

# 2023 PROSPECTUS

## UNDERGRADUATE PSYCHOLOGY

**Bachelor of Arts**  
Psychology  
Business Psychology

**Bachelor of Science**  
Psychology

**Bachelor of Health Science**  
Psychology

**Minor**  
Psychology  
Indigenous Psychology

**Graduate Diploma in Arts**  
Psychology

**Graduate Certificate in Arts**  
Psychology

**Diploma**  
Psychology  
Indigenous Psychology



**School of Psychology**  
**Te Kura Hinengaro Tangata**



# PSYCHOLOGY AT MASSEY

## Studying Psychology

The options for studying psychology at Massey are many ... and because it is a subject that is typically commenced at university, you don't need to have studied any special subjects at school. All you need is curiosity and a willingness to learn.

## Many Options for Study

You can study psychology as an Arts subject, as a Science subject, or as a Health Science Subject.

## On-Campus versus Online Distance Learning

- You can study psychology as an on-campus, 'internal' student, on either the Albany or Manawatū campuses, or you can study online as a distance student from home.
- You can do some courses on-campus and some online by distance study if you wish.



The School of Psychology offers an extensive online distance programme, and it is possible to complete a BA, BHLthSc or BSc degree, or a Graduate Diploma, through distance study. Some courses have optional on-campus, in-person contact workshops associated with them, which are usually of two or three days' duration.

For further information, see the [Distance and online study](#) on the Massey website.

## Bicultural Focus in the School of Psychology

As part of Massey University's commitment to Te Tiriti o Waitangi (the Treaty of Waitangi), the School of Psychology is developing a bicultural focus as an integral part of the programmes offered. The [Centre for Indigenous Psychologies](#) and Māori staff have an important role in facilitating the development of this focus within the School. We provide dedicated Māori resource rooms and study spaces and tutorials for Māori and Pacific students.

Bicultural perspectives are central to our Indigenous Psychologies programme. Students can complete a minor or a diploma in Indigenous Psychologies or they can incorporate any of our three indigenous psychology courses into their degrees. Our course, [Ngā Tirohanga Rua o te Taha Hinengaro: Bicultural Perspectives in Psychology](#) in particular focuses on the bicultural nature of psychology. Māori perspectives are also included in many of our other courses.

We expect that all participants in our programmes will recognise that Psychology has an on-going responsibility to promote genuine Māori participation in the discipline in a manner consistent with Māori aspirations and processes. We anticipate building our capacity for bicultural knowledge and practice through active involvement of all staff and students.

## SKILLS PSYCHOLOGY WILL GIVE YOU

Psychology graduates acquire a number of valuable transferable skills in their courses, which actually equip them to undertake a wide range of graduate careers. Listed below are some of the skills in which psychology students are directly trained. None of them is unique to psychology, of course; but not many disciplines can offer so comprehensive a list. How often, for instance, do you find graduates who are simultaneously literate, numerate, digitally-literate and good at problem-solving?

| SKILL  | DESCRIPTION  |
|--|--|
| <b>Literacy</b>  | Write professional reports and essays.   |
| <b>Digital Literacy and Information-finding Skills</b> | Use digital resources to gain knowledge and do research. Know how to go about accessing reliable scientific information on a particular topic or general area. |
| <b>Numeracy</b>  | Handle and interpret statistical information.  |
| <b>Software Literacy</b>                               | Use software applications for creating reports and doing statistics; and gain the ability to learn to use new ones.  |
| <b>Interpersonal Awareness</b>                         | Knowledge of the mechanisms of social communication and the potential sources of interpersonal conflict.   |
| <b>Ethics</b>  | Evaluate psychologists' behaviour in psychological research and other professional contexts.   |
| <b>Cultural Awareness</b>                              | Appreciate the relevance and importance of culture for psychology, particularly in a bicultural country such as Aotearoa.                                      |
| <b>Problem Solving</b>                                 | Be able to identify different strategies and approaches to solving problems and reason scientifically.   |
| <b>Critical Evaluation</b>                             | Be able to appraise information and situations realistically, and to anticipate problems or difficulties.  |
| <b>Research Skills</b>                                 | Know how to go about gathering systematic information about human experience and behaviour.  |
| <b>Assessment Skills</b>                               | Know how to go about designing and interpreting data from questionnaires and other measurement tools.  |
| <b>Higher-order Analysis</b>                           | Be able to extract abstract, general principles from immediate or concrete situations.   |

