies and culture.
- Pre-requisite: 175.203. At least 45 credits from 200 level.
- Laboratory and / or practical work is associated with this course.
- Note/s: This course is internet based. Regular internet access is required.
- NO Distance Contact Workshop.

Location / Semester / Coordinator

- Distance S1 James Liu
175.317 Health Psychology

- This course consists of an introduction to and critique of general theories and models that have been used to understand, describe, predict and change behaviours related to health and illness and health promotion. It has strong focus on the application of health psychology in the New Zealand context.
- **Pre-requisite/s**: 175.203. At least 45 credits from 200 level.
- **NO Distance Contact Workshop.**

175.318 Experimental Psychology

- An examination of cognitive, neuropsychological and electrophysiological techniques of experimental psychology through a hands-on approach.
- **Pre-requisite/s**: 175.203, 175.205 and 175.206. At least 45 credits from 200 level.
- Laboratory and / or practical work is associated with this course.

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**Location / Semester / Coordinator**

**175.317 Health Psychology**

- Distance
- S1
- Denise Blake

**175.318 Experimental Psychology**

- Palmerston North
- Double (S1 & 2)
- Stephen Hill
300 Level Courses

175.343 Personnel Psychology and Career Development

• Study of applied aspects of individual differences in organisations. Issues such as selection and training, performance evaluation, occupational health and vocational and career development will be studied.
• Pre-requisite/s: 175.203. At least 45 credits from 200 level.
• NO Distance Contact Workshop.

Location / Semester / Coordinator

- Auckland S1 Lisa Stewart
- Distance S2 Fiona Alpass

175.345 Organisational Psychology

• An introduction to key concepts within organisational psychology, concentrating on the interplay between theoretical issues and practical concerns. Students will be enabled to critically evaluate the implications which different psychological perspectives have for understanding organisational problems.
• Pre-requisite/s: 175.203. At least 45 credits from 200 level.
• NO Distance Contact Workshop.

Location / Semester / Coordinator

- Palmerston North S1 Jocelyn Handy
- Distance S1 Jocelyn Handy
- Auckland S2 Stuart Carr
## Course Offerings by Campus

In 2019 the following courses will be offered:

<table>
<thead>
<tr>
<th>Psychology Courses</th>
<th>Auckland (Albany)</th>
<th>Palmerston North (Manawatū)</th>
<th>Wellington</th>
<th>Distance</th>
</tr>
</thead>
<tbody>
<tr>
<td>175.101 Psychology as a Social Science</td>
<td>1 &amp; 2</td>
<td>2 &amp; SS</td>
<td>1</td>
<td></td>
</tr>
<tr>
<td>175.102 Psychology as a Natural Science</td>
<td>1 &amp; 2</td>
<td>1</td>
<td></td>
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<tr>
<td>175.201 Social Psychology</td>
<td>2</td>
<td>2</td>
<td>1</td>
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</tr>
<tr>
<td>175.203 Introduction to Psychological Research</td>
<td>1</td>
<td>1</td>
<td>1</td>
<td></td>
</tr>
<tr>
<td>175.205 Brain and Behaviour</td>
<td>1</td>
<td>2</td>
<td>2</td>
<td></td>
</tr>
<tr>
<td>175.206 Memory and Cognition</td>
<td>1</td>
<td>1</td>
<td>2</td>
<td></td>
</tr>
<tr>
<td>175.210 Bicultural Perspectives in Psychology</td>
<td>2</td>
<td>2</td>
<td>2</td>
<td></td>
</tr>
<tr>
<td>175.301 Community Psychology</td>
<td>1</td>
<td>1</td>
<td>2</td>
<td></td>
</tr>
<tr>
<td>175.302 Abnormal and Therapeutic Psychology</td>
<td>1</td>
<td>2</td>
<td></td>
<td></td>
</tr>
<tr>
<td>175.303 The Practice of Psychological Research</td>
<td>2</td>
<td>2</td>
<td></td>
<td></td>
</tr>
<tr>
<td>175.304 The Psychology of Security</td>
<td>2</td>
<td>2</td>
<td></td>
<td></td>
</tr>
<tr>
<td>175.306 Assessment of Individual Differences</td>
<td>2</td>
<td>2</td>
<td></td>
<td></td>
</tr>
<tr>
<td>175.309 Forensic Psychology</td>
<td>1</td>
<td>2</td>
<td></td>
<td></td>
</tr>
<tr>
<td>175.311 Psychology of Women</td>
<td>1</td>
<td>1</td>
<td></td>
<td></td>
</tr>
<tr>
<td>175.316 Evolution, Culture and Mind</td>
<td>1</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>175.317 Health Psychology</td>
<td>1</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>175.318 Experimental Psychology</td>
<td>Double</td>
<td>2</td>
<td></td>
<td></td>
</tr>
<tr>
<td>175.343 Personnel Psychology and Career Development</td>
<td>2</td>
<td>2</td>
<td></td>
<td></td>
</tr>
<tr>
<td>175.345 Organisational Psychology</td>
<td>1</td>
<td>1</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### Business Psychology Courses

