

Symposium on
**Insulin Resistance, Diabetes and
Vulnerable Populations**

Museum Building, Buckle Street
Massey Wellington Campus

Tuesday, 30 October, 2007

Keynote speakers

Professor Gerald Reaven
Stanford University
San Francisco, CA, USA

Professor Kerin O'Dea
St Vincent's Hospital
The University of Melbourne
Victoria, Australia

A/Professor Peter Snell
University of Texas Southwestern Medical Centre,
Dallas, TX, USA

Other speakers

Dr Kirsten Coppel
Edgar National Centre for Diabetes Research
Otago University

Professor Rod Jackson
School of Population Health
University of Auckland

Professor Norman Sharpe
National Heart Foundation
Auckland

Dr Steve Stannard
Institute of Food, Nutrition & Human Health
Massey University

Professor Chris Cunningham
Research Centre for Māori Health & Development
Massey University

Organising Committee

Dr Stephen Stannard (Co-Chair)
IFNHH
Massey University

Professor Chris Cunningham (Co-Chair)
RCMHD
Massey University Wellington Campus

Professor Neil Pearce
Centre for Public Health Research
Massey University Wellington Campus

Dr Lis Ellison-Loschmann
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Dr Maureen Holdaway
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Te Tumatakuru O'Connell
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Massey University, Wellington Campus

FOR REGISTRATION DETAILS ON-LINE VISIT

<http://publichealth.massey.ac.nz/meetings.htm>

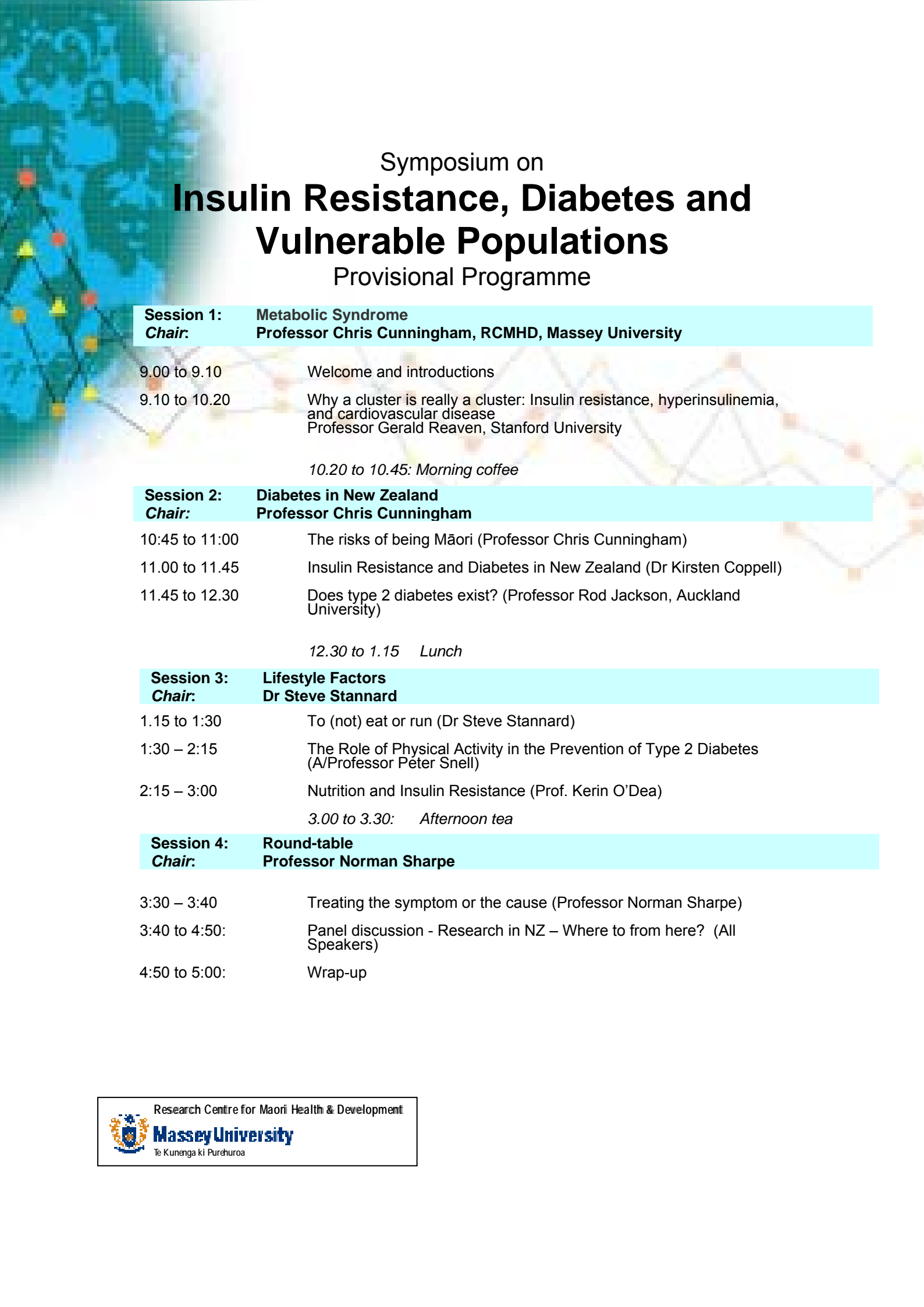


*The symposium is organised by the
Research Centre for Maori Health &
Development (Massey University).*

*Participants should register in advance,
and will be asked to pay a small registration
fee to cover organisational costs and lunch.*

Participants Limited to 250.

Registration fee: \$70



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Provisional Programme

Session 1: Metabolic Syndrome
Chair: Professor Chris Cunningham, RCMHD, Massey University

- 9.00 to 9.10 Welcome and introductions
- 9.10 to 10.20 Why a cluster is really a cluster: Insulin resistance, hyperinsulinemia, and cardiovascular disease
Professor Gerald Reaven, Stanford University
- 10.20 to 10.45: Morning coffee

Session 2: Diabetes in New Zealand
Chair: Professor Chris Cunningham

- 10:45 to 11:00 The risks of being Māori (Professor Chris Cunningham)
- 11.00 to 11.45 Insulin Resistance and Diabetes in New Zealand (Dr Kirsten Coppell)
- 11.45 to 12.30 Does type 2 diabetes exist? (Professor Rod Jackson, Auckland University)
- 12.30 to 1.15 Lunch

Session 3: Lifestyle Factors
Chair: Dr Steve Stannard

- 1.15 to 1:30 To (not) eat or run (Dr Steve Stannard)
- 1:30 – 2:15 The Role of Physical Activity in the Prevention of Type 2 Diabetes (A/Professor Peter Snell)
- 2:15 – 3:00 Nutrition and Insulin Resistance (Prof. Kerin O’Dea)
- 3.00 to 3.30: Afternoon tea

Session 4: Round-table
Chair: Professor Norman Sharpe

- 3:30 – 3:40 Treating the symptom or the cause (Professor Norman Sharpe)
- 3:40 to 4:50: Panel discussion - Research in NZ – Where to from here? (All Speakers)
- 4:50 to 5:00: Wrap-up



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