### Career Opportunities

It is impossible to predict all of the career paths that a degree in psychology can lead to - virtually any setting where knowledge of human behaviour and interactions is useful, may employ a psychology graduate. Some areas where recent graduates have gained employment are:

|  |  |
|--|--|
| <ul style="list-style-type: none"> <li>• <b>Counselling</b></li> <li>• <b>Human resources</b></li> <li>• <b>Public health</b></li> <li>• <b>Youth support</b></li> <li>• <b>Psychology secondary school teaching</b></li> <li>• <b>Social policy</b></li> <li>• <b>Community support agencies</b></li> </ul> | <ul style="list-style-type: none"> <li>• <b>Rehabilitation</b></li> <li>• <b>Scientific research</b></li> <li>• <b>Special education and teaching support</b></li> <li>• <b>Social Services</b></li> <li>• <b>Justice / Policing</b></li> <li>• <b>Armed services careers</b></li> </ul> |
|--|--|

For advice and information about careers and employment contact the **Massey University Career Centre**.

# QUALIFICATIONS

There are a LOT of different qualifications you can do at Massey if you are interested in studying psychology. Here is some advice for helping you decide which qualification is best for you. If, after reading this, you're still not sure what you should do contact our Psychology Academic Advisor (see the contact information at the end of this Prospectus).

## Degree Terminology and Jargon

University is full of complicated sounding jargon. This section provides you with simple descriptions of some of the common terms you'll come across.

As noted earlier students can study psychology as part of many degree programmes: the **Bachelor of Arts (BA) degree**, **Bachelor of Science (BSc) degree**, and **Bachelor of Health Science (BHlthSc) degree**. Those who major in **Business Psychology** complete a Bachelor of Arts (BA) degree. Students who already hold an undergraduate degree can complete the equivalent of a major in psychology by enrolling for the **Graduate Diploma in Arts** or the **Graduate Diploma in Science and Technology**.

### Degree 'Size', Credits, and Courses

- The BA, BSc and BHlthSc degrees all require you to complete 360 **credits** worth of study. Students accumulate credits by completing units of study called **courses**, most of which are worth 15 credits. This means that the typical degree will consist of 24 courses. A course usually takes one semester (15 weeks) to complete and involves about 150 hours of work.

### Majors and Minors

- **Majors**. The main area you study is called your **major**. To do a major in a particular subject area you usually need to do a *minimum* of 8 courses in that subject area, most of them at 200- and 300-level. If you want to go on and do postgraduate study in a subject area you need an undergraduate degree major in that subject.
- **Double Majors**. You can choose to specialise in additional subjects if you wish. You can do an additional major (called a **double major**) which means you have studied two subjects sufficiently to do postgraduate study in either of them.
- **Minors**. You can also do one or two **minors**. A minor consists of 4 courses in a different subject area from your major. A minor is not *usually* sufficient preparation for you to do postgraduate study in that subject. However, doing a minor shows employers that you have an additional string to your bow beyond your major.

### Some subject areas that go well with Psychology (Double majors and minors)

- **BA**. Economics, Education, Geography, Māori Knowledge, Media Studies, Philosophy, Sociology, Statistics.
- **BSc**. Computer Science, Ecology and Conservation, Environmental Science, Exercise and Sport Science, Human Nutrition, Physiology, Statistics, Zoology.

**Examples:** You could do a BA majoring in Psychology and minoring in Media studies or you could do a BSc with a double major in Psychology and Human nutrition.

## Types of Courses

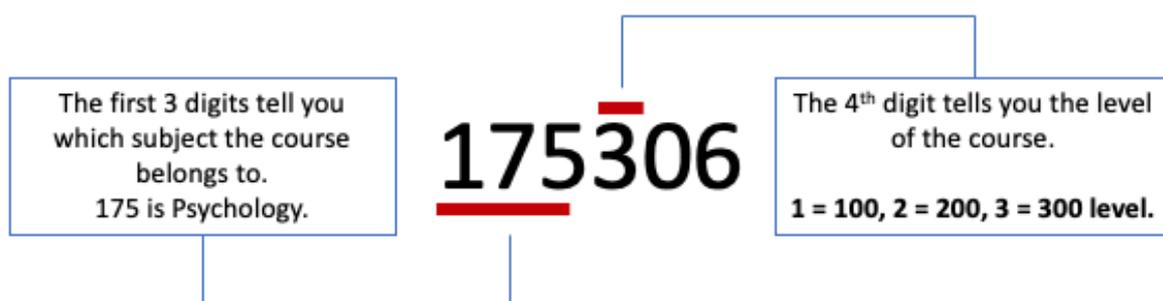
- There are three different kinds of courses that you do in a degree.
  - **Major Courses.** These are the courses you do for your major. For psychology these are psychology courses! A major usually takes up about one third of your degree (about 8 courses or 120 credits) depending on the degree.
  - **Core Courses.** Each degree has a set of compulsory courses that everyone in the degree does regardless of their major. These are courses that teach common skills and knowledge such as writing and communications skills, core knowledge, and research and analysis skills. Different degrees have different numbers of Core courses ranging from 3 courses in the BSc to 11 courses in the BHLthSc. If you want to know more about the Core courses for your degree visit the degree webpage – go to the section [Undergraduate Psychology Qualifications at a Glance](#) and click on the link for your degree.
  - **Elective Courses.** Elective courses are the rest of the courses you do in your degree. For the BA and BSc these can be almost any course you would like to do. The BHLthSc has a more restricted list of options. For recommendations of useful electives have a look at the section [Useful Courses for Psychology Majors](#).
- **Course Offerings.** Because many courses are taught more than once a year (often on different campuses and by different lecturers) we refer to each instance of teaching of a course as a **course offering** or simply an **offering**.