<table>
<thead>
<tr>
<th>Business Psychology Courses</th>
<th>Auckland (Albany)</th>
<th>Palmerston North (Manawatū)</th>
<th>Wellington</th>
<th>Distance</th>
</tr>
</thead>
<tbody>
<tr>
<td>114.241 Principles of Human Resources Management</td>
<td>1</td>
<td>1</td>
<td>1 &amp; SS</td>
<td></td>
</tr>
<tr>
<td>114.330 Equity and Diversity in the Workplace</td>
<td>1</td>
<td>1</td>
<td></td>
<td></td>
</tr>
<tr>
<td>114.396 Strategic Human Resource Management</td>
<td>2</td>
<td>2</td>
<td></td>
<td></td>
</tr>
<tr>
<td>152.304 Managing Services</td>
<td>2</td>
<td>2</td>
<td></td>
<td></td>
</tr>
<tr>
<td>152.336 Leadership Practice</td>
<td>2</td>
<td>2</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Key:**
- 1 = available in Semester 1
- 2 = available in Semester 2
- 1 & 2 = available in both semesters
- SS = available in Summer School
- Double = available as a whole year long course (semesters 1 and 2)
QUALIFICATIONS

General Information

As noted earlier students can study psychology as part of many degree programmes: the Bachelor of Arts (BA) degree, Bachelor of Science (BSc) degree or Bachelor of Health Science (BHlthSc) degree. Those who major in Business Psychology or Educational Psychology complete a Bachelor of Arts (BA) degree. Students who already hold an undergraduate degree can complete the equivalent of a major in psychology by enrolling for the Graduate Diploma in Arts or Sciences (see the Graduate Diploma information below).

- The BA, BSc and BHlthSc degrees each consist of 360 credits.
- Students accumulate credits by completing units of study called courses, most of which are worth 15 credits. This means that the typical BA or BSc degree will consist of 24 courses.

Full Time and Part Time Study

- A full time course is defined as 60 credits per semester, or 120 credits per academic year. If you are studying full time, you should be able to complete a degree in three years.
- If you are studying part time, the time taken to complete a degree will be longer, and will depend on how many credits you complete each semester. Students in Bachelor’s degrees have 8 academic years to complete their degree part time.

Bachelor’s Degrees

To complete a major in Psychology students must complete a minimum number of psychology courses – the exact number depends on the degree (see image on right) as well as one or two important non-psychology courses (communication skills, statistics – see each qualification entry for further information).

Students may complete more than the required number of credits in psychology. The psychology component in all three degrees is similar, what differs is the other subjects that you include in your degree.

Some degrees have more restrictions on the subjects you may choose than others. If you are completing a BA degree then you will select most of your other subjects from the Humanities and Social Sciences, and may elect to complete a minor from amongst the subjects offered in another College. If you are completing a BSc degree, then you will select other courses from those that are prescribed for the degree, including some courses from the Humanities and Social Sciences, and some from the Sciences. The Bachelor of Health...
Science degree is highly structured, and candidates should seek advice on the appropriate first year elective course choices.

If you wish to complete a major in Business Psychology, then you must do a BA degree. The Business Psychology major requires 195 credits: 135 credits in Psychology and 60 credits from courses offered by the College of Business.

**Graduate Diplomas**

Students who already hold a university degree in any discipline can complete a Graduate Diploma in Arts (Psychology endorsement) or Science and Technology (Psychology subject). These Diplomas consists of 120 credits (8 courses), obtained from 200-level and 300-level courses. If you wish the Graduate Diploma to be used as a transitional course for graduates without a major in psychology all eight courses should be in psychology.

The Diploma may be completed internally and / or by Distance. It may be completed in one year of full time study or over up to 8 academic years by part time study.

To enrol for the Graduate Diploma, candidates (with NZ Citizenship or Permanent Resident status) whose degree is not from Massey University should provide verified photocopies of their academic transcripts and / or qualification to the University upon enrolment.

Students who hold an overseas degree (or non-degree qualifications) will need to provide verified photocopies of all supporting documentation.

**NOTE:** Graduate Diploma applications take several weeks to process; you should submit your application and supporting documentation well in advance of the enrolment closing dates.

**Other Qualifications**

In addition to degrees and Graduate Diplomas, Massey offers several other qualifications that allow specialisation in psychology:

- the Minor in Psychology;
- the Minor in Educational Psychology;
- the Diploma of Psychology;
- and the Graduate Certificate in Psychology.

Unlike degrees and Graduate Diplomas these qualifications do not allow a student to progress to postgraduate study in psychology (although they can all be ‘upgraded’ to a degree or Graduate Diploma on the completion of additional courses). See below for additional information about these qualifications.
## Psychology Qualifications at a Glance

