

## 168.162: Nursing Fundamentals

### Prescription:

Fundamental nursing skills are taught and practiced in a simulated environment, and legal and ethical issues are considered. A practicum is included to practise and apply fundamental nursing interventions.

This first year, first semester course introduces students to a range of core nursing knowledge that includes professional standards, nursing knowledge, communication and the frameworks and skills integral to the management of care. The Nursing Council of New Zealand competency framework and research-based practice are integral components of this course. The standards for professional practice, including ethics and legal responsibilities are introduced. The knowledge base and fundamental skills necessary to prepare students to participate effectively *at a beginning level* in a broad range of nursing encounters is developed. Skills learned in the clinical laboratory setting are an adjunct to this process.

Each student is provided with 88 – 96 of supervised clinical practice hours in an aged-care facility to enable integration of nursing knowledge with fundamental practice skills.

### Learning Outcomes:

By the end of the first semester (June) the student will be able to:

1. Identify the legal and statutory requirements that impact on nursing practice;
2. Describe the Aotearoa/New Zealand context of nursing practice;
3. Describe the concept of cultural safety and culturally safe nursing;
4. Demonstrate effective communication strategies in nursing practice;
5. Demonstrate reflective thinking skills in nursing practice;
6. Demonstrate a range of fundamental nursing interventions.

### Major Topics:

- Nursing history
- Nursing theory
- The role of the nurse
- The Nursing Process
- Cultural Safety in Nursing
- Personal and professional values
- Introduction to legal concepts
- Introduction to ethical concepts
- Professional boundaries
- Treaty of Waitangi and implications for practice

### Simulation Laboratory Skill Sessions/Workshops:

- Communicating positively and effectively
- Determine and evaluate own communication style
- Reflective thinking
- Fundamental Nursing Skills:
- Professional nursing organisations e.g. NZNO, CONNZ
- Harassment and assertiveness workshop