## Course Levels and Course Codes

Courses are organised by level. 100-level courses are studied first. Once you have completed 45 credits (3 courses) at 100-level you can study 200-level courses, and once you have completed 45 credits of 200-level courses you can enrol in 300-level courses.

Roughly speaking a full time student (see below for what this means) will mostly do 100-level courses in their first year of study, mostly 200-level courses in their second year of study, and mostly 300-level courses in their final year of their degree.

**At Massey all courses have a 6-digit code**



## Full Time and Part Time Study

- A **full time course** is defined as 60 credits (4 courses) per semester, or 120 credits (8 courses) per academic year. If you are studying full time, you should be able to complete a degree in three years.
- If you are studying **part time**, the time taken to complete a degree will be longer, and will depend on how many credits you complete each semester. Students in Bachelor's degrees have up to 8 academic years to complete their degree part time.

# Which Qualification Should I Do?

## Bachelor's Degrees: If you're new to university study

Most people who are new to university study will do a Bachelor's degree. To complete a degree with a major in Psychology students must complete a minimum number of psychology courses – the exact number depends on the degree (see image on right) as well as several important non-psychology courses that are often referred to as **core courses**.

You can complete more than the required number of credits in psychology if you wish. The psychology component in all three degrees is similar; what differs is the other subjects that you include in your degree.

Some degrees have more restrictions on the subjects you may choose than others. If you are completing a **Bachelor of Arts degree** then you will select most of your other subjects from the College of Humanities and Social Sciences, and may elect to complete a minor from amongst the subjects offered in another College. If you are completing a **Bachelor of Science degree**, then you will select other courses from those that are prescribed for the degree, including some courses from the College of Humanities and Social Sciences, and some from the College of Sciences. The **Bachelor of Health Science degree** is highly structured and you only get to choose three electives (from a short list of options) in addition to the core courses and the courses for your major.

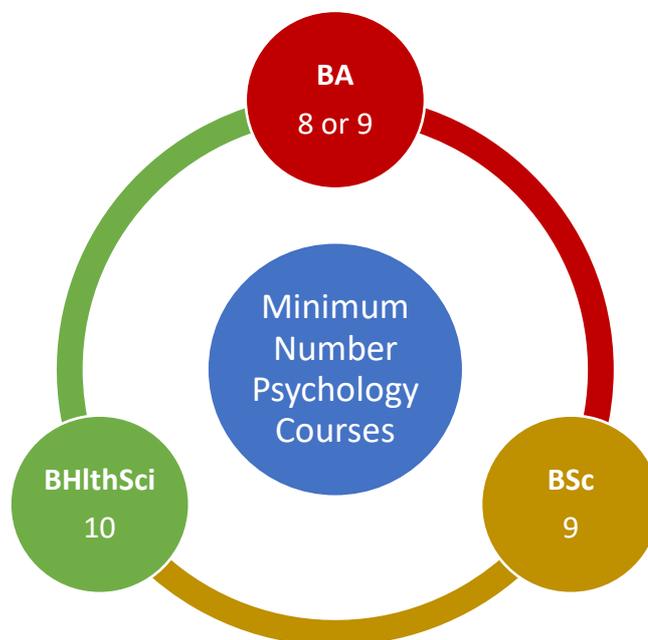
If you wish to complete a major in **Business Psychology**, then you must do a Bachelor of Arts degree. The Business Psychology major is unusual and requires 195 credits: 135 credits in Psychology and 60 credits from courses offered by the Massey Business School.

### Degree Structure and Reasons for Doing Each Degree

In the next section we provide a rough guide to the structure (the number and names of required psychology courses) of each of the degrees in which you can do a psychology or business psychology major. More information about the courses listed can be found later in the Prospectus.

*The major is only part of your degree (usually about one third of it). Some of the additional two thirds will be taken up with compulsory degree **core courses** but most of it will come from additional subjects that you choose called **electives**. Electives can be used to contribute to a minor or a second major. You can also use your 'elective credits' to do additional psychology courses.*

Below we also provide some suggestions about why you might want to consider each degree. It's important to think about the other (non-psychology) subjects you'd also like to do in your degree.