<table>
<thead>
<tr>
<th>Qualification</th>
<th>Pre-requisite</th>
<th>Total Credits (Courses) in Qualification</th>
<th>Minimum Psychology Credits (Courses)</th>
<th>Allows Progression to Postgraduate Psychology</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bachelor of Arts</td>
<td>Normal university entry requirements</td>
<td>360 (24)</td>
<td>135 (9)</td>
<td>Yes</td>
</tr>
<tr>
<td>Bachelor of Arts in Business Psychology</td>
<td>Normal</td>
<td>360 (24)</td>
<td>135 (9)</td>
<td>Yes</td>
</tr>
<tr>
<td>Bachelor of Arts in Educational Psychology</td>
<td>Normal</td>
<td>360 (24)</td>
<td>45 (3)</td>
<td>No* (but see below)</td>
</tr>
<tr>
<td>Bachelor of Science</td>
<td>Normal</td>
<td>360 (24)</td>
<td>150 (10)</td>
<td>Yes</td>
</tr>
<tr>
<td>Bachelor of Health Science</td>
<td>Normal</td>
<td>360 (24)</td>
<td>120 (8†)</td>
<td>Yes</td>
</tr>
<tr>
<td>Minor (Psychology)</td>
<td>Normal</td>
<td>75 (5)</td>
<td>75 (5)</td>
<td>No</td>
</tr>
<tr>
<td>Minor (Educational Psychology)</td>
<td>Normal</td>
<td>75 (5)</td>
<td>30 (2)</td>
<td>No</td>
</tr>
<tr>
<td>Diploma in Arts (Psychology endorsement)</td>
<td>Normal</td>
<td>120 (8)</td>
<td>75 (5)</td>
<td>No</td>
</tr>
<tr>
<td>Graduate Certificate in Arts (Psychology endorsement)</td>
<td>Existing degree</td>
<td>60 (4)</td>
<td>60 (4)</td>
<td>No</td>
</tr>
<tr>
<td>Graduate Diploma in Arts (Psychology endorsement)</td>
<td>Existing degree</td>
<td>120 (8)</td>
<td>90(6) but 120 (8) strongly recommended</td>
<td>Yes</td>
</tr>
<tr>
<td>Graduate Diploma in Science and Technology (Psychology subject)</td>
<td>Existing degree</td>
<td>120 (8)</td>
<td>120 (8) strongly recommended</td>
<td>Yes</td>
</tr>
</tbody>
</table>

*A BA in Educational Psychology allows progression to postgraduate Educational Psychology. A BA in Educational Psychology that includes at least 3 200-level and 4 300-level Psychology courses (prefix 175.XXX) allows progression to postgraduate psychology in the School of Psychology.

† A BHlthSc in Psychology requires students to do 4 200-level psychology courses and 4 300-level psychology courses. In addition 175.102 and 175.203 are required pre-requisite courses and we strongly recommend that you also complete 175.101.
BACHELOR’S DEGREES

Bachelor of Arts Degree with Psychology Major

<table>
<thead>
<tr>
<th>Total Credits (Courses) in Qualification</th>
<th>Minimum Psychology Credits (Courses)</th>
<th>Allows Progression to Postgraduate Psychology</th>
</tr>
</thead>
<tbody>
<tr>
<td>360 (24)</td>
<td>135 (9)</td>
<td>Yes</td>
</tr>
</tbody>
</table>

Structure

A Bachelor of Arts degree consists of courses totalling 360 credits. For a Psychology major in the BA degree, a student must complete a minimum of 135 credits (9 courses) in Psychology. All BA students majoring in Psychology must complete the following course of study:

**Required Psychology Courses 45 credits (3 courses):**
- 175.101 Psychology as a Social Science
- 175.102 Psychology as a Natural Science
- 175.203 Introduction to Psychological Research

**Plus 30 credits (2 courses) from:**
- 175.201 Social Psychology
- 175.205 Brain and Behaviour
- 175.206 Memory and Cognition
- 175.210 Ngā Tirohanga Rua o te Taha Hinengaro: Bicultural Perspectives in Psychology

**Plus 60 credits (4 courses) from:**
- 175.301 Community Psychology
- 175.302 Abnormal and Therapeutic Psychology
- 175.303 The Practice of Psychological Research
- 175.304 The Psychology of Security
- 175.306 Assessment of Individual Differences
- 175.309 Forensic Psychology
- 175.311 Psychology of Women
- 175.316 Evolution, Culture and Mind
- 175.317 Health Psychology
- 175.318 Experimental Psychology
- 175.343 Personnel Psychology and Career Development
- 175.345 Organisational Psychology

**Required BA Core Courses 75 credits (5 courses) from:**
- 230.110 Tūrangawaewae: Identity and Belonging in Aotearoa New Zealand
- 230.111 Tū Kupu: Writing and Inquiry
- 230.112 Tū Arohae: Critical Thinking
- 230.210 Tū Rangaranga: Global Encounters
- 230.310 Tū Tira Mai: Practising Engagement
## Bachelor of Arts Degree with Business Psychology Major

<table>
<thead>
<tr>
<th>Total Credits (Courses) in Qualification</th>
<th>Minimum Psychology Credits (Courses)</th>
<th>Allows Progression to Postgraduate Psychology</th>
</tr>
</thead>
<tbody>
<tr>
<td>360 (24)</td>
<td>135 (9)</td>
<td>Yes</td>
</tr>
</tbody>
</table>

### Structure

For a Business Psychology major in the BA degree, a student must complete a minimum of 135 credits (9 courses) in Psychology and 60 credits (4 courses) in Business Studies. The addition of at least one extra 200-level psychology course is strongly recommended. All BA students majoring in Business Psychology must complete the following course of study:

#### Compulsory Courses 90 credits (6 courses):
- 175.101 Psychology as a Social Science
- 175.102 Psychology as a Natural Science
- 175.201 Social Psychology
- 175.203 Introduction to Psychological Research
- 114.241 Principles of Human Resources Management
- 152.250 Managing Organisations