## Required Courses for a Major in Psychology and Business Psychology

### Bachelor of Arts (BA) in Psychology

*Do a BA if you want to do social science or humanities subjects such as philosophy, media studies, Māori knowledge, or geography, alongside psychology.*

- 175101 Psychology as a Social Science
- 175102 Psychology as a Natural Science
- 175203 Introduction to Psychological Research
- 2 x 200-level Psychology courses
- 3 x 300-level Psychology courses
- *This degree also requires 5 BA core courses and 11 elective courses.*

### Bachelor of Arts (BA) in Business Psychology

*Do a BA in Business Psychology if you want to a degree that combines work-related psychology with the business subjects of human resource management and management.*

- 175101 Psychology as a Social Science
- 175102 Psychology as a Natural Science
- 175201 Social Psychology
- 175203 Introduction to Psychological Research
- Choose at least 2 of: 175306 Assessment of Individual Differences; 175343 Personnel Psychology and Career Development; 175345 Organisational Psychology
- 3 x 200-level or 300-level Psychology courses
- *This major also requires 4 courses from **Human Resource Management and Management**.*
- *This degree also requires 5 BA core courses and 6 elective courses.*

### Bachelor of Science (BSc) in Psychology

*Do a BSc if you want to do science subjects, such as ecology and conservation, exercise and sports science, or human nutrition, alongside psychology.*

- 175102 Psychology as a Natural Science
- 175203 Introduction to Psychological Research
- 3 x 200-level Psychology courses
- 4 x 300-level Psychology courses
- *This degree also requires 3 BSc core courses and 12 elective courses.*

### Bachelor of Health Science (BHlthSc) in Psychology

*Do a BHlthSc if you want to a variety of health science courses, such as epidemiology, health communications, and public health, alongside psychology.*

- 175102 Psychology as a Natural Science
- All 5 x 200-level Psychology courses
- 175301 Community Psychology
- 175302 Introduction to Clinical Psychology
- 175306 Assessment of Individual Differences
- 175317 Health Psychology
- *This degree also requires 11 BHlthSc core courses and 3 elective courses.*

## Graduate Diplomas: If you already have a degree in another subject area

Students who already hold a university degree (in any discipline) can complete a Graduate Diploma in Arts (Psychology endorsement) or Science and Technology to get the equivalent of a major in psychology. These qualifications consists of 120 credits (8 courses), obtained from 200-level and 300-level courses. If you wish the Graduate Diploma to be used as preparation to do postgraduate study in psychology we recommend that all 8 courses in your Graduate Diploma be in psychology.

The Graduate Diploma may be completed internally and/or online. It may be completed in one year of full time study or over up to 8 academic years by part time study.

**IMPORTANT NOTE:** Graduate Diploma applications take several weeks to process; you should submit your application and supporting documentation well in advance of the enrolment closing dates (see the end of the Prospectus for deadlines for enrolment).

To enrol for the Graduate Diploma, candidates (with NZ Citizenship or Permanent Resident status) whose degree is not from Massey University should provide verified copies of their academic transcripts and/or qualification to the University upon enrolment.

Students who hold an overseas degree (or non-degree qualifications) will need to provide verified copies of all supporting documentation.

## Other Undergraduate Qualifications in Psychology: If you want to give psychology a try without doing a whole degree

In addition to degrees and Graduate Diplomas, Massey offers several other 'sub-degree' qualifications that allow specialisation in psychology.

- **Minors**

If you are doing a degree majoring in another subject area but want to do some psychology as part of your degree then do a **minor in psychology** or a **minor in indigenous psychology**.

- **Diplomas and Certificates**

If you want to do a little bit of psychology to see what it is like but don't want to commit to 3 years of full time study just yet then do a **certificate** (in arts or science and technology) to do 4 courses or a **diploma** (in arts or science and technology) to do 8 courses.

- **Graduate Certificate of Arts endorsed in Psychology**

If you already hold a degree but aren't ready to commit to a Graduate Diploma you can do a 4 course Graduate Certificate of Arts endorsed in Psychology.

Unlike degrees and Graduate Diplomas these qualifications do *not* allow a student to progress to postgraduate study in psychology (although they can all be 'upgraded' to a degree or Graduate Diploma on the completion of additional courses).

## Undergraduate Psychology Qualifications at a Glance

The following qualifications are ones that are *endorsed* in psychology. There are several other qualifications you can do with psychology as your main focus (such as the [Graduate Diploma in Science and Technology](#)) that are not endorsed in psychology. This means that those qualifications do not officially contain the word *psychology* in their title.