#### Compulsory Courses of at least 30 credits (2 course) from:
- 114.330 Equity and Diversity in the Workplace
- 114.396 Strategic Human Resource Management
- 152.304 Managing Services
- 152.336 Leadership Practice
- 152.325 Designing and Developing Organisations

#### Plus Compulsory Courses of at least 30 credits (2 courses) from:
- 175.306 Assessment of Individual Differences*
- 175.343 Personnel Psychology and Career Development*
- 175.345 Organisational Psychology*

#### At least 15 credits (1 course) from:
- 175.205 Brain and Behaviour
- 175.206 Memory and Cognition
- 175.210 Ngā Tirohanga Rua o te Taha Hinengaro: Bicultural Perspectives in Psychology

#### At least 30 credits (2 courses) from:
- 175.301 Community Psychology
- 175.302 Abnormal and Therapeutic Psychology
- 175.303 The Practice of Psychological Research
- 175.309 Forensic Psychology
- 175.316 Evolution, Culture and Mind
- 175.317 Health Psychology
- 175.318 Experimental Psychology
Required BA Core Courses 75 credits (5 courses):

- 230.110 Tūrangawaewae: Identity and Belonging in Aotearoa New Zealand
- 230.111 Tū Kupu: Writing and Inquiry
- 230.112 Tū Arohae: Critical Thinking
- 230.210 Tū Rangaranga: Global Encounters
- 230.310 Tū Tira Mai: Practising Engagement

NOTES
1. The 60 credits of Business courses must be included in the 120 credits allowed from non-BA courses.
2. *At least* two of these courses (175.306, 175.343, and 175.345) must be selected.
Bachelor of Arts Degree with Educational Psychology Major

<table>
<thead>
<tr>
<th>Total Credits (Courses) in Qualification</th>
<th>Minimum Psychology Credits (Courses)</th>
<th>Allows Progression to Postgraduate Psychology</th>
</tr>
</thead>
<tbody>
<tr>
<td>360 (24)</td>
<td>45 (3)</td>
<td>No*</td>
</tr>
</tbody>
</table>

### Structure

The BA (Educational Psychology) draws on knowledge from both Psychology and Education and involves an examination of educational interventions, learning and motivation, behaviour modification and special education. All BA students majoring in Educational Psychology must complete the following course of study:

#### Required Psychology Courses 45 credits (3 courses):

- 175.102 Psychology as a Natural Science
- 175.203 Introduction to Psychological Research
- 175.306 Assessment of Individual Differences

#### Required Education courses 60 credits (4 courses):

- 275.102 Human Development
- 256.201 Educational Psychology
- 256.303 Sustainable Learning
- 256.304 Positive Behaviour for Learning

#### At least 15 credits (1 course) from:

- 175.201 Social Psychology
- 175.205 Brain and Behaviour
- 175.206 Memory and Cognition
- 175.210 Ngā Tirohanga Rua o te Taha Hinengaro: Bicultural Perspectives in Psychology
- 249.284 Introduction to Equity and Inclusion in Education
- 249.287 Early Intervention

#### At least 15 credits (1 course) from:

- 249.384 Consultation and Collaboration in Inclusive Education
- 258.301 Language, Literacy, and Cognitive Development
- 263.301 Learning and Motivation
- 263.331 Assessment and Learning

#### Required BA Core Courses 75 credits (5 courses):

- 230.110 Tūrangawaewae: Identity and Belonging in Aotearoa New Zealand
- 230.111 Tū Kupu: Writing and Inquiry
- 230.112 Tū Arohae: Critical Thinking
- 230.210 Tū Rangarangar: Global Encounters
- 230.310 Tū Tira Mai: Practising Engagement

### NOTES

1. The following are recommended as elective courses: 175.101, 175.302
2. *Completion of the BA with a major in Educational Psychology allows students to pursue postgraduate studies in Educational Psychology only; it does not allow progression into postgraduate psychology in the School of Psychology. However, entry into the postgraduate psychology programme is possible if 2 additional 200-level psychology courses and 3 additional 300-level psychology courses are included as elective courses in the BA (Educational Psychology).
Bachelor of Science Degree with Psychology Major

<table>
<thead>
<tr>
<th>Total Credits (Courses) in Qualification</th>
<th>Minimum Psychology Credits (Courses)</th>
<th>Allows Progression to Postgraduate Psychology</th>
</tr>
</thead>
<tbody>
<tr>
<td>360 (24)</td>
<td>150 (10)</td>
<td>Yes</td>
</tr>
</tbody>
</table>

Structure

A Bachelor of Science degree consists of 360 credits. For a Psychology major in the BSc degree, a student must complete a minimum of 150 credits (10 courses) in Psychology. All BSc students majoring in Psychology must complete the following course of study:

**Required Courses 45 credits (3 courses):**
- 175.101 Psychology as a Social Science
- 175.102 Psychology as a Natural Science (prerequisite for 200-level)
- 175.203 Introduction to Psychological Research

**Required Communication Course 15 credits (1 course) from:**
- 247.155 Communication in the Sciences
- 247.177 Written Communication for Information Sciences
- 192.102 Academic Writing in English for Speakers of Other Languages

**Required Mathematics / Statistics Course 15 credits (1 course) from:**
- 161.101 Statistics for Business
- 160.103 Introductory University Mathematics
- 160.131 Mathematics for Business 1
- 161.120 Introductory Statistics
- 161.130 Introductory Biostatistics

**Plus 45 credits (3 courses) from:**
- 175.201 Social Psychology
- 175.205 Brain and Behaviour
- 175.206 Memory and Cognition
- 175.210 Ngā Tirohanga Rua o te Taha Hinengaro: Bicultural Perspectives in Psychology

**Plus 60 credits (4 courses) from:**
- 175.301 Community Psychology
- 175.302 Abnormal and Therapeutic Psychology
- 175.303 The Practice of Psychological Research
- 175.304 The Psychology of Security
- 175.306 Assessment of Individual Differences
- 175.309 Forensic Psychology
- 175.316 Evolution, Culture and Mind
- 175.317 Health Psychology
- 175.318 Experimental Psychology
- 175.343 Personnel Psychology and Career Development
- 175.345 Organisational Psychology
Bachelor of Health Science Degree with Psychology Major

<table>
<thead>
<tr>
<th>Total Credits (Courses) in Qualification</th>
<th>Minimum Psychology Credits (Courses)</th>
<th>Allows Progression to Postgraduate Psychology</th>
</tr>
</thead>
<tbody>
<tr>
<td>360 (24)</td>
<td>120* (8)*</td>
<td>Yes</td>
</tr>
</tbody>
</table>

Structure (NEW from 2019)

A Bachelor of Health Science degree consists of 360 credits.* Although a Psychology major in the BHlthSc degree technically requires 120 credits (8 courses) of Psychology you must also complete two other psychology courses (175.102 Psychology as a Natural Science and 175.203 Introduction to Psychological Research) as part of the degree. We also strongly recommend that you complete 175.101 Psychology as Social Science as a first year elective course. All BHlthSc students majoring in Psychology must complete the following course of study:

**Required Psychology Major Courses 120 credits (8 courses)**
- 175.201 Social Psychology
- 175.205 Brain and Behaviour
- 175.206 Memory and Cognition
- 175.210 Ngā Tirohanga Rua o te Taha Hinengaro: Bicultural Perspectives in Psychology
- 175.301 Community Psychology
- 175.302 Abnormal and Therapeutic Psychology
- 175.306 Assessment of Individual Differences
- 175.317 Health Psychology

**Required Psychology First Year Course 15 credits (1 course)**
- 175.102 Psychology as a Natural Science

**Required Psychology Research Methods Course 15 credits (1 course)**
- 175.203 Introduction to Psychological Research

**Required BHlthSc Core Courses 165 Credits (11 courses):**
- 214.101 Human Bioscience: Normal Body Function
- 214.102 Applied Sciences for Health Professionals
- 231.106 Introduction to Public Health
- 231.107 Social Determinants of Health
- 250.100 Health Communication
- 150.112 Hauora Tangata: Māori Health
- 150.202 Mauri Ora: Māori Health Foundations
- 214.201 Human Biosciences: Impaired Body Function
- 250.205 Principles and Practice of Human Epidemiology
- 250.331 Health of Communities
- 250.303 Systems Thinking and Design for Health

**Plus 15 credits (1 courses) from**
- 147.102 Mental Health and Society
- 175.101 Psychology as a Social Science (STRONGLY RECOMMENDED)
- 214.131 Introduction to Food and Nutrition
- 147.101 Rehabilitation Studies
- 234.121 Functional Anatomy
- 234.141 Introduction to Human Movement and Hauora
- 179.155 Introduction to Helping Skills in Social and Community Work
- 231.108 Health Intervention Management

**Plus 30 Credits (2 courses) from:**
- 147.302 Alcohol and Drug Use
- 147.333 Health and Ageing
- 175.309 Forensic Psychology
- 175.311 Psychology of Women
- 175.318 Experimental Psychology
- 175.345 Organisational Psychology
- 234.331 Sport in the Social Context
- 214.334 Nutrition and Health in the 21st Century
- 250.320 Work Integrated Learning in Health Sciences
- 145.216 Urban Environments
What Else Should I Do? Additional Recommendations for Psychology Majors

The School of Psychology encourages students to acquire skills in areas beyond psychology that will enhance their continued study of Psychology. Specifically, we encourage all students majoring in psychology or business psychology to seriously consider including the following courses in their degree:

Human Development
- 275.102 Human Development

Understanding of Māori Culture
The School of Psychology strongly recommends that students complete one of the following Māori Studies courses:
- 300.110 Te Reo Whakahoahoa: Socialising in Māori
- 150.114 He Tirohanga o Mua: Māori Custom, Lore and Economics

We also recommend that students consider taking one of the following courses:
- 150.201 Te Kawanata o Waitangi: The Treaty of Waitangi in New Zealand Society
- 150.202 Hauora Tangata: Māori Health Foundations

Statistics
We also recommend that students complete one of the following Statistics courses:
- 161.120 Introductory Statistics (recommended for BA students)
- 161.130 Introductory Biostatistics (recommended for BSc students)

Human Factors and Ergonomics
- 128.300 Ergonomics / Human Factors: Work, Performance, Health, and Design

Library and Information Skills
We recommend that students attend tutorial sessions conducted by the library on the use of library resources and information retrieval. The Library publishes a tutorial programme for internal students at the beginning of each semester, and conducts sessions for Distance students during the contact workshop periods.