Click on a link below to find out more about a qualification.

| Qualification  | Pre-requisite                        | Total Credits (Courses) | Minimum Psychology Credits (Courses)    | Allows Progression to Postgraduate Psychology |
|--|--------------------------------------|-------------------------|---|---|
| <a href="#"><u>Bachelor of Arts (Psychology major)</u></a>                   | Normal university entry requirements | 360 (24)                | 120 (8)                                 | Yes   |
| <a href="#"><u>Bachelor of Arts (Business Psychology major)</u></a>          | Normal                               | 360 (24)                | 135 (9)                                 | Yes   |
| <a href="#"><u>Bachelor of Science (Psychology major)</u></a>                | Normal                               | 360 (24)                | 120 (8 <sup>†</sup> )                   | Yes   |
| <a href="#"><u>Bachelor of Health Science (Psychology major)</u></a>         | Normal                               | 360 (24)                | 120 (8 <sup>††</sup> )                  | Yes   |
| <a href="#"><u>Minor (Psychology) BA or BSc</u></a>                          | Normal                               | 60 (4)                  | 60 (4)                                  | No  |
| <a href="#"><u>Minor (Indigenous Psychologies)</u></a>                       | Normal                               | 60 (4)                  | 45(3)                                   | No  |
| <a href="#"><u>Diploma in Arts (Psychology endorsement)</u></a>              | Normal                               | 120 (8)                 | 75 (5)                                  | No  |
| <a href="#"><u>Diploma in Arts (Indigenous Psychologies endorsement)</u></a> | Normal                               | 120 (8)                 | 45(3)                                   | No  |
| <a href="#"><u>Graduate Certificate in Arts (Psychology endorsement)</u></a> | Existing degree                      | 60 (4)                  | 60 (4)                                  | No  |
| <a href="#"><u>Graduate Diploma in Arts (Psychology endorsement)</u></a>     | Existing degree                      | 120 (8)                 | 90 (6) but 120 (8) strongly recommended | Yes   |

† A BSc in Psychology requires 4 200-level psychology courses (one of which must be 175.203) and 4 300-level psychology courses. *In addition* 175.102 is a required pre-requisite course and we strongly recommend that you also complete 175.101.

†† A BHLthSc in Psychology requires 4 200-level psychology courses and 4 300-level psychology courses. *In addition* 175.102 is a required pre-requisite course, 175.203 is considered to be a required core course, and we strongly recommend that you also complete 175.101.

## PSYCHOLOGY COURSES

The School of Psychology teaches over 20 different undergraduate courses and many of them are available both on campus and by online distance study. For more detailed information about individual courses check out the [Massey University website](#) or, if you want to find out about a specific course, click on the individual links on the table on the next page.

### Structure of the Major in Psychology

Roughly speaking, psychology can be defined as **the scientific study of behaviour and mental processes**. However, this definition does not really do justice to the diversity of content that characterises psychology. The courses we offer can be roughly divided up into four categories (although many courses fit into more than one category):

- As a **social and applied science** psychology focuses on topics such as development, personality, social processes, gender, and emotions. These areas are fundamental to applied courses in clinical, forensic, health, security, and work psychology which assist us to solve a variety of individual and social problems.
- As a **psychological science**, psychology focuses on perception and consciousness, cognition, decision making, problem solving, social cognition, memory, learning, evolution, and the biological bases of behaviour.
- **Research methods and psychological assessment** are important skills that you will learn and include study of experimental design, surveys, interviews, data analysis, and the use of psychometric assessment tests.
- Our courses in **indigenous psychologies** explore the variety of ways in which cultures understand what it is to be a person and how different communities view, respond to, and conduct psychological research and interventions.

The range of psychology courses offered at Massey reflects the diversity of psychology.

- **100 Level:** An introduction to the psychological science aspect, the social and applied science aspect, and the indigenous psychologies aspect of psychology is provided by the three 100-level courses. Research methods are covered in all these courses.
- **200 Level:** The 200-level courses offer further study of these three aspects and introduce a whole course on research methods.
- **300 Level:** At 300-level, all aspects of psychology are covered in a wide range of courses including several courses with a focus on applied areas of psychology.

The following table shows how the undergraduate psychology courses at each level fit into the categories.