For Those Considering Postgraduate Study
If you are planning to do postgraduate study in psychology, it is recommended that you take at least one Distance course because postgraduate courses are delivered in a manner similar to Distance courses. They are taught in block mode which involves attending compulsory campus courses for short intensive periods of time.
MINORS

A Minor is a small, structured set of specialised courses that complement your non-psychology major. Whilst we encourage students to undertake a major in Psychology, there is also the option for those students majoring in another discipline to add a Minor to their BA, BBS or BSc.

Minor in Psychology

<table>
<thead>
<tr>
<th>Total Credits (Courses) in Qualification</th>
<th>Minimum Psychology Credits (Courses)</th>
<th>Allows Progression to Postgraduate Psychology</th>
</tr>
</thead>
<tbody>
<tr>
<td>75 (5)</td>
<td>75 (5)</td>
<td>No</td>
</tr>
</tbody>
</table>

A minor in Psychology is also available for students completing majors other than Psychology, Educational Psychology, or Business Psychology. To qualify for a Psychology minor, a student must complete a minimum of 75 credits (five courses) in Psychology. Of the 75 credits, 45 credits (3 courses) must be above 100-level, including at least 15 credits (1 course) at 300-level. Students must complete course 175.102 and 175.203 in their Psychology minor.

Required Courses 30 credits (2 courses)
- 175.102 Psychology as a Natural Science
- 175.203 Introduction to Psychological Research

Plus 15 credits (1 course) from
- 175.301 Community Psychology
- 175.302 Abnormal and Therapeutic Psychology
- 175.303 The Practice of Psychological Research
- 175.304 The Psychology of Security
- 175.306 Assessment of Individual Differences
- 175.309 Forensic Psychology
- 175.311 Psychology of Women
- 175.316 Evolution, Culture and Mind
- 175.317 Health Psychology
- 175.318 Experimental Psychology
- 175.343 Personnel Psychology and Career Development
- 175.345 Organisational Psychology

Plus 30 credits (2 courses) from
- 175.101 Psychology as a Social Science
- 175.201 Social Psychology
- 175.205 Brain and Behaviour
- 175.206 Memory and Cognition
- 175.210 Ngā Tirohanga Rua o te Taha Hinengaro: Bicultural Perspectives in Psychology
- 175.301 Community Psychology
- 175.302 Abnormal and Therapeutic Psychology
- 175.303 The Practice of Psychological Research
- 175.304 The Psychology of Security
- 175.306 Assessment of Individual Differences
- 175.309 Forensic Psychology
Minor in Educational Psychology

<table>
<thead>
<tr>
<th>Total Credits (Courses) in Qualification</th>
<th>Minimum Psychology Credits (Courses)</th>
<th>Allows Progression to Postgraduate Psychology</th>
</tr>
</thead>
<tbody>
<tr>
<td>75 (5)</td>
<td>30 (2)</td>
<td>No</td>
</tr>
</tbody>
</table>

A minor in Educational Psychology is also available for students completing majors other than Psychology, Educational Psychology, or Business Psychology. In order to complete this minor, students must do the following courses:

**Required Courses 60 credits (4 courses)**
- 175.102 Psychology as a Natural Science
- 275.102 Human Development
- 175.203 Introduction to Psychological Research
- 256.201 Educational Psychology

**Plus 15 credits (1 course) from**
- 175.306 Assessment of Individual Differences
- 256.303 Sustainable Learning
- 256.304 Positive Behaviour for Learning
DIPLOMAS AND CERTIFICATES

Diploma in Arts (Psychology)

<table>
<thead>
<tr>
<th>Total Credits (Courses) in Qualification</th>
<th>Minimum Psychology Credits (Courses)</th>
<th>Allows Progression to Postgraduate Psychology</th>
</tr>
</thead>
<tbody>
<tr>
<td>120 (8)</td>
<td>75 (5)</td>
<td>No</td>
</tr>
</tbody>
</table>

If you’re not sure whether you want to do a whole degree in psychology you can enrol in a Diploma of Arts endorsed in Psychology. If you later decide you wish to ‘upgrade’ to a BA all of your courses can be transferred from the Diploma. Thus, the Diploma serves as a potential stepping stone to a full degree.

The Diploma consists of 120 credits (8 courses) of which a minimum of 75 credits (5 courses) must be psychology courses including at least 45 credits (3 courses) at 200-level and / or 300-level. In addition students must complete one of the following courses:

- 230.111 Tū Kupu: Writing and Inquiry
- 230.112 Tū Arohae: Critical Thinking

Please note that the usual pre-requisite requirements apply for individual courses

Graduate Diploma in Arts (Psychology)

<table>
<thead>
<tr>
<th>Total Credits (Courses) in Qualification</th>
<th>Minimum Psychology Credits (Courses)</th>
<th>Allows Progression to Postgraduate Psychology</th>
</tr>
</thead>
<tbody>
<tr>
<td>120 (8)</td>
<td>90 (6)</td>
<td>Yes</td>
</tr>
</tbody>
</table>

The Graduate Diploma in Arts endorsed in Psychology is intended for students who already hold an Arts degree or similar. A Graduate Diploma in Arts consists of 120 credits (8 courses), obtained from 200-level and 300-level courses of which at least 90 (6 courses) must be from psychology. At least 75 credits must be at 300-level.

*If you wish to do postgraduate study we strongly recommend you do ALL of 8 courses in psychology and complete the following course of study:

**Required Course 15 credits**
- 175.203 Introduction to Psychological Research

**Plus 30 credits (2 courses) from**
- 175.201 Social Psychology
- 175.205 Brain and Behaviour
- 175.206 Memory and Cognition
- 175.210 Ngā Tirohanga Rua o te Taha Hinengaro: Bicultural Perspectives in Psychology

**Plus 75 credits (5 courses) from**
- 175.301 Community Psychology
Please note that the usual pre-requisite requirements apply for individual courses

NOTES
1. 175.203 Introduction to Psychological Research, which is a prerequisite for ALL 300-level psychology courses (with the exception of 175.304 The Psychology of Security), must be taken at the first opportunity. Thus students who initially enrol in the Graduate Diploma in Semester 1 must include this course in their programme of study for that semester, while those initially enrolling Semester 2 must include course 175.203 in their choice of courses in the following semester.

Contact the Undergraduate Coordinator for inquiries about co-requisite applications (see page 4 for contact details).

Graduate Diploma in Science and Technology (Psychology subject*)

<table>
<thead>
<tr>
<th>Total Credits (Courses) in Qualification</th>
<th>Minimum Psychology Credits (Courses)</th>
<th>Allows Progression to Postgraduate Psychology</th>
</tr>
</thead>
<tbody>
<tr>
<td>120 (8)</td>
<td>120(8) strongly recommended</td>
<td>Yes</td>
</tr>
</tbody>
</table>

The Graduate Diploma in Science and Technology is intended for students who already hold a Science degree. A Graduate Diploma in Science and Technology consists of 120 credits (8 courses), obtained from 200-level and 300-level psychology courses. At least 75 credits must be at 300-level.

*NOTE: From 2017 the old Graduate Diploma of Science has been replaced by the Graduate Diploma in Science and Technology. This new qualification no longer has endorsements but you will be able to choose a subject. The main difference for psychology students is that the word Psychology will no longer appear on your qualification scroll.

If you intend to do postgraduate study in psychology, we strongly recommend you choose the Psychology subject and do ALL of your courses in psychology and complete the following course of study:

Required Course 15 credits
- 175.203 Introduction to Psychological Research

Plus 75 credits (5 courses) from
- 175.301 Community Psychology
- 175.302 Abnormal and Therapeutic Psychology
- 175.303 The Practice of Psychological Research
The Psychology of Security
- 175.304 The Psychology of Security
- 175.306 Assessment of Individual Differences
- 175.309 Forensic Psychology
- 175.311 Psychology of Women
- 175.316 Evolution, Culture and Mind
- 175.317 Health Psychology
- 175.318 Experimental Psychology
- 175.343 Personnel Psychology and Career Development
- 175.345 Organisational Psychology

The remainder of your credits (courses) from
- 175.201 Social Psychology
- 175.205 Brain and Behaviour
- 175.206 Memory and Cognition
- 175.210 Ngā TirohangaRua o te Taha Hinengaro: Bicultural Perspectives in Psychology
- 175.301 Community Psychology
- 175.302 Abnormal and Therapeutic Psychology
- 175.303 The Practice of Psychological Research
- 175.304 The Psychology of Security
- 175.306 Assessment of Individual Differences
- 175.309 Forensic Psychology
- 175.311 Psychology of Women
- 175.316 Evolution, Culture and Mind
- 175.317 Health Psychology
- 175.318 Experimental Psychology
- 175.343 Personnel Psychology and Career Development
- 175.345 Organisational Psychology

NOTE: The usual prerequisite for 200-level psychology courses of 175.102 Psychology as a Natural Science is waived for students completing the Graduate Diploma. However, the usual prerequisite for 300-level psychology courses of 175.203 Introduction to Psychological Research must be taken at the first opportunity. Thus students who initially enrol in the Graduate Diploma in semester one must include this course in their programme of study, while those initially enrolling Semester Two must include course 175.203 in their choice of courses in the following semester.

Contact the Undergraduate Coordinator for inquiries about co-requisite applications (see page 4 for contact details).

### Graduate Certificate in Arts (Psychology)

<table>
<thead>
<tr>
<th>Total Credits (Courses) in Qualification</th>
<th>Minimum Psychology Credits (Courses)</th>
<th>Allows Progression to Postgraduate Psychology</th>
</tr>
</thead>
<tbody>
<tr>
<td>60 (4)</td>
<td>60 (4)</td>
<td>No</td>
</tr>
</tbody>
</table>

The Graduate Certificate in Arts enables graduates to study another subject area without completing a second Bachelor’s degree. The Graduate Certificate in Arts is a 60 credit (4-course) qualification consisting of courses at 200 and 300-level.