## Undergraduate Psychology Courses

Click on a link below to find out more about a course.

|                  | Social and Applied Perspectives   | Psychological Science   | Research and Assessment  | Indigenous Psychologies  |
|------------------|---|---|--|--|
| <b>100-level</b> | <a href="#"><u>175.101 Psychology as a Social Science</u></a><br>(A1, M12, D2)  | <a href="#"><u>175.102 Psychology as a Natural Science</u></a><br>(A2, M12, D1)   |  | <a href="#"><u>175.103 Introduction to Indigenous Psychologies</u></a><br>(D1)       |
| <b>200-level</b> | <a href="#"><u>175.201 Social Psychology</u></a><br>(A2, M2, D1)  | <a href="#"><u>175.205 Brain and Behaviour</u></a><br>(A1, M2, D2)<br><br><a href="#"><u>175.206 Memory and Cognition</u></a><br>(A1, M1, D2) | <a href="#"><u>175.203 Introduction to Psychological Research</u></a><br>(A1, M1, D1)  | <a href="#"><u>175.210 Ngā Tirohanga Rua o te Taha Hinengaro</u></a><br>(A2, M2, D2) |
| <b>300-level</b> | <a href="#"><u>175.301 Community Psychology</u></a><br>(D1)<br><br><a href="#"><u>175.302 Introduction to Clinical Psychology</u></a><br>(A1, M1, D2)<br><br><a href="#"><u>175.304 Psychology of Security</u></a><br>(A2, D2)<br><br><a href="#"><u>175.309 Forensic Psychology</u></a><br>(D2)<br><br><a href="#"><u>175.311 Psychology of Women</u></a><br>(D1)*<br><br><a href="#"><u>175.313 Gender and Violence</u></a><br>(D1)**<br><br><a href="#"><u>175.317 Health Psychology</u></a><br>(D1)<br><br><a href="#"><u>175.343 Personnel Psychology and Career Development</u></a><br>(A1, D2)<br><br><a href="#"><u>175.345 Organisational Psychology</u></a><br>(A2, M1, D1) | <a href="#"><u>175.316 Evolution, Culture, and Mind</u></a><br>(D1)<br><br><a href="#"><u>175.318 Experimental Psychology</u></a><br>(M2)     | <a href="#"><u>175.303 The Practice of Psychological Research</u></a><br>(D2)<br><br><a href="#"><u>175.306 Assessment of Individual Differences</u></a><br>(A2, M2, D2) | <a href="#"><u>175.314 Advanced Indigenous Psychologies</u></a><br>(D1)              |

### Availability

**A** = Albany

**M** = Manawatū

**D** = Distance

**1** = Semester 1

**2** = Semester 2

**12** = Both semesters

\* Offered in odd numbered years 2023, 2025 etc.

\*\* Offered in even numbered years 2024, 2026 etc.

## Which Courses Should I Do?

It might seem that there is a bewildering number of options open to you when it comes to deciding which courses you should select. The following section provides some suggestions for the kinds of courses you should do for different types of goals you might have.

If you're uncertain about what is best for you **contact our Psychology Academic Advisor** (see the contact information at the end of this Prospectus).

### For everyone: Required Courses and Strongly Recommended Courses

- **175102 Psychology as a Natural Science.** This course is a pre-requisite for most of our 200-level courses.
- **175203 Introduction to Psychological Research.** This course is a pre-requisite for most of our 300-level courses.
- **175101 Psychology as a Social Science.** This course is compulsory for BA psychology students and strongly recommended for BSc and BHLthSc psychology students. It provides important background for later courses, especially those with a social, cultural, and applied focus.

### For people doing a Bachelor of Health Science majoring in psychology

As noted earlier this is a *very* structured degree with few options for elective courses. In other words, once you enrol in this qualification most of your decisions about which courses you do have already been made for you. There are 10 psychology courses that you *must* do if you select this degree. If you're thinking of doing a Bachelor of Health Science in psychology make sure you are familiar with the structure of the degree and the courses that you are required to do.

### I'm Interested in doing postgraduate psychology after my degree.

There are lots of different pathways in postgraduate psychology but nearly all of them require you to do your own research so we recommend that you do one or both of the following courses to prepare yourself:

- **175303 Practice of Psychological Research.** This course will be invaluable for providing you with the practical skills you will need.
- **175318 Experimental Psychology**

You will also need a degree with a major in psychology or a graduate diploma endorsed in psychology to be eligible to apply for our postgraduate psychology programmes.

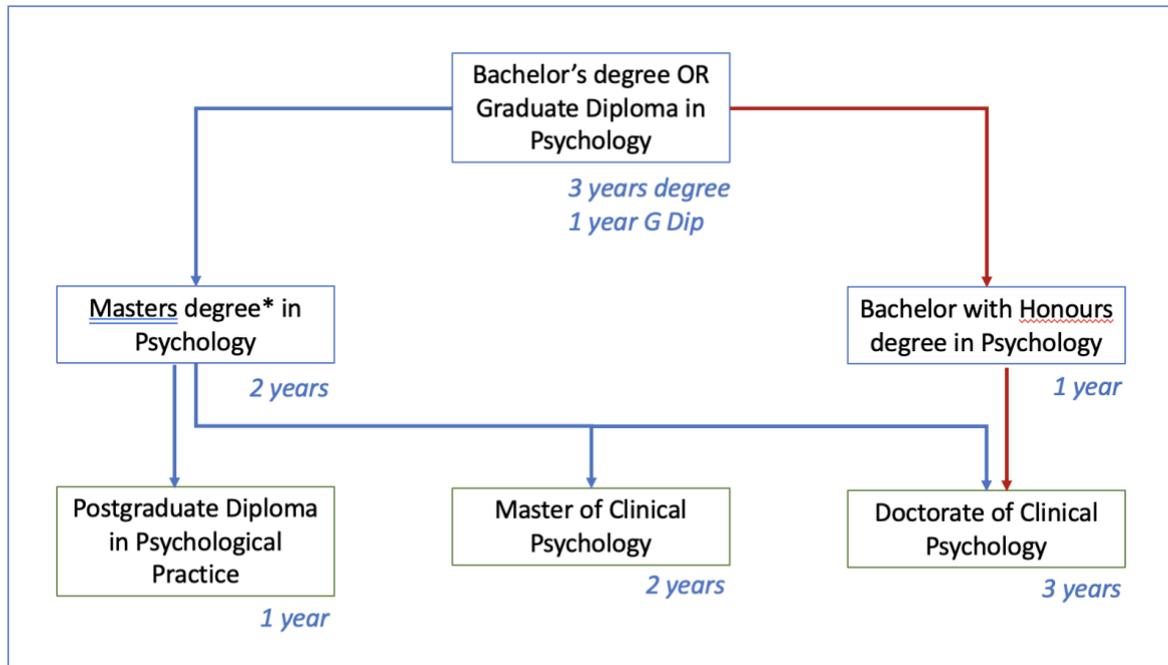
### I'm interested in becoming a clinical psychologist or a registered psychologist.

To become a clinical psychologist or a registered psychologist you will need to do a postgraduate training programme. To do that you'll need to complete an undergraduate qualification in psychology first. It's a good idea to choose courses at undergraduate level that will help prepare you for postgraduate study in this area. Anyone aiming to become a registered psychologist or clinical psychologist in New Zealand should do:

- **175210 Ngā Tirohanga Rua o te Taha Hinengaro: Bicultural Perspectives or a minor in Indigenous Psychologies** (which includes 175210).
- **175302 Introduction to Clinical Psychology**
- **175306 Assessment of Individual Differences**

Have a good look at our [Postgraduate Prospectus](#) to understand exactly what you will need to do to gain registration as a psychologist – it will take a while (6 to 8 years in total)! You also need to be aware that entrance to the registration training programmes is extremely competitive. A summary

of the pathways to the qualifications that provide clinical or registered psychologist training appears below:



\* 240Cr or equivalent only

### I'm interested in doing postgraduate study in Health Psychology.

We offer a specialist Master of Science degree in Health Psychology that includes a practicum (at least 120 hours working in a community health agency under supervision). If you're interested in doing it you should make sure you do:

- **175317 Health Psychology**
- **175302 Introduction to Clinical Psychology**

### I'm interested in work psychology, or industrial and organisational psychology.

It is possible, with appropriate postgraduate study, to become a registered psychologist who specialises in work-related psychology (called industrial/organisational psychology). If this interests you then you should consider doing:

- **175343 Personnel Psychology and Career Development**
- **175345 Organisational Psychology**

### I'm interested in teaching psychology at secondary school level.

Psychology is becoming an increasingly popular subject at secondary school level. It is now available as an NCEA level 2 and level 3, University Entrance-endorsed subject. If you would like to train to become a teacher who can teach psychology then you should do the following:

- Complete a major or minor in psychology *plus a second major or a minor in another subject area* (good combinations for psychology include humanities, health/PE, social studies, geography, history, biology, science, and statistics).
- Include a good range of psychology courses.
- Complete a Graduate Diploma of Teaching and Learning (Secondary). Some teacher training programmes do not currently recognise psychology as a teaching subject so make sure you also include courses in another teaching subject to at least 200-level.

- Get in contact with the New Zealand Association of Psychology Teachers:  
<https://www.nzpsychteachers.org>

### **I just want to study psychology – I don't have a specific goal in mind yet.**

It is completely fine to not have any grand ambitions about what you want to do in the future just yet. It is always a good idea to try different subjects out before you make up your mind. If you are one of these people then keep your options open by doing:

- A BA or BSc majoring in psychology. Do a BA if you have more of a social science or humanities interest. Do a BSc if you would like to do additional science courses.
- Both degrees will put you in a good position to go on and do further study in psychology or pursue work after university.
- There is plenty of opportunity to change your major or even your degree after your first semester or year of study.