To complete the Graduate Certificate with an endorsement in Psychology you must pass the following:
**Required Course 15 credits (1 course)**

- 175.203 Introduction to Psychological Research

**Plus 45 credits (3 courses) from**

- 175.301 Community Psychology
- 175.302 Abnormal and Therapeutic Psychology
- 175.303 The Practice of Psychological Research
- 175.304 The Psychology of Security
- 175.306 Assessment of Individual Differences
- 175.309 Forensic Psychology
- 175.311 Psychology of Women
- 175.316 Evolution, Culture and Mind
- 175.317 Health Psychology
- 175.318 Experimental Psychology
- 175.343 Personnel Psychology and Career Development
- 175.345 Organisational Psychology

Please note that the usual pre-requisite requirements apply for individual courses

**NOTES**

1. From 2016 students enrolling in the Graduate Certificate in Arts (Psychology) must have already completed 175.102 Psychology as a Natural Science or an equivalent course from another provider. For many students this will mean that they need to enrol in a Certificate of Proficiency before enrolling in the Graduate Certificate.

2. 175.203 Introduction to Psychological Research, which is a prerequisite for ALL 300-level psychology courses, must be taken at the first opportunity. Thus students who initially enrol in the Graduate Certificate in Semester 1 must include this course in their programme of study for that semester, while those initially enrolling Semester 2 must include course 175.203 in their choice of courses in the following semester.

3. The completion of the GCertArts (Psychology) will not enable you to proceed into postgraduate Psychology study. You would be required to complete the Graduate Diploma in Arts (or Science & Technology) in Psychology in order to apply for postgraduate psychology study upon completion.
IMPORTANT ENROLMENT INFORMATION

- All students should complete admission and enrolment procedures online by the deadlines specified in the Important Dates section below.
- All Enrolment information is available at http://www.massey.ac.nz/ or by phoning Massey Contact – 0800 MASSEY (0800 627 739).
- Enrolment packs are only made available to those students who are unable to access the internet, such as those who live at remote locations without any internet access within a reasonable distance – more information can be obtained from Massey Contact.

Important Dates

Enrolment deadlines for courses in 2019 are:

**Semester 1 and Double Semester**

<table>
<thead>
<tr>
<th>Type of Student</th>
<th>Deadline</th>
</tr>
</thead>
<tbody>
<tr>
<td>New Students</td>
<td>25 January 2019</td>
</tr>
<tr>
<td>Returning Students – Domestic</td>
<td>25 January 2019</td>
</tr>
<tr>
<td>Returning Students – International</td>
<td>25 January 2019</td>
</tr>
</tbody>
</table>

**Semester 2**

<table>
<thead>
<tr>
<th>Type of Student</th>
<th>Deadline</th>
</tr>
</thead>
<tbody>
<tr>
<td>New Students</td>
<td>17 June 2019</td>
</tr>
<tr>
<td>Returning Students</td>
<td>17 June 2019</td>
</tr>
</tbody>
</table>

We recommend students to enrol as early as possible and the dates above are recommended to ensure that delays are not incurred during your enrolment process. Delays in the enrolment process could delay Distance students from obtaining their materials.

**NOTE:** Students enrolling in the Graduate Diploma of Arts or Science & Technology are advised that the enrolment process may take up to four weeks. Late enrolments for Graduate Diploma of Arts or Science & Technology can result in delays affecting your first weeks of study. Early enrolment is encouraged.

Fees

Information about fees can be obtained by visiting the University website: http://www.massey.ac.nz/fees/

For further information about fees and allowances, contact 0800 MASSEY (0800 627 739).

Useful Websites

- Massey University Home Page: http://www.massey.ac.nz/
- Enrolling at Massey University: http://www.massey.ac.nz/apply/
- Studying at Massey (programmes, course, timetables): http://www.massey.ac.nz/courses/
- Fee Information: http://www.massey.ac.nz/fees/
- Distance Learning: http://www.massey.ac.nz/?d81e05023g
- Prospective International Students: http://www.massey.ac.nz/international/
ABOUT MASSEY UNIVERSITY

Massey University is New Zealand’s largest university catering for over 35,000 enrolled students including those studying by Distance and on campus. Massey University holds a unique reputation for serving the needs of New Zealand society while at the same time maintaining its international outlook and standing. This tradition goes back to the University’s early days as an agricultural college where it began a commitment to national prosperity that has been unwavering. As New Zealand’s economy diversified, so too did Massey University. A rapid expansion of programmes has kept pace with new economic demands, producing the diverse portfolio available today.

Massey University has a strong domestic and international reputation for its research in a wide range of fields. A special feature of the University’s research is the development of research centres with close links to specific industries and other sectors of society. It has particular strength at the doctoral level and graduates the highest number of PhDs of all New Zealand universities.

The various disciplines at Massey are grouped into five Colleges: Humanities and Social Sciences, Sciences, Business, Health, and Creative Arts. There are over 30 institutes, schools, departments and centres within its five colleges. Each institute, school and department focuses on a unique range of related subject areas. The School of Psychology is based within the College of Humanities and Social Sciences. The College offers programmes which focus on the study of people, their ways of living and beliefs, values and customs. Key interests centre on New Zealand and the Pacific Rim societies. Since Psychology also offers a major within the Bachelor of Science the School has strong ties with the College of Sciences. This College reflects a strength of the University with its emphasis on the collaboration between biological and physical sciences. Psychology's major in the Bachelor of Health Sciences contributes to a collaboration between the College of Humanities and Social Sciences and the Colleges of Science and Health to offer this innovative and multidisciplinary degree. The Bachelor of Arts major in Business Psychology means that the School of Psychology also collaborates with the College of Business.