### **Useful Elective Courses for Psychology Majors**

When deciding about which courses you should do from outside psychology for your degree it is helpful to think about courses that are related to psychology in some way. If you're stuck for ideas the courses listed below either include aspects of psychology or provide skills (e.g., writing, communication, critical thinking, cultural competency, and statistical/mathematical skills) that you will find useful for doing your major.

|  |
|--|
| <b>Arts Courses (BA students do these as core courses)</b>                                   |
| <a href="#">230111</a> Tū Kupu: Writing and Inquiry  |
| <a href="#">230112</a> Tū Arohae: Critical Thinking  |
| <a href="#">230110</a> Tūrangawaewae: Identity and Belonging in Aotearoa New Zealand         |
| <a href="#">230210</a> Tū Rangaranga: Global Encounters                                      |
| <a href="#">230310</a> Tū Tira Mai: Practising Engagement                                    |
| <b>Science Courses (BSc students do these as core courses)</b>                               |
| <a href="#">247113</a> Science and Sustainability for Science                                |
| <a href="#">161111</a> Applied Statistics  |
| <a href="#">160104</a> Introductory Mathematics for Science                                  |
| <b>Health Science Courses (BHlthSc students do these as core courses)</b>                    |
| <a href="#">250100</a> Health Communication  |
| <a href="#">231107</a> Social Determinants of Health   |
| <a href="#">150112</a> Hauora tangata: Foundations of Māori Health                           |
| <a href="#">250205</a> Principles and Practice of Human Epidemiology                         |
| <a href="#">150202</a> Mauri ora: Māori Wellbeing and Vitality                               |
| <a href="#">250331</a> Health of Communities   |
| <a href="#">250303</a> Systems Thinking and Design for Health                                |
| <b>Other Useful Elective Courses</b>   |
| <a href="#">275102</a> Human Development   |
| <a href="#">300110</a> Te Reo Whakahoahoa: Socialising in Māori                              |
| <a href="#">150201</a> Te Kawenata o Waitangi: The Treaty of Waitangi in New Zealand Society |
| <a href="#">190216</a> Aviation Human Factors  |
| <a href="#">128300</a> Ergonomics/Human Factors: Work, Performance, Health, and Design       |
| <a href="#">234324</a> Applied Sports Science  |
| <a href="#">234360</a> Sport Psychology  |
| <a href="#">234361</a> Exercise Psychology   |

# HOW DO I SIGN UP?

## Admission and Enrolment

If you're ready to take the plunge and sign up to study psychology you can find everything you need at: <https://www.massey.ac.nz/study/admission-and-enrolment/> or scan the QR code.

You can begin study either in Semester 1 (begins in February) or Semester 2 (begins in July).

### Admission and Enrolment

Signing up for study is a two-step process:

1. First you apply for **admission** to Massey to study a particular Qualification. You will then have to wait until you receive an 'offer of place' in that qualification. Once you have accepted the 'offer of place' you can ...
2. ... apply to **enrol** in your courses.



**Important Note for International Students:** If you are an international student there are several other things you will need to do. See the [Admission and Enrolment website](#) for details.

### Admission Deadlines for 2023

It's important that you complete admission and enrolment procedures online by the final dates:

|   | Semester 1      | Semester 2   |
|---|-----------------|--------------|
| <b>New Domestic Students</b>            | 3 February 2023 | 23 June 2023 |
| <b>New International Students</b>       | 31 October 2022 | 1 May 2023   |
| <b>Returning International Students</b> | 3 February 2023 | 23 June 2023 |

We recommend students to enrol as early as possible and the dates above are recommended to ensure that delays are not incurred during your enrolment process. Delays in the enrolment process could delay Distance students from obtaining their materials.

**Important Note for Graduate Diploma Students.** Students enrolling in the Graduate Diploma of Arts or Science & Technology are advised that the enrolment process may take up to four weeks. Late enrolments for Graduate Diploma of Arts or Science & Technology can result in delays affecting your first weeks of study. Early enrolment is encouraged.

### Fees

Information about fees can be obtained by visiting the University website: <http://www.massey.ac.nz/fees/>

## Contact Us

If you are not sure about what qualification you should be doing or which courses you should do, or if you just want some additional direction about university study in psychology, contact our Academic Advisor.

### Psychology Academic Advisor

P. (06) 356 9099 ext 85072

E. [psych.admin.pn@massey.ac.nz](mailto:psych.admin.pn@massey.ac.nz)

## CONTACT INFORMATION FOR OUR CAMPUSES

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### Albany Campus (Auckland)

#### Postal Address

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North Shore Mail Centre  
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Fax: +64 9 441 8157

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### Manawatū Campus (Palmerston North